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SIAM J. SCI. COMPUT. Vol. 40, No. 3, pp. A1386–A1407 **A POSTEF** KI TOM GUSTAI **Abstract.** We derive a We consider the problem w

A POSTERIORI ESTIMATES FOR CONFORMING KIRCHHOFF PLATE ELEMENTS*

TOM GUSTAFSSON[†], ROLF STENBERG[†], AND JUHA VIDEMAN[‡]

Abstract. We derive a residual a posteriori estimator for the Kirchhoff plate bending problem. We consider the problem with a combination of clamped, simply supported, and free boundary conditions subject to both distributed and concentrated (point and line) loads. Extensive numerical computations are presented to verify the functionality of the estimators.

Key words. Kirchhoff plate, C^1 elements, a posteriori estimates

AMS subject classification. 65N30

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1. Introduction. The purpose of this paper is to perform an a posteriori error analysis of conforming finite element methods for the classical Kirchhoff plate bending model. So far this has not been done in full generality as it comes to the boundary conditions. Most papers deal only with clamped or simply supported boundaries; see [28] for conforming C^1 elements, [9, 16, 28] for the mixed Ciarlet–Raviart method [11], and [8, 7, 18, 14, 20, 29, 21] for discontinuous Galerkin (dG) methods. The few papers that do address more general boundary conditions, in particular free, are [5, 19], in which the nonconforming Morley element is analyzed, [3, 4], where a new mixed method is introduced and analyzed, and [18], where a continuous/discontinuous Galerkin method is considered. One should also note that the Ciarlet–Raviart method cannot even be defined for general boundary conditions. Free boundary conditions could be treated using dG methods following an analysis similar to the one presented here.

In this study, we will derive a posteriori estimates using conforming methods and allowing for a combination of clamped, simply supported, and free boundaries. In addition, we will investigate the effect of concentrated point and line loads, which are not only admissible in our H^2 -conforming setting but of great engineering interest, on our a posteriori bounds in numerical experiments.

The outline of the paper is the following. In section 2, we recall the Kirchhoff–Love plate model by presenting its variational formulation and the corresponding boundary value problem. We perform this in detail for the following reasons. First, as noted above, general boundary conditions are rarely considered in the numerical analysis literature. Second, the free boundary conditions consist of a vanishing normal moment and a vanishing Kirchhoff shear force. These arise from the variational formulation via successive integrations by parts. It turns out that the same steps are needed

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in the a posteriori analysis in order to obtain a sharp estimate, i.e., both reliable and efficient. In the following two sections, we present the classical conforming finite element methods and derive new a posteriori error estimates. In the last section, we present the results of our numerical experiments computed with the triangular Argyris element. We consider the point, line, and square load cases with simply supported boundary conditions in a square domain as well as solve the problem in an L-shaped domain with uniform loading using different combinations of boundary conditions.

2. The Kirchhoff plate model. The dual kinematic and force variables in the model are the curvature and the moment tensors. Given the deflection u of the midsurface of the plate, the curvature is defined through

(2.1)
$$\boldsymbol{K}(u) = -\boldsymbol{\varepsilon}(\nabla u),$$

with the infinitesimal strain operator defined by

(2.2)
$$\boldsymbol{\varepsilon}(\boldsymbol{v}) = \frac{1}{2} \left(\nabla \boldsymbol{v} + \nabla \boldsymbol{v}^T \right),$$

where $(\nabla \boldsymbol{v})_{ij} = \frac{\partial v_i}{\partial x_j}$. The dual force variable, the moment tensor \boldsymbol{M} , is related to \boldsymbol{K} through the constitutive relation

(2.3)
$$\boldsymbol{M}(u) = \frac{d^3}{12} \mathbb{C} \, \boldsymbol{K}(u)$$

where d denotes the plate thickness and where we have assumed an isotropic linearly elastic material, i.e.,

(2.4)
$$\mathbb{C} \boldsymbol{A} = \frac{E}{1+\nu} \left(\boldsymbol{A} + \frac{\nu}{1-\nu} (\operatorname{tr} \boldsymbol{A}) \boldsymbol{I} \right) \quad \forall \boldsymbol{A} \in \mathbb{R}^{2 \times 2}.$$

Here E and ν are the Young's modulus and the Poisson ratio, respectively. The shear force is denoted by $\mathbf{Q} = \mathbf{Q}(u)$. The moment equilibrium equation reads as

$$(2.5) \qquad \qquad \mathbf{div}\,\boldsymbol{M}(u) = \boldsymbol{Q}(u),$$

where **div** is the vector-valued divergence operator applied to tensors. The transverse shear equilibrium equation is

$$(2.6) -\operatorname{div} \boldsymbol{Q}(u) = l,$$

with l denoting the transverse loading. Using the constitutive relationship (2.4), a straightforward elimination yields the well-known Kirchhoff–Love plate equation,

(2.7)
$$\mathcal{A}(u) := D\Delta^2 u = l$$

where the so-called bending stiffness D is defined as

(2.8)
$$D = \frac{Ed^3}{12(1-\nu^2)}.$$

Let $\Omega \subset \mathbb{R}^2$ be a polygonal domain that describes the midsurface of the plate. The plate is considered to be clamped on $\Gamma_c \subset \partial \Omega$, simply supported on $\Gamma_s \subset \partial \Omega$, and free on $\Gamma_f \subset \partial \Omega$, as depicted in Figure 1. The loading is assumed to consist of a



FIG. 1. Definition sketch of a Kirchhoff plate with the different loadings and boundary conditions.

distributed load $f \in L^2(\Omega)$, a load $g \in L^2(S)$ along the line $S \subset \Omega$, and a point load F at an interior point $x_0 \in \Omega$.

