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# Broadband Lamb shift in an engineered quantum system

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The shift of the energy levels of a quantum system owing to broadband electromagnetic vacuum fluctuations-the Lamb shift—has been central for the development of quantum electrodynamics and for the understanding of atomic spectra<sup>1-6</sup>. Identifying the origin of small energy shifts is still important for engineered quantum systems, in light of the extreme precision required for applications such as quantum computing<sup>7,8</sup>. However, it is challenging to resolve the Lamb shift in its original broadband case in the absence of a tuneable environment. Consequently, previous observations<sup>1-5,9</sup> in non-atomic systems are limited to environments comprising narrowband modes<sup>10-12</sup>. Here, we observe a broadband Lamb shift in highquality superconducting resonators, a scenario also accessing static shifts inaccessible in Lamb's experiment<sup>1,2</sup>. We measure a continuous change of several megahertz in the fundamental resonator frequency by externally tuning the coupling strength to the engineered broadband environment, which is based on hybrid normal-metal-insulator-superconductor tunnel junctions<sup>13-15</sup>. Our results may lead to improved control of dissipation in high-quality engineered quantum systems and open new possibilities for studying synthetic open quantum matter<sup>16-18</sup> using this hybrid experimental platform.

Physical quantum systems are always open. Thus, exchange of energy and information with an environment eventually leads to relaxation and degradation of quantum coherence. Interestingly, the environment can be in a vacuum state and yet cause significant perturbation to the original quantum system. The quantum vacuum can be modelled as broadband fluctuations that may absorb energy from the coupled quantum systems. These fluctuations also lead to an energy-level renormalization-the Lamb shift-of the system, such as that observed in atomic systems<sup>1-5,9</sup>. Despite its fundamental nature, the Lamb shift arising from broadband fluctuations is often overlooked outside the field of atomic physics as a small constant shift that is challenging to distinguish<sup>19</sup>. Due to the emergence of modern engineered quantum systems, in which the desired precision of the energy levels is comparable to the Lamb shift, it has, however, become important to predict accurately the perturbation as a function of external control parameters. Neglecting energy shifts can potentially take the engineered quantum systems outside the region of efficient operation<sup>20,21</sup> and may even lead to undesired level crossings between subsystems. These issues are pronounced in applications requiring strong dissipation. Examples include reservoir engineering for autonomous quantum error correction<sup>22,23</sup>, or

rapid on-demand entropy and heat evacuation<sup>14,15,24,25</sup>. Furthermore, the role of dissipation in phase transitions of open many-body quantum systems has attracted great interest through the recent progress in studying synthetic quantum matter<sup>16,17</sup>.

In our experimental set-up, the system exhibiting the Lamb shift is a superconducting coplanar waveguide resonator with the resonance frequency  $\omega_{r}/2\pi = 4.7 \text{ GHz}$  and 8.5 GHz for samples A and B, respectively, with loaded quality factors in the range of 10<sup>2</sup> to 103. The total Lamb shift includes two parts: the dynamic part<sup>2,26,27</sup> arising from the fluctuations of the broadband electromagnetic environment formed by electron tunnelling across normal-metalinsulator-superconductor junctions<sup>14,15,28,29</sup> (Fig. 1) and the static shift originating here from the environment-induced change of the resonator mode. Our system differs in three key ways from the Lamb shift typically observed in atoms coupled to electromagnetic radiation<sup>1-5,9</sup>. First, in our case, an electron system induces a frequency shift to the electromagnetic system and not vice versa as for atoms. Second, we can access the system also when it is essentially decoupled from the environment, in contrast to the typical case of an atom where the electrons are always coupled to the electromagnetic environment. Third, our system is sensitive to both the static and the dynamic part of the Lamb shift. This is a striking difference compared to atomic systems, where the static part is typically inaccessible since it corresponds to the additional electromagnetic mass already included in the measured masses of the particles.

We observe that the coupling strength between the environment and the resonator  $\gamma_T/2\pi$  can be tuned from 10 kHz to 10 MHz (Fig. 2). The exceptionally broad tuning range makes it possible to accurately observe the Lamb shift, ranging from -8 MHz to 3 MHz. The tuning is controlled with a bias voltage, which shifts the relative chemical potential between the normal-metal and superconductor leads and activates the tunnelling when the chemical potential is near the edge of the gap of the superconductor density of states (Fig. 1). Finally, we verify our model by measuring the response of the coupling strength to changes in the normal-metal electron temperature (Fig. 3).

