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Published in:
Physical Review Letters

DOI:
[10.1103/PhysRevLett.54.245](https://doi.org/10.1103/PhysRevLett.54.245)

Published: 01/01/1985

Document Version
Publisher's PDF, also known as Version of record

Please cite the original version:
Hakonen, P. J., Krusius, M., Salomaa, M. M., & Simola, J. T. (1985). Comment on "Nucleation of He³-B from the a phase: A cosmic-ray effect?". *Physical Review Letters*, 54(3), 245-245.
<https://doi.org/10.1103/PhysRevLett.54.245>

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Comment on "Nucleation of $^3\text{He-B}$ from the A Phase: A Cosmic-Ray Effect?"

In an interesting Letter, Leggett¹ suggests that the nucleation of $^3\text{He-B}$ from the metastable A phase is a consequence of the passage of a cosmic ray through the sample cell. Here we present new experimental data obtained with a rotating cryostat in NMR experiments² on ^3He . Figure 1(a) shows our data, taken on the $A \rightarrow B$ transition in magnetic fields of 28.4 and 56.9 mT; no field dependence was found between these values. We find that supercooling of the A phase into the B phase is substantial, and there appears to be a threshold temperature ("catastrophe line") $T_{AB}^*(p) \ll T_{AB}(p)$, where the metastable A phase first changes into $^3\text{He-B}$.

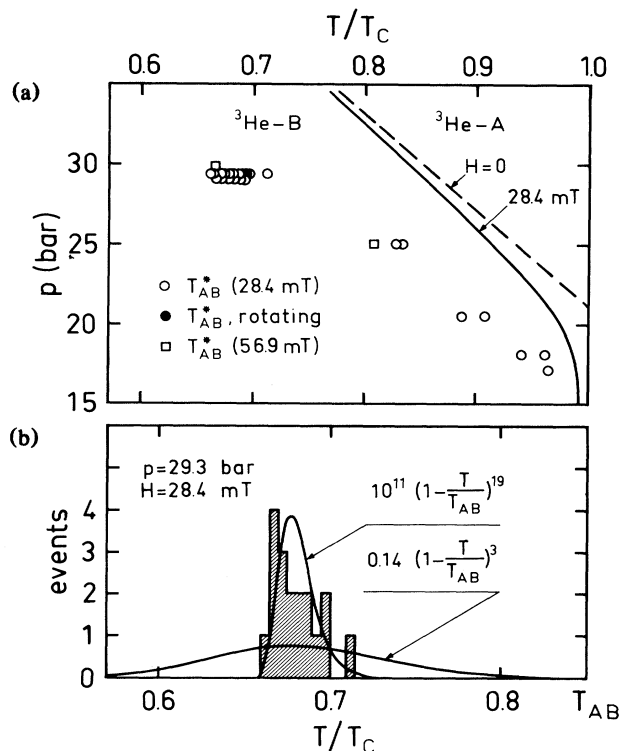


FIG. 1. (a) Supercooling of the A phase into the B phase as a function of pressure. (b) Observed nucleation events (histogram) at 29.3 bars are inconsistent with the probability distribution of Ref. 1 with $P(T) \propto (1 - T/T_{AB}^*)^3$. Clearly, only a much more sharply peaked probability at a lower temperature than suggested in Ref. 1 can describe the data; an exponential law for the activation process might be appropriate.

We want to emphasize that in our ^3He cell the $A \rightarrow B$ transition could *only* be observed *during cooling*, never on warmup. The cooling rate varied between 5 and 29 $\mu\text{K}/\text{min}$, but no clear dependence of B -phase nucleation on the cooling rate could be established. When the temperature was stable, the A phase was found to persist, and no $A \rightarrow B$ transition was ever observed in this case. For example, at $p = 29.3$ bars (with $T_{AB} = 0.85 T_c$) and 28.4 mT, the A liquid was cooled as low as $T_{\min} = 0.67 T_c$, and was maintained below $0.7 T_c$ for 2 h; in this run the metastable A phase persisted a total of 8 h, never nucleating the B phase. The temperatures in Fig. 1 are upper-bound estimates for T_{AB}^* . They are determined from NMR susceptibility measurements on platinum powder immersed in the ^3He . A comparison with the A -phase NMR frequency-shift measurement shows that on cooling, the platinum temperature lags behind, at a cooling rate of 20–30 $\mu\text{K}/\text{min}$ by $\leq 0.02 T/T_c$. Even lower liquid temperatures exist in the heat exchanger between the ^3He sample and the refrigerator.

Figure 1(b) represents the data points at 29.3 bars as a histogram and compares them with a fitted distribution of nucleation probability. We conclude that experimentally the nucleation mechanism appears to be active only in a narrow temperature interval near the "catastrophe line" well below the thermodynamic $A \rightarrow B$ transition. An interesting point to note is that on cooling through the $A \rightarrow B$ transition during rotation, the A phase stayed supercooled as long as in the stationary liquid. This is further (indirect) evidence in support of the conclusion³ that continuous vortices are induced by rotation in a bulk liquid sample of $^3\text{He-A}$.

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Received 1 October 1984

PACS numbers: 67.50.Fi, 05.70.Fh, 94.40.Vf

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