Next, we will turn to the boundary conditions, which are best understood from the variational formulation. (Historically, this was also how they were first discovered by Kirchhoff; cf. [26].) The elastic energy of the plate as a function of the deflection v is $\frac{1}{2}a(v, v)$, with the bilinear form a defined by

(2.9)
$$a(w,v) = \int_{\Omega} \boldsymbol{M}(w) : \boldsymbol{K}(v) \, \mathrm{d}x = \int_{\Omega} \frac{d^3}{12} \mathbb{C} \, \boldsymbol{\varepsilon}(\nabla w) : \boldsymbol{\varepsilon}(\nabla v) \, \mathrm{d}x,$$

and the potential energy due to the loading is

(2.10)
$$l(v) = \int_{\Omega} f v \, \mathrm{d}x + \int_{S} g v \, \mathrm{d}s + F v(x_0).$$

Defining the space of kinematically admissible deflections

(2.11)
$$V = \{ v \in H^2(\Omega) : v|_{\Gamma_c \cup \Gamma_s} = 0, \, \nabla v \cdot \boldsymbol{n}|_{\Gamma_c} = 0 \},$$

minimization of the total energy

(2.12)
$$u = \operatorname*{argmin}_{v \in V} \left\{ \frac{1}{2} a(v, v) - l(v) \right\}$$

leads to the following problem formulation.

PROBLEM 1 (variational formulation). Find $u \in V$ such that

$$(2.13) a(u,v) = l(v) \quad \forall v \in V$$

To derive the corresponding boundary value problem, we recall the following integration by parts formula, valid in any domain $R \subset \Omega$:

(2.14)
$$\int_{R} \boldsymbol{M}(w) : \boldsymbol{K}(v) \, \mathrm{d}x$$
$$= \int_{R} \operatorname{\mathbf{div}} \boldsymbol{M}(w) \cdot \nabla v \, \mathrm{d}x - \int_{\partial R} \boldsymbol{M}(w) \boldsymbol{n} \cdot \nabla v \, \mathrm{d}s$$
$$= \int_{R} \mathcal{A}(w) \, v \, \mathrm{d}x + \int_{\partial R} \boldsymbol{Q}(w) \cdot \boldsymbol{n} \, v \, \mathrm{d}s - \int_{\partial R} \boldsymbol{M}(w) \boldsymbol{n} \cdot \nabla v \, \mathrm{d}s$$

At the boundary ∂R , the correct physical quantities are the components in the normal n and tangential s directions. Therefore, we write

(2.15)
$$\nabla v = \frac{\partial v}{\partial n} \boldsymbol{n} + \frac{\partial v}{\partial s} \boldsymbol{s}$$

and define the normal shear force and the normal and twisting moments as

(2.16)
$$Q_n(w) = \boldsymbol{Q}(w) \cdot \boldsymbol{n}, \quad M_{nn}(w) = \boldsymbol{n} \cdot \boldsymbol{M}(w)\boldsymbol{n}, \\ M_{ns}(w) = M_{sn}(w) = \boldsymbol{s} \cdot \boldsymbol{M}(w)\boldsymbol{n}.$$

With this notation, we can write

(2.17)
$$\int_{\partial R} \mathbf{Q}(w) \cdot \mathbf{n} \, v \, \mathrm{d}s - \int_{\partial R} \mathbf{M}(w) \mathbf{n} \cdot \nabla v \, \mathrm{d}s \\ = \int_{\partial R} Q_n(w) v \, \mathrm{d}s - \int_{\partial R} \left(M_{nn}(w) \frac{\partial v}{\partial n} + M_{ns}(w) \frac{\partial v}{\partial s} \right) \mathrm{d}s$$

and thus rewrite the integration by parts formula (2.14) as

(2.18)
$$\int_{R} \boldsymbol{M}(w) : \boldsymbol{K}(v) \, \mathrm{d}x$$
$$= \int_{R} \mathcal{A}(w) \, v \, \mathrm{d}x + \int_{\partial R} Q_{n}(w) v \, \mathrm{d}s$$
$$- \int_{\partial R} \left(M_{nn}(w) \frac{\partial v}{\partial n} + M_{ns}(w) \frac{\partial v}{\partial s} \right) \, \mathrm{d}s.$$

The key observation for deriving the correct boundary conditions is that, at any boundary point, a value of v specifies also $\frac{\partial v}{\partial s}$. Defining the *Kirchhoff shear force* (cf. [12, 23, 13])

(2.19)
$$V_n(w) = Q_n(w) + \frac{\partial M_{ns}(w)}{\partial s}$$

an integration by parts on a smooth part S of ∂R yields

(2.20)
$$\int_{\mathcal{S}} Q_n(w) v \, \mathrm{d}s - \int_{\mathcal{S}} M_{ns}(w) \frac{\partial v}{\partial s} \mathrm{d}s = \int_{\mathcal{S}} V_n(w) v \, \mathrm{d}s - \Big|_a^b M_{ns}(w) v,$$

where a and b are the end points of S.

We are now in position to state the boundary value problem for the Kirchhoff plate model. Assuming a smooth solution u in (2.13), we have

(2.21)
$$a(u,v) = \int_{\Omega} \mathcal{A}(u)v \, \mathrm{d}x + \int_{\partial\Omega} Q_n(u)v \, \mathrm{d}s \\ - \int_{\partial\Omega} \left(M_{nn}(u) \frac{\partial v}{\partial n} + M_{ns}(u) \frac{\partial v}{\partial s} \right) \mathrm{d}s.$$

With the combination of clamped, simply supported, and free boundary conditions at $\partial \Omega = \Gamma_{\rm c} \cup \Gamma_{\rm s} \cup \Gamma_{\rm f}$, we have for any $v \in V$,

(2.22)
$$\int_{\partial\Omega} Q_n(u)v \, \mathrm{d}s - \int_{\partial\Omega} \left(M_{nn}(u) \frac{\partial v}{\partial n} + M_{ns}(u) \frac{\partial v}{\partial s} \right) \mathrm{d}s$$
$$= \int_{\Gamma_{\mathrm{f}}} Q_n(u)v \, \mathrm{d}s - \int_{\Gamma_{\mathrm{f}}} M_{ns}(u) \frac{\partial v}{\partial s} \mathrm{d}s - \int_{\Gamma_{\mathrm{s}} \cup \Gamma_{\mathrm{f}}} M_{nn}(u) \frac{\partial v}{\partial n} \mathrm{d}s.$$

In the final step, we integrate by parts at the free part of the boundary. To this end, let $\Gamma_{\rm f} = \bigcup_{i=1}^{m+1} \Gamma_{\rm f}^i$, with $\Gamma_{\rm f}^i$ smooth. Integrating by parts over $\Gamma_{\rm f}^i$ yields