Figure 1a,b describes the measurement scheme (Methods) and the samples, the fabrication of which is detailed in ref.<sup>15</sup>. The resonator is capacitively coupled to a normal-metal island that is tunnel-coupled to two superconducting leads. An electron tunnelling event between the island and the leads shifts the charge of the resonator by an amount  $\Delta Q = \alpha e$ , where  $\alpha \approx 1$  is a capacitance fraction defined in Fig. 1 and *e* is the elementary charge. A tunnelling event

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**Fig. 1 Sample and measurement set-up. a**, A schematic illustration of the coplanar waveguide resonator (dark blue) capacitively coupled to a normalmetal island (red) and a transmission line together with a simplified measurement set-up. VNA denotes a vector network analyser. **b**, A false-colour scanning electron micrograph of the two superconductor-insulator-normal-metal (SIN) tunnel junctions used as an engineered environment for the resonator modes. Scale bar, 5 µm. See Supplementary Figs. 1 and 2 for details of the sample and the measurement set-up. **c**, Energy diagram of electron tunnelling at a superconductor-insulator-normal-metal junction. In the normal metal, the electron occupation (red shading) follows the Fermi distribution. The superconductor density of states exhibits the characteristic Bardeen-Cooper-Schrieffer energy gap of magnitude 2Δ. The states below the gap are filled (blue shading). The grey shading denotes empty states. The blue arrow depicts a photon-assisted tunnelling process that absorbs a photon with energy  $\hbar \omega_r$  from the resonator mode at the angular frequency  $\omega_r$ . The red arrow corresponds to photon emission. Elastic processes (black arrow) do not affect the resonator state but contribute to the Lamb shift and to the thermalization of the normal-metal island<sup>28</sup>. The bias voltage V shifts the electrochemical potential of the normal metal and of the superconductor relative to each other by eV. For voltage biases  $|eV| < \Delta + \hbar \omega_r$  emission processes are suppressed by the vanishing density of states in the superconductor gap. **d**, A tunnelling event on the normal-metal island shifts the charge of the resonator by  $\Delta Q = \alpha e$ . The capacitance fraction  $\alpha = C_c/(C_c + C_{\Sigma m}) \approx 1$  is given by the coupling capacitance  $C_c$  between the resonator and the normalmetal island and the capacitance of the normal-metal island to ground  $C_{\Sigma m}$  (Table 1). The charge shift induces transitions between the resonator energy

eigenstates  $\psi_i(Q)$  and  $\psi_f(Q)$  via the matrix element  $|\mathcal{M}_{if}|^2 = \left| \int \psi_f^*(Q - \alpha e) \psi_i(Q) dQ \right|^2 \propto \rho^{|i-f|}$ , where  $\rho = \pi \alpha^2 Z_r / R_k$  is an interaction parameter expressed in terms of the characteristic impedance  $Z_r$  of the resonator and the von Klitzing constant  $R_k = h/e^2$  containing the Planck constant h (Methods). The blue and red arrows correspond to those in **c**.

Table 1   Key device and model parameters			
Parameter	Symbol	Sample A	Sample B
Resonator frequency (GHz)	$\omega_r/2\pi$	4.67	8.54
Characteristic impedance ( $\Omega$ )	Z <sub>r</sub>	34.8	34.8
External coupling (MHz)	$\gamma_{tr}/2\pi$	3.7	33.6
Excess coupling (MHz)	γ₀/2π	0.29	10.6
Coupling capacitance (fF)	C <sub>c</sub>	840	780
Island capacitance (fF)	$C_{\Sigma m}$	10	10
Superconductor gap (µeV)	Δ	215	211
Dynes parameter	$\gamma_{ m D}$	$4 \times 10^{-4}$	$4 \times 10^{-4}$
Junction conductance (µS)	$G_{\Sigma}$	71	127
Electron temperature (mK)	T <sub>N</sub>	170	180

See Methods for details of the experimental determination of the parameters.

couples different states of the resonator mode, and can lead to the creation and annihilation of photons. The rates of these processes are proportional to factors arising from the charge shift, junction transparency and energy conservation<sup>28</sup> as detailed in Fig. 1c,d (Methods). Note, however, that a linear resonator is not dephased by charge fluctuations.