(2.23)
$$\int_{\Gamma_{\mathrm{f}}^{i}} Q_{n}(u) v \,\mathrm{d}s - \int_{\Gamma_{\mathrm{f}}^{i}} M_{ns}(u) \frac{\partial v}{\partial s} \mathrm{d}s = \int_{\Gamma_{\mathrm{f}}^{i}} V_{n}(u) v \,\mathrm{d}s - \Big|_{c_{i-1}}^{c_{i}} M_{ns}(u) v,$$

where c_0 and c_{m+1} are the end points of Γ_f and c_i , $i = 1, \ldots, m$, its successive interior corners. Combining (2.21)–(2.23), and noting that $v(c_0) = v(c_{m+1}) = 0$, gives finally

(2.24)
$$a(u,v) = \int_{\Omega} \mathcal{A}(u)v \, \mathrm{d}x - \int_{\Gamma_s \cup \Gamma_f} M_{nn}(u) \frac{\partial v}{\partial n} \mathrm{d}s + \sum_{i=1}^{m+1} \int_{\Gamma_f^i} V_n(u)v \, \mathrm{d}s - \sum_{i=1}^m \left\{ (M_{ns}(u)|_{c_i+} - M_{ns}(u)|_{c_i-} \right\} v(c_i),$$

where $M_{ns}(u)|_{c_i\pm} = \lim_{\epsilon \to 0+} M_{ns}(u)|_{c_i+\epsilon(c_{i\pm 1}-c_i)}$

Choosing $v \in V$ in such a way that three of the four terms in (2.24) vanish and the test function in the fourth term remains arbitrary and repeating this for each term, we arrive at the following boundary value problem:

• In the domain we have the distributional differential equation

(2.25)
$$\mathcal{A}(u) = l \quad \text{in } \Omega,$$

where l is the distribution defined by (2.10).

• On the *clamped* part we have the conditions

(2.26)
$$u = 0 \text{ and } \frac{\partial u}{\partial n} = 0 \text{ on } \Gamma_{c}.$$

• On the *simply supported* part it holds that

(2.27)
$$u = 0 \text{ and } M_{nn}(u) = 0 \text{ on } \Gamma_{s}.$$

• On the *free* part it holds that

2.28)
$$M_{nn}(u) = 0$$
 and $V_n(u) = 0$ on $\Gamma_{\rm f}^i$, $i = 1, \ldots, m$.

• At the *interior corners on the free part*, we have the matching condition on the twisting moments

(2.29)
$$M_{ns}(u)|_{c_i+} = M_{ns}(u)|_{c_i-}$$
 for all corners $c_i, i = 1, ..., m$.

3. The finite element method and the a posteriori error analysis. The finite element method is defined on a mesh \mathcal{C}_h consisting of shape regular triangles. We assume that the point load is applied on a node of the mesh. Further, we assume that the triangulation is such that the applied line load is on element edges. We denote the edges in the mesh by \mathcal{E}_h and divide them into the following parts: the edges in the interior \mathcal{E}_h^i , the edges on the curve of the line load $\mathcal{E}_h^S \subset \mathcal{E}_h^i$, and the edges on the free and simply supported boundary, \mathcal{E}_h^f and \mathcal{E}_h^s , respectively. The conforming finite element space is denoted by V_h . Different choices for V_h are presented in section 4. Note that we often write $a \leq b$ (or $a \geq b$) when $a \leq Cb$ (or $a \geq Cb$) for some positive constant C independent of the finite element mesh.

A POSTERIORI ESTIMATES FOR PLATE ELEMENTS

PROBLEM 2 (the finite element method). Find $u_h \in V_h$ such that

(3.1)
$$a(u_h, v_h) = l(v_h) \quad \forall v_h \in V_h.$$

Let K and K' be two adjoining triangles with normals n and n', respectively, and with the common edge $E = K \cap K'$. On E we define the following jumps:

(3.2)
$$[\![M_{nn}(v)]\!]|_E = M_{nn}(v) - M_{n'n'}(v)$$

and

(3.3)
$$[\![V_n(v)]\!]|_E = V_n(v) + V_{n'}(v).$$

In the analysis, we will need the Girault–Scott [15] interpolation operator Π_h : $V \to V_h$ for which the following estimate holds:

(3.4)
$$\sum_{K \in \mathcal{C}_{h}} h_{K}^{-4} \|w - \Pi_{h}w\|_{0,K}^{2} + \sum_{E \in \mathcal{E}_{h}} h_{E}^{-1} \|\nabla(w - \Pi_{h}w)\|_{0,E}^{2} + \sum_{E \in \mathcal{E}_{h}} h_{E}^{-3} \|w - \Pi_{h}w\|_{0,E}^{2} \lesssim \|w\|_{2}^{2} \quad \text{and} \quad \|\Pi_{h}w\|_{2} \lesssim \|w\|_{2}.$$

Note that the Girault–Scott interpolant uses point values at the vertices of the mesh. We use this property in the proof of Theorem 1 to derive a proper upper bound for the error in terms of the edge residuals.

Next, we formulate an a posteriori estimate for Problem 2. The local error indicators are the following:

• the residual on each element,

$$h_K^2 \|\mathcal{A}(u_h) - f\|_{0,K}, \quad K \in \mathcal{C}_h;$$

• the residual of the normal moment jump along interior edges,

$$h_E^{1/2} \| [\![M_{nn}(u_h)]\!] \|_{0,E}, \quad E \in \mathcal{E}_h^i;$$

• the residual of the jump in the effective shear force along interior edges,

$$h_{E}^{3/2} \| \llbracket V_{n}(u_{h}) \rrbracket - g \|_{0,E}, \quad E \in \mathcal{E}_{h}^{S}, \\ h_{E}^{3/2} \| \llbracket V_{n}(u_{h}) \rrbracket \|_{0,E}, \quad E \in \mathcal{E}_{h}^{i} \setminus \mathcal{E}_{h}^{S};$$

• the normal moment on edges at the free and simply supported boundaries,

$$h_E^{1/2} \|M_{nn}(u_h)\|_{0,E}, \quad E \in \mathcal{E}_h^f \cup \mathcal{E}_h^s;$$