The resonator is probed through a 50  $\Omega$  transmission line in a standard microwave reflection experiment (Fig. 1a). The voltage reflection coefficient  $\Gamma = |\Gamma|e^{-i\varphi}$  of a weak probe signal at the angular frequency  $\omega_p$  is given by

$$\Gamma = \frac{\gamma_{\rm tr} - \gamma_{\rm T} - \gamma_0 + 2i(\omega_{\rm p} - \omega_{\rm r})}{\gamma_{\rm tr} + \gamma_{\rm T} + \gamma_0 - 2i(\omega_{\rm p} - \omega_{\rm r})} \tag{1}$$

where  $\gamma_{tr}$  is the coupling strength to the transmission line and  $\gamma_0$ represents the damping rate of the resonator by excess sources (Methods). Figure 2a,b shows the magnitude of the measured reflection coefficient for samples A and B (for the phase data, see Supplementary Fig. 3). At a given bias voltage, the minimum reflection occurring at  $\omega_p = \omega_r$  yields the resonator frequency. The full width of the dip at half-minimum equals the total coupling strength  $\gamma_{\rm T} + \gamma_{\rm tr} + \gamma_{\rm op}$  related to the loaded quality factor by  $Q_{\rm L} = \omega_{\rm r}/2$  $(\gamma_{tr} + \gamma_{T} + \gamma_{0})$ . At the critical points, where  $\omega_{p} = \omega_{r}$  and  $\gamma_{T} + \gamma_{0} = \gamma_{tr}$ (black colour in Fig. 2a,b), the reflection ideally vanishes because of the impedance matching between the transmission line and the other electromagnetic environments of the resonator. Thus, the full width of the dip  $2\gamma_{tr}$  gives accurately the coupling strength to the transmission line. The phase of the reflection coefficient exhibits a full  $2\pi$  winding about the critical points (Supplementary Fig. 3). We extract the coupling strengths and the resonator frequency by fitting equation (1) to the data (Methods).

Figure 2c,d shows the measured voltage-tuneable coupling strength  $\gamma_{\rm T}$  for the two samples. The characteristics of the coupling strength can be understood by considering tunnelling at different bias voltages. If the junction is not biased and  $\hbar\omega_{\rm r} \ll \Delta$ , where the gap parameter  $\Delta$  is defined in Fig. 1, the electron tunnelling and the resulting coupling strength  $\gamma_{\rm T}$  are suppressed by the small density of states in the superconductor gap<sup>30</sup>, quantified by the Dynes parameter  $\gamma_{\rm D} \ll 1$ . If the bias voltage is near the gap edge, the electron tunnelling is efficiently assisted by thermal energy. As a result



**Fig. 2** | **Observation of the Lamb shift. a,b**, Magnitude of the voltage reflection coefficient  $|\Gamma|$  as a function of the probe frequency  $\omega_p$  and of the single-junction bias voltage *V*. **c,d**, Coupling strength  $\gamma_T$  to the electromagnetic environment formed by the photon-assisted tunnelling at the superconductor-insulator-normal-metal junctions as a function of the single-junction bias voltage *V*. For the calculated coupling strengths (solid lines), we use the experimentally realized parameter values (see Table 1). The horizontal dashed lines denote the coupling strength to the transmission line  $\gamma_{tr}$  and the horizontal dotted lines indicate the coupling strength to excess sources  $\gamma_0$ , **e,f**, The Lamb shift as a function of the single-junction bias voltage *V* (filled circles). The solid line in **f** denotes the total calculated Lamb shift including both the static (dotted line) and the dynamic (dashed line) parts. The grey dashed line **in e** shows the dynamic Lamb shift corresponding to the electron temperature  $T_N = 130$  mK, whereas for other theoretical curves we use Table 1. **a**, **c** and **e** are for sample A and **b**, **d** and **f** correspond to sample B. The shaded regions denote the 1 $\sigma$  confidence intervals of the extracted parameters (see Methods for further details). We define the confidence interval of a parameter such that if the parameter is varied within the confidence interval, the complex-valued resonance point of the reflection coefficient in equation (1) lies within a distance less than the root-mean-square fit error from its original position (Methods). Each parameter is individually varied while keeping the other parameters at their optimized values. The excess coupling strength  $\gamma_0$  has a similar confidence interval (not shown) to the coupling strength to the transmission line  $\gamma_r$ .

of thermal activation, the coupling strength  $\gamma_{\rm T}$  increases exponentially as a function of the bias voltage, and reaches its maximum near the gap edge. At high bias voltages  $|eV|/\Delta \gg 1$ , the coupling strength  $\gamma_{\rm T}$  saturates to the value  $\alpha^2 Z_{\rm r} G_{\Sigma} \omega_{\rm r}$ , where  $Z_{\rm r}$  is the characteristic impedance of the resonator and  $G_{\Sigma}$  is the sum of the conductances of the two junctions<sup>28</sup>. Consequently, we can tune the coupling strength  $\gamma_{\rm T}$  by approximately three orders of magnitude with the bias voltage, which makes it possible to accurately measure the Lamb shift of the resonator. The measured values for the coupling strength are in excellent agreement with the theoretical model of bias-voltage-controlled electron tunnelling in normalmetal-insulator-superconductor junctions<sup>28</sup> (Methods), a device recently referred to as a quantum-circuit refrigerator<sup>14,15</sup>. Our result expands the experimental operation regime of the quantum-circuit refrigerator to loaded quality factors up to 10<sup>3</sup> and internal quality factors above 104.