• the effective shear force along edges at the free boundary,

$$h_E^{3/2} \| V_n(u_h) \|_{0,E}, \quad E \in \mathcal{E}_h^f.$$

The global error estimator is then defined through

(3.5)

$$\eta^{2} = \sum_{K \in \mathcal{C}_{h}} h_{K}^{4} \|\mathcal{A}(u_{h}) - f\|_{0,K}^{2} + \sum_{E \in \mathcal{E}_{h}^{S}} h_{E}^{3} \| \llbracket V_{n}(u_{h}) \rrbracket - g \|_{0,E}^{2} \\
+ \sum_{E \in \mathcal{E}_{h}^{i} \setminus \mathcal{E}_{h}^{S}} h_{E}^{3} \| \llbracket V_{n}(u_{h}) \rrbracket \|_{0,E}^{2} + \sum_{E \in \mathcal{E}_{h}^{i}} h_{E} \| \llbracket M_{nn}(u_{h}) \rrbracket \|_{0,E}^{2} \\
+ \sum_{E \in \mathcal{E}_{h}^{i}} h_{E}^{3} \| V_{n}(u_{h}) \|_{0,E}^{2} + \sum_{E \in \mathcal{E}_{h}^{i} \cup \mathcal{E}_{h}^{s}} h_{E} \| M_{nn}(u_{h}) \|_{0,E}^{2}.$$

A1392 T. GUSTAFSSON, R. STENBERG, AND J. VIDEMAN

THEOREM 1 (a posteriori estimate). The following estimate holds:

$$(3.6) ||u-u_h||_2 \lesssim \eta.$$

Proof. Let $w = u - u_h$ and $\widetilde{w} := \Pi_h w \in V_h$ be its interpolant. In view of the well-known coercivity of the bilinear form a and Galerkin orthogonality, we have

(3.7)
$$\begin{aligned} \|u - u_h\|_2^2 \lesssim a(u - u_h, w) &= a(u - u_h, w - \widetilde{w}) \\ &= l(w - \widetilde{w}) - a(u_h, w - \widetilde{w}). \end{aligned}$$

Since x_0 is a mesh node and the interpolant uses nodal values, we have

(3.8)
$$F(w(x_0) - \widetilde{w}(x_0)) = 0,$$

and hence

(3.9)
$$l(w - \widetilde{w}) = (f, w - \widetilde{w}) + \langle g, w - \widetilde{w} \rangle_S.$$

From integration by parts over the element edges, using the fact that the interpolant uses values at the nodes, it then follows that

$$\|u - u_{h}\|_{2}^{2}$$

$$\lesssim (f, w - \widetilde{w}) + \langle g, w - \widetilde{w} \rangle_{S} - a(u_{h}, w - \widetilde{w})$$

$$= (f, w - \widetilde{w}) + \langle g, w - \widetilde{w} \rangle_{S}$$

$$- \sum_{K \in \mathcal{C}_{h}} \left\{ (\mathcal{A}(u_{h}), w - \widetilde{w})_{K} + \langle Q_{n}(u_{h}), w - \widetilde{w} \rangle_{\partial K} \right.$$

$$(3.10) \qquad \qquad - \langle M_{ns}(u_{h}), \frac{\partial}{\partial s}(w - \widetilde{w}) \rangle_{\partial K} - \langle M_{nn}(u_{h}), \frac{\partial}{\partial n}(w - \widetilde{w}) \rangle_{\partial K} \right\}$$

$$= (f, w - \widetilde{w}) + \langle g, w - \widetilde{w} \rangle_{S}$$

$$- \sum_{K \in \mathcal{C}_{h}} \left\{ (\mathcal{A}(u_{h}), w - \widetilde{w})_{K} + \langle V_{n}(u_{h}), w - \widetilde{w} \rangle_{\partial K} \right.$$

$$- \langle M_{nn}(u_{h}), \frac{\partial}{\partial n}(w - \widetilde{w}) \rangle_{\partial K} \right\}.$$

Regrouping and recalling definitions (3.2) and (3.3) yields

$$(3.11) \qquad \begin{aligned} \|u - u_h\|_2^2 \\ \lesssim \sum_{K \in \mathcal{C}_h} (f - \mathcal{A}(u_h), w - \widetilde{w})_K \\ - \sum_{E \in \mathcal{E}_h^S} \langle \llbracket V_n(u_h) \rrbracket - g, w - \widetilde{w} \rangle_E - \sum_{E \in \mathcal{E}_h^i \setminus \mathcal{E}_h^S} \langle \llbracket V_n(u_h) \rrbracket, w - \widetilde{w} \rangle_E \\ - \sum_{E \in \mathcal{E}_h^i} \langle \llbracket M_{nn}(u_h) \rrbracket, \frac{\partial}{\partial n_E} (w - \widetilde{w}) \rangle_E \\ - \sum_{E \in \mathcal{E}_h^f} \langle V_n(u_h), w - \widetilde{w} \rangle_E - \sum_{E \in \mathcal{E}_h^f \cup \mathcal{E}_h^S} \langle M_{nn}(u_h), \frac{\partial}{\partial n_E} (w - \widetilde{w}) \rangle_E. \end{aligned}$$

The asserted a posteriori estimate now follows by applying the Cauchy–Schwarz inequality and the interpolation estimate (3.4).

Instead of the jump terms in the estimator η , we could consider the normal and twisting moment jumps

$$h_E^{1/2} \| [\![M_{nn}(u_h)]\!] \|_{0,E}, \quad h_E^{1/2} \| [\![M_{ns}(u_h)]\!] \|_{0,E}$$

and the normal shear force jumps

$$h_E^{3/2} \| \llbracket Q_n(u_h) \rrbracket \|_{0,E}, \quad h_E^{3/2} \| \llbracket Q_n(u_h) \rrbracket - g \|_{0,E}.$$

In this case we cannot, however, prove the efficiency, i.e., the lower bounds.

Next, we will consider the question of efficiency. Let $f_h \in V_h$ be the interpolant of f and define

(3.12)
$$\operatorname{osc}_{K}(f) = h_{K}^{2} \|f - f_{h}\|_{0,K}.$$

Similarly, for a polynomial approximation g_h of g on $E \subset S$ we define

(3.13)
$$\operatorname{osc}_{E}(g) = h_{E}^{3/2} \|g - g_{h}\|_{0,E}.$$

In the following theorem, ω_E stands for the union of elements sharing an edge E. In its proof, we will adopt some of the techniques used in [17].

THEOREM 2 (lower bounds). For all $v_h \in V_h$ it holds that

(3.14)
$$h_K^2 \| \mathcal{A}(v_h) - f \|_{0,K} \lesssim \| u - v_h \|_{2,K} + \operatorname{osc}_K(f), \ K \in \mathcal{C}_h,$$

(3.15)
$$h_E^{1/2} \| [\![M_{nn}(v_h)]\!] \|_{0,E} \lesssim \| u - v_h \|_{2,\omega_E} + \sum_{K \subset \omega_E} \operatorname{osc}_K(f), \quad E \in \mathcal{E}_h^i,$$

(3.16)
$$h_E^{3/2} \| \llbracket V_n(v_h) \rrbracket \|_{0,E} \lesssim \| u - v_h \|_{2,\omega_E} + \sum_{K \subset \omega_E} \operatorname{osc}_K(f), \quad E \in \mathcal{E}_h^i \setminus \mathcal{E}_h^S,$$

(3.17)
$$h_E^{3/2} \| \llbracket V_n(v_h) \rrbracket - g \|_{0,E} \lesssim \| u - v_h \|_{2,\omega_E} + \sum_{K \subset \omega_E} \operatorname{osc}_K(f) + \operatorname{osc}_E(g), \ E \in \mathcal{E}_h^S,$$

(3.18)
$$h_E^{1/2} \| M_{nn}(v_h) \|_{0,E} \lesssim \| u - v_h \|_{2,\omega_E} + \sum_{K \subset \omega_E} \operatorname{osc}_K(f), \quad E \in \mathcal{E}_h^f \cup \mathcal{E}_h^s,$$

(3.19)
$$h_E^{3/2} \| V_n(v_h) \|_{0,E} \lesssim \| u - v_h \|_{2,\omega_E} + \sum_{K \subset \omega_E} \operatorname{osc}_K(f), \quad E \in \mathcal{E}_h^f$$

Proof. Denote by $b_K \in P_6(K)$ the sixth-order bubble that, together with its firstorder derivatives, vanishes on ∂K , i.e., let $b_K = (\lambda_{1,K}\lambda_{2,K}\lambda_{3,K})^2$, where $\lambda_{j,K}$ are the barycentric coordinates for K. Then we define

(3.20)
$$\gamma_K = b_K h_K^4 (\mathcal{A}(v_h) - f_h) \text{ in } K \text{ and } \gamma_K = 0 \text{ in } \Omega \setminus K$$

for $v_h \in V_h$. The problem statement gives

where $a_K(u, \gamma_K) = \int_K \boldsymbol{M}(u) : \boldsymbol{K}(\gamma_K) \, \mathrm{d}x$. We have

(3.22)
$$h_{K}^{4} \|\mathcal{A}(v_{h}) - f_{h}\|_{0,K}^{2} \lesssim h_{K}^{4} \|\sqrt{b_{K}}(\mathcal{A}(v_{h}) - f_{h})\|_{0,K}^{2}$$
$$= (\mathcal{A}(v_{h}) - f_{h}, \gamma_{K})_{K}$$
$$= (\mathcal{A}(v_{h}), \gamma_{K})_{K} - (f, \gamma_{K})_{K} + (f - f_{h}, \gamma_{K})_{K}$$
$$= a_{K}(v_{h} - u, \gamma_{K}) + (f - f_{h}, \gamma_{K})_{K}.$$

The local bound (3.14) now follows from applying the continuity of a, the Cauchy–Schwarz inequality, and inverse estimates.

Next, consider inequality (3.15). Suppose $E = K_1 \cap K_2$ for the triangles K_1 and K_2 ; thus $\omega_E = K_1 \cup K_2$. Let $\lambda_E \in P_1(\omega_E)$ be the linear polynomial satisfying

(3.23)
$$\lambda_E|_E = 0 \text{ and } \frac{\partial \lambda_E}{\partial n_E} = 1,$$

and let p_1 be the polynomial that satisfies $p_1|_E = [\![M_{nn}(v_h)]\!]|_E$ and $\frac{\partial p_1}{\partial n_E}|_E = 0$. Moreover, let $p_2 \in P_8(\omega_E)$ be the eighth-order bubble that takes value one at the midpoint of the edge E and, together with its first-order derivatives, vanishes on $\partial \omega_E$. Define $w = \lambda_E p_1 p_2$. Since

(3.24)
$$\frac{\partial w}{\partial n_E}\Big|_E = \frac{\partial \lambda_E}{\partial n_E} \llbracket M_{nn}(v_h) \rrbracket p_2 = \llbracket M_{nn}(v_h) \rrbracket p_2,$$

scaling yields the equivalence

(3.25)
$$\|\llbracket M_{nn}(v_h) \rrbracket \|_{0,E}^2 \approx \left\| \frac{\partial w}{\partial n_E} \right\|_{0,E}^2 \approx \|\sqrt{p_2} \llbracket M_{nn}(v_h) \rrbracket \|_{0,E}^2$$
$$= \left\langle \llbracket M_{nn}(v_h) \rrbracket, \frac{\partial w}{\partial n_E} \right\rangle_E.$$

Furthermore, since

(3.26)
$$\frac{\partial w}{\partial s}\Big|_E = 0, \quad w|_{E\cup\partial\omega_E} = 0 \quad \text{and} \quad \nabla w|_{\partial\omega_E} = \mathbf{0},$$

the integration by parts formula (2.18) yields

(3.27)
$$\langle \llbracket M_{nn}(v_h) \rrbracket, \frac{\partial w}{\partial n_E} \rangle_E = -\int_{\omega_E} \boldsymbol{M}(v_h) : \boldsymbol{K}(w) \, \mathrm{d}x + (\mathcal{A}(v_h), w)_{\omega_E}.$$

Extending w by zero to $\Omega \setminus \omega_E$, we obtain from the problem statement (2.13)

(3.28)
$$\int_{\omega_E} \boldsymbol{M}(u) : \boldsymbol{K}(w) \, \mathrm{d}x - (f, w)_{\omega_E} = 0.$$

Hence, using the Cauchy–Schwarz inequality, we get from (3.27)