Figure 2e,f shows the observed shift of the resonator frequency  $\omega_{\rm L} = \omega_{\rm r} - \omega_{\rm r}^0$  as a function of the bias voltage for the two samples. Here  $\omega_r^0$  is the resonator frequency at V=0. The natural frequency of a harmonic oscillator experiences a classical damping shift  $\approx \gamma_{\rm T}^2$  / (8 $\omega_{\rm r}$ ) (not shown for clarity in the figures) which, in our experimental set-up, is in the range of 10kHz for sample A and 100 kHz for sample B and cannot explain the data. Interestingly, the effective temperature of the environment increases as a function of the bias voltage (see Supplementary Fig. 4). However, contrary to the anharmonic systems, the harmonic oscillator has no a.c. Stark shift by the environment; that is, the energy-level shifts are independent of the temperature of the environment<sup>6</sup>. Thus, we conclude that the observed shift of the resonator frequency is the Lamb shift induced by the broadband electromagnetic environment formed by the photonassisted electron tunnelling. In the following, we confirm our conclusion by comparing the experimental results with a theoretical model.



Fig. 3 | Temperature dependence. a, The calculated total coupling strength  $\gamma_{T} + \gamma_{0}$  as a function of the single-junction bias voltage at the normal-metal electron temperature  $T_N = 100 \text{ mK}$  (blue), 500 mK (magenta) and 700 mK (red) with the parameters of sample B (Table 1). The horizontal dashed line indicates the coupling strength to the transmission line  $\gamma_{tr}$ . The coincidence point  $\gamma_{\rm T} + \gamma_0 = \gamma_{\rm tr}$  defines the critical bias value V<sub>c</sub>, where the reflection coefficient ideally vanishes. The single-junction bias voltage is measured in units of the zero-temperature superconductor gap  $\Delta/e$  and the theoretical calculation takes into account the temperature dependence of the gap. **b**, The experimentally measured critical voltage  $V_c$  as a function of the cryostat temperature (filled circles) and the calculated critical voltage  $V_{\rm c}$  as a function of the normal-metal electron temperature (solid line) for sample B. The data points (filled circles) correspond to the bias voltage of the minima of the measured voltage reflection coefficients (Supplementary Fig. 5). For the calculated critical voltage (solid line), we use experimentally realized parameters (Table 1), except that the value of the excess coupling strength is  $\gamma_0/2\pi = 20.0$  MHz, capturing the enhanced losses by excess quasiparticles in the superconducting coplanar waveguide resonator at high temperatures. The experimental uncertainty in the data is of the order of the marker size.

We model the environment as a continuum of modes<sup>6</sup> characterized by their coupling strength  $\gamma_{\rm T}(\omega)$  to the resonator, where  $\omega$ refers to the frequency of a considered environmental mode. An environmental mode exchanges energy with the resonator only at resonance, being the principal mechanism for dissipation at the rate  $\gamma_{\rm T}(\omega_{\rm r}^0)$ . Yet, all of the environmental modes are coupled to the system, leading to the renormalization of its energy levels<sup>1,2,6</sup>. For a broadband environment, the corresponding dynamic Lamb shift for a harmonic oscillator is given by<sup>6,27</sup>

$$\omega_{\rm L}^{\rm dyn} = -PV \int_0^\infty \frac{d\omega}{2\pi} \left( \frac{\gamma_{\rm T}(\omega)}{\omega - \omega_{\rm r}^0} + \frac{\gamma_{\rm T}(\omega)}{\omega + \omega_{\rm r}^0} - 2\frac{\gamma_{\rm T}(\omega)}{\omega} \right)$$
(2)

where PV indicates the Cauchy principal value integration. The dynamic Lamb shift can be derived also from considering the broadband environment as a small electric admittance in parallel with the resonator and applying the Kramers–Kronig relations<sup>31</sup> (see Methods for details).