(3.29)
$$\langle \llbracket M_{nn}(v_h) \rrbracket, \frac{\partial w}{\partial n_E} \rangle_E$$
$$= \int_{\omega_E} \boldsymbol{M}(u - v_h) : \boldsymbol{K}(w) \, \mathrm{d}x + (\boldsymbol{\mathcal{A}}(v_h) - f, w)_{\omega_E}$$
$$\lesssim \|u - v_h\|_{2,\omega_E} |w|_{2,\omega_E} + \|\boldsymbol{\mathcal{A}}(v_h) - f\|_{0,\omega_E} \|w\|_{0,\omega_E}.$$

By scaling, one easily shows that

$$(3.30) |w|_{2,\omega_E} \lesssim h_E^{-1/2} \left\| \frac{\partial w}{\partial n_E} \right\|_{0,E} \quad \text{and} \quad \|w\|_{0,\omega_E} \lesssim h_E^{3/2} \left\| \frac{\partial w}{\partial n_E} \right\|_{0,E}.$$

The estimate (3.15) then follows from (3.24), (3.25), (3.29), (3.30), and the already proved bound (3.14).



FIG. 2. A depiction of the sets ω_E (the entire polygon) and ω'_E (the gray area). The triangles K'_1 and K'_2 are symmetric with respect to the edge E.

Since (3.16) follows from (3.17) with g = 0, we prove the latter. Due to the regularity condition imposed on the mesh there exists for each edge E a symmetric pair of smaller triangles (K'_1, K'_2) that satisfy $\omega'_E = K'_1 \cup K'_2 \subset \omega_E$; see Figure 2. Let $w' = p'_2(\llbracket V_n(v_h) \rrbracket - g_h)$, where p'_2 is the eighth-order bubble that takes value one at the midpoint of E and, together with its first-order derivatives, vanishes on $\partial \omega'_E$. By the norm equivalence, we first have

(3.31)
$$\| \llbracket V_n(v_h) \rrbracket - g_h \|_{0,E}^2 \approx \| w' \|_{0,E}^2 \lesssim \langle \llbracket V_n(v_h) \rrbracket - g_h, w' \rangle_E.$$

Next, we write

(3.32)
$$\langle \llbracket V_n(v_h) \rrbracket - g_h, w' \rangle_E = \langle \llbracket V_n(v_h) \rrbracket - g, w' \rangle_E + \langle g - g_h, w' \rangle_E.$$

Due to symmetry, $\frac{\partial w'}{\partial n}|_E = 0$, and hence (2.18) and (2.20) give

(3.33)
$$\langle \llbracket V_n(v_h) \rrbracket - g, w' \rangle_E = \langle \llbracket V_n(v_h) \rrbracket, w' \rangle_E - \langle g, w' \rangle_E$$
$$= \int_{\omega'_E} \boldsymbol{M}(v_h) : \boldsymbol{K}(w') \, \mathrm{d}x - (\mathcal{A}(v_h), w')_{\omega'_E} - \langle g, w' \rangle_E.$$

Extending w' by zero to $\Omega \setminus \omega'_E$, the variational form (2.13) implies that

(3.34)
$$\int_{\omega'_E} \boldsymbol{M}(u) : \boldsymbol{K}(w') \, \mathrm{d}x - (f, w')_{\omega'_E} - \langle g, w' \rangle_E = 0 \, .$$

Hence,

(3.35)
$$\langle \llbracket V_n(v_h) \rrbracket - g, w' \rangle_E = \int_{\omega'_E} \boldsymbol{M}(v_h - u) : \boldsymbol{K}(w') \, \mathrm{d}x + (f - \mathcal{A}(v_h), w')_{\omega'_E}$$

and the Cauchy–Schwarz inequality, scaling estimates, and (3.14) give

(3.36)
$$\langle \llbracket V_n(v_h) \rrbracket - g, w' \rangle_E \\ \lesssim h_E^{-3/2} \left(\|u - v_h\|_{2,\omega'_E} + h_K^2 \|\mathcal{A}(v_h) - f\|_{0,\omega'_E} \right) \|w'\|_{0,E} \\ \lesssim h_E^{-3/2} \left(\|u - v_h\|_{2,\omega_E} + \sum_{K \in \omega_E} \operatorname{osc}_K(f) \right) \|w'\|_{0,E}.$$

The asserted estimate then follows from (3.31), (3.32), and (3.36).

The estimates (3.18), (3.19) are proved similarly to the bounds (3.15) and (3.16), respectively.

The above estimates provide the following global bound.

THEOREM 3. It holds that

(3.37)
$$\eta \lesssim \|u - u_h\|_2 + \operatorname{osc}(f) + \operatorname{osc}(g),$$

where

(3.38)
$$\operatorname{osc}(f) = \sqrt{\sum_{K \in \mathcal{C}_h} \operatorname{osc}_K(f)^2} \quad and \quad \operatorname{osc}(g) = \sqrt{\sum_{E \in \mathcal{E}_h^S} \operatorname{osc}_E(g)^2}.$$

4. The choice of V_h . Let us briefly discuss some possible choices of conforming finite elements for the plate bending problem. Each choice consists of a polynomial space \mathcal{P} and of a set of N degrees of freedom defined through a functional $\mathcal{L} : \mathbb{C}^{\infty} \to \mathbb{R}$. We denote by $\boldsymbol{x}^k, k \in \{1, 2, 3\}$, the vertices of the triangle and by $\boldsymbol{e}^k, k \in \{1, 2, 3\}$, the midpoints of the edges, i.e.,

(4.1)
$$e^{1} = \frac{1}{2}(x^{1} + x^{2}), \quad e^{2} = \frac{1}{2}(x^{2} + x^{3}), \quad e^{3} = \frac{1}{2}(x^{1} + x^{3}).$$

The simplest H^2 -conforming triangular finite element that is locally $H^4(K)$ in each K is the Bell triangle.

DEFINITION 1 (Bell triangle, N = 18).

(4.2)
$$\mathcal{P} = \{ p \in P_5(K) : \frac{\partial p}{\partial n} \in P_3(E) \; \forall E \subset K \},$$
(4.3)
$$\mathcal{L}(w) = \begin{cases} w(\boldsymbol{x}^k) & \text{for } 1 \le k \le 3, \\ \frac{\partial w}{\partial r_i}(\boldsymbol{x}^k) & \text{for } 1 \le k \le 3 \text{ and } 1 \le i \le 2 \end{cases}$$

$$\mathcal{L}(w) = \begin{cases} \frac{\partial x_i}{\partial x_i} (\boldsymbol{x}^k) & \text{for } 1 \le k \le 3 \text{ and } 1 \le i, j \le 2, \\ \frac{\partial^2 w}{\partial x_i \partial x_j} (\boldsymbol{x}^k) & \text{for } 1 \le k \le 3 \text{ and } 1 \le i, j \le 2 \end{cases}$$

Even though the polynomial space associated with the Bell triangle is not the whole $P_5(K)$ it is still larger than $P_4(K)$. This can in some cases complicate the implementation. Moreover, the asymptotic interpolation estimates for $P_5(K)$ are not obtained. This can be compensated by adding three degrees of freedom at the midpoints of the edges of the triangle and increasing accordingly the size of the polynomial space.

DEFINITION 2 (Argyris triangle, N = 21).

 $\mathcal{P} = P_5(K),$

(4.5)
$$\mathcal{L}(w) = \begin{cases} w(\boldsymbol{x}^k) & \text{for } 1 \le k \le 3, \\ \frac{\partial w}{\partial x_i}(\boldsymbol{x}^k) & \text{for } 1 \le k \le 3 \text{ and } 1 \le i \le 2, \\ \frac{\partial^2 w}{\partial x_i \partial x_j}(\boldsymbol{x}^k) & \text{for } 1 \le k \le 3 \text{ and } 1 \le i, j \le 2, \\ \frac{\partial w}{\partial n}(\boldsymbol{e}^k) & \text{for } 1 \le k \le 3. \end{cases}$$

The Argyris triangle can be further generalized to higher-order polynomial spaces; cf. Šolín [25]. Triangular macroelements such as the Hsieh–Clough–Tocher triangle

A1397

are not locally $H^4(K)$ and therefore additional jump terms are present inside the elements. Various conforming quadrilateral elements have been proposed in the literature for the plate bending problem; cf. Ciarlet [10]. The proofs of the lower bound that we presented do not directly apply to quadrilateral elements, but the techniques can be adapted to them as well.

5. Numerical results. In our examples, we will use the fifth-degree Argyris triangle. On a uniform mesh for a solution $u \in H^r(\Omega)$, with $r \ge 2$, we thus have the error estimate [10]

$$(5.1) ||u - u_h||_2 \lesssim h^s |u|_r$$

with $s = \min\{r - 2, 4\}$. Since the mesh length is related to the number of degrees of freedom N by $h \sim N^{-1/2}$ on a uniform mesh, we can also write

(5.2)
$$||u - u_h||_2 \lesssim N^{-s/2} |u|_r.$$

If the solution is smooth, say, $r \ge 6$, we thus have the estimates

(5.3)
$$||u - u_h||_2 \lesssim h^4 \text{ and } ||u - u_h||_2 \lesssim N^{-2}$$

In fact, the rate N^{-2} is optimal also on a general mesh since, except for a polynomial solution, it holds that [2, 1]

(5.4)
$$||u - u_h||_2 \gtrsim N^{-2}.$$

In the adaptive computations we use the following strategy for marking the elements that will be refined [28].

ALGORITHM 1. Given a partition C_h , error indicators η_K , $K \in C_h$, and a threshold $\theta \in (0, 1)$, mark K for refinement if $\eta_K \ge \theta \max_{K' \in C_h} \eta_{K'}$.

The parameter θ has an effect on the portion of elements that are marked, i.e., for $\theta = 0$ all elements are marked and for $\theta = 1$ only the element with the largest error indicator value is marked. We simply take $\theta = 0.5$, which has proven to be a feasible choice in most cases.

The set of marked elements are refined using Triangle [24], version 1.6, by requiring additional vertices at the edge midpoints of the marked elements and by allowing the mesh generator to improve mesh quality through extra vertices. The default minimum interior angle constraint of 20 degrees is used.

The regularity of the solution depends on the regularity of the load and the corner singularities; cf. [6]. Below we consider two sets of problems, one where the regularity is mainly restricted by the load, and another one where the load is uniform and the corner singularities dominate.

5.1. Square plate, Navier solution. A classical series solution to the Kirchhoff plate bending problem, the Navier solution [27], in the special case of a unit square with simply supported boundaries and the loading

(5.5)
$$f(\boldsymbol{x}) = \begin{cases} f_0 & \text{if } \boldsymbol{x} \in [\frac{1}{2} - c, \frac{1}{2} + c] \times [\frac{1}{2} - d, \frac{1}{2} + d], \\ 0 & \text{otherwise,} \end{cases}$$

reads

(5.6)
$$u(x,y) = \frac{16f_0}{D\pi^6} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} \frac{\sin\frac{m\pi}{2}\sin\frac{n\pi}{2}\sin m\pi c\sin n\pi d}{mn(m^2+n^2)^2} \sin m\pi x \sin n\pi y.$$



FIG. 3. Initial and 6 times refined meshes in the point load case.



FIG. 4. Elementwise error estimators in the point load case.



FIG. 5. The results of the point load case.

In the limit $c \longrightarrow 0$ and $2cf_0 \longrightarrow g_0$ we get the line load solution

(5.7)
$$u(x,y) = \frac{8g_0}{D\pi^5} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} \frac{\sin\frac{m\pi}{2}\sin\frac{n\pi}{2}\sin n\pi d}{n(m^2 + n^2)^2} \sin m\pi x \sin n\pi y,$$

and in the limit $c, d \longrightarrow 0$ and $4cdf_0 \longrightarrow F_0$ we obtain the point load solution

(5.8)
$$u(x,y) = \frac{4F_0}{D\pi^4} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} \frac{\sin\frac{m\pi}{2}\sin\frac{n\pi}{2}}{(m^2+n^2)^2} \sin m\pi x \sin n\pi y.$$

From the series we can infer that the solution is in $H^{3-\epsilon}(\Omega)$, $H^{7/2-\epsilon}(\Omega)$, and $H^{9/2-\epsilon}(\Omega)$, for any $\epsilon > 0$, for the point load, the line load, and the square load, respectively, in the three cases. On a uniform mesh, one should thus observe the convergence rates $N^{-0.5}$, $N^{-0.75}$, and $N^{-1.25}$.



FIG. 6. The efficiency of the estimator in the point load case. The normalization parameter c is chosen as the mean value of the ratio $\eta/||u - u_h||$.



FIG. 7. Initial and 6 times refined meshes for the line load case.

An unfortunate property of the series solutions is that the partial sums converge very slowly. This makes computing the difference between the finite element solution and the series solution in $H^2(\Omega)$ - and $L^2(\Omega)$ -norms a challenging task since the finite element solution quickly ends up being more accurate than any reasonable partial sum. In fact, the "exact" series solution is practically useless, for example, for computing the shear force, which is an important design parameter.

The $H^2(\Omega)$ -norm is equivalent to the energy norm,

(5.9)
$$|||v||| = \sqrt{a(v, v)},$$

with which the error is straightforward to compute. In view of the Galerkin orthogonality and symmetry, one obtains

(5.10)
$$|||u - u_h|||^2 = a(u - u_h, u) = l(u - u_h),$$

i.e., the error is given by

(5.11)
$$|||u - u_h||| = \sqrt{l(u - u_h)}.$$



FIG. 8. Results of the line load case.



 ${\rm Fig.}$ 9. Elementwise error estimators for the line load case.



FIG. 10. Initial and 8 times refined meshes for the square load case.



FIG. 11. Results of the square load case.

This is especially useful for the point load for which

(5.12)
$$|||u - u_h||| = \sqrt{F_0(u(\frac{1}{2}, \frac{1}{2}) - u_h(\frac{1}{2}, \frac{1}{2}))}.$$

Evaluating the series solution at the point of maximum deflection gives [27]

(5.13)
$$u(\frac{1}{2}, \frac{1}{2}) = \frac{4F_0}{D\pi^4} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} \frac{(\sin\frac{m\pi}{2}\sin\frac{n\pi}{2})^2}{(m^2 + n^2)^2}$$
$$= \frac{4F_0}{D\pi^4} \sum_{m=1}^{\infty} \left(\sin\frac{m\pi}{2}\right)^2 \sum_{n=1}^{\infty} \frac{(\sin\frac{n\pi}{2})^2}{(m^2 + n^2)^2}$$
$$= \frac{F_0}{2D\pi^3} \sum_{m=1}^{\infty} \frac{(\sin\frac{m\pi}{2})^2(\sinh m\pi - m\pi)}{m^3(1 + \cosh m\pi)}.$$

We first consider a point load with $F_0 = 1$, d = 1, E = 1, and $\nu = 0.3$ and compare the true error with the estimator η . In this case, we have the approximate maximum displacement $u(\frac{1}{2}, \frac{1}{2}) \approx 0.1266812$, computed by evaluating and summing



FIG. 12. Elementwise error estimators in the square load case.



FIG. 13. The initial (top right) and the final meshes with different boundary conditions. The boundary conditions at the reentrant corner are either simply supported (top right), clamped (bottom left), or free (bottom right). Surprisingly enough, the meshes for the simply supported and clamped boundaries end up being exactly the same.

the first 10 million terms of the series (5.13). Starting with an initial mesh shown in Figure 3, we repeatedly mark and refine the mesh to obtain a sequence of meshes; see Figure 4, where the values of the elementwise error estimators are depicted for four consecutive meshes. Note that the estimator and the adapted marking strategy initially refine heavily in the neighborhood of the point load as one might expect based on the regularity of the solution in the vicinity of the point load.

In addition to the adaptive strategy, we solve the problem using a uniform mesh family where we repeatedly split each triangle into four subtriangles starting from the initial mesh of Figure 3. The energy norm error and η versus the number of degrees of freedom N are plotted in Figure 5. The results show that the adaptive meshing strategy improves significantly the rate of convergence in the energy norm. In Figure 5, we have also plotted, for reference, the slopes corresponding to the expected convergence rate $O(N^{-0.5})$ for uniform refinement and the optimal convergence rate for P_5 elements, $O(N^{-2})$.

In Figure 5 it is further revealed that the energy norm error and the estimator η follow similar trends. This is exactly what one would expect given that the estimator is an upper and a lower bound for the true error modulo an unknown constant. This is better seen by drawing the normalized ratio η over $|||u - u_h||$; see Figure 6. Since the estimator correctly follows the true error and an accurate computation of norms like $||u - u_h||_2$ is expensive, the rest of the experiments document only the values of η and N for the purpose of giving an idea of the convergence rates.



FIG. 14. L-shaped domain results. Simply supported (top), clamped (middle), and free (bottom) boundary conditions on the reentrant corner.

A1406 T. GUSTAFSSON, R. STENBERG, AND J. VIDEMAN

We continue with the line load case taking $g_0 = 1$ and $d = \frac{1}{3}$, and using the same material parameter values as before. The initial and final meshes are shown in Figure 7. The estimator can be seen to primarly focus on the end points of the line load. The values of η and N are visualized in Figure 8, together with the expected and the optimal rates of convergence. Again the adaptive strategy improves the convergence of the total error in comparison to the uniform refinement strategy. The local error estimators and the adaptive process are presented in Figure 9.

We finish this subsection by solving the square load case with $f_0 = 1$, $c = d = \frac{1}{3}$ and the same material parameters as before. The initial and the final meshes are shown in Figure 10. The convergence rates are visualized in Figure 11 and the local error estimators in Figure 12. An improvement in the convergence rate is again visible in the results.

5.2. L-shaped domain. Next we solve the Kirchhoff plate problem in an L-shaped domain with uniform loading f = 1 and the following three sets of boundary conditions:

- 1. simply supported on all boundaries,
- 2. clamped on all boundaries,
- 3. free on the edges sharing the reentrant corner and simply supported along the rest of the boundary.

Due to the presence of a reentrant corner, the solutions belong to $H^{2.33}(\Omega)$, $H^{2.54}(\Omega)$, and $H^{2.64}(\Omega)$ in the cases 1, 2 and 3, respectively (see [22]). As before, we use fifth-order Argyris elements to demonstrate the effectiveness of the adaptive solution strategy. The initial and the final meshes are shown in Figure 13. The resulting total error estimators and unknown counts are visualized in Figure 14.

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