At bias values beyond the superconductor gap  $eV/\Delta \gtrsim 2$ , the electromagnetic environment formed by the photon-assisted tunnelling at the normal-metal-insulator-superconductor junctions becomes Ohmic<sup>28</sup>. Therefore, the coupling strength becomes linearly dependent on the frequency  $\gamma_{\rm T}(\omega) = \alpha^2 Z_r G_{\Sigma} \omega$ . For an Ohmic environment, the dynamic Lamb shift of a harmonic oscillator in equation (2) vanishes<sup>32</sup>. In the experiments, however, we study the frequency shifts with respect to the zero-voltage resonance, and hence the negative dynamic shift obtained from equation (2) at zero bias converts in experiments to a small positive shift at high bias.

For sample B, in addition to the dynamic shift we observe a shift that we identify as the static shift. We attribute this static shift to the effective elongation of the resonator mode caused by an increased current flow through the superconductor-insulator-normal-metal junction at high bias voltages. To the lowest order in the coupling strength, any static shift is given by  $-\mu\gamma_{\rm T}/\pi$ , where we obtain the proportionality constant  $\mu = 0.52$  for sample B. Due to the experimental uncertainties, we cannot make a conclusive statement on the static shift in sample A. We attribute this effect to possible differences in the geometry and details of the junctions between the samples. As shown in Fig. 2e, f this theory of the Lamb shift yields an excellent agreement with the measured data. Note that there are no free parameters in the theory curve of Fig. 2e.

To further verify the applicability of the theoretical model of the photon-assisted tunnelling, we study the response of the coupling strength  $\gamma_{\rm T}$  to the change in the normal-metal electron temperature  $T_{\rm N}$ . We measure the critical bias point  $V_{\rm c}$ , defined as the point at which  $\gamma_{\rm T} + \gamma_0 = \gamma_{\rm tr}$ , where the reflection ideally vanishes. In elevated normal-metal electron temperatures, the thermally activated electron tunnelling is enhanced, which leads to an increased coupling strength  $\gamma_{\rm T}$  in the subgap (Fig. 3a). As a result, the critical voltage moves to lower values (Fig. 3b). In elevated temperatures, the density of quasiparticles is increased in the resonator, which leads to larger quasiparticle-related losses<sup>33,34</sup>. To account for this, the excess coupling strength  $\gamma_0$  in Fig. 3 is assumed larger than in the low-temperature data of Table 1. For simplicity, we assume it to be independent of temperature and voltage. Overall, the good agreement between the measured and predicted critical voltages confirms that our model correctly captures the physics of the resonator environments.

We demonstrated that the coupling strength between a coplanar waveguide resonator and the environment formed by electron tunnelling in normal-metal-insulator-superconductor junctions is tuneable by approximately three orders of magnitude and consequently the Lamb shift was observed to be tuneable in regimes where both the dynamic and static parts significantly contribute. Here, the interaction between the system and the environment stayed in the weak coupling regime. With optimized parameters, however, the configuration may allow systematic studies of the Lamb shift in the recently realized ultrastrong-coupling regime<sup>35</sup>. Given that our technique provides rapid and well-characterized bias-voltage-controlled tunability, it may be useful in on-demand initialization of high-finesse quantum circuits and in environmental engineering of synthetic quantum matter.

### **Online content**

Any methods, additional references, Nature Research reporting summaries, source data, statements of data availability and associated accession codes are available at https://doi.org/10.1038/ s41567-019-0449-0.

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## **NATURE PHYSICS**

## LETTERS

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## Author contributions

M.S. carried out the theoretical analysis and wrote the manuscript with input from all the authors. S.M., V.S. and M.J. conducted the experiments and analysed the data. S.M. and K.Y.T. fabricated the samples. R.E.L., M.P. and J.G. contributed to the fabrication, development of the devices and the measurement scheme. L.G. fabricated the niobium layers. E.H., M.P. and J.G. contributed to the data analysis. E.H. and F.H. gave theory support. M.M. supervised the work in all respects.

## **Competing interests**

The authors declare no competing interests.

## Additional information

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#### Methods

**Sample fabrication.** We fabricate the samples on 0.525-mm-thick silicon wafers. The silicon surface is passivated by a 300-nm-thick silicon oxide layer. We define the resonators by photolithography and ion etching of a 200-nm-thick sputtered niobium layer, and then cover them by a 50-nm-thick layer of  $Al_2O_3$ . We produce the superconductor–insulator–normal-metal junctions with electron beam lithography followed by two-angle evaporation. More fabrication details can be found in ref.<sup>15</sup>.

**Measurements.** We use a commercial dilution refrigerator to cool the samples down to the base temperature of 10 mK. We attach the samples using vacuum grease to a sample holder with a printed circuit board, and bond them with aluminium wires. The printed circuit board is connected to the room-temperature set-up by coaxial cables. The measurements are repeated multiple times.

The bias voltage is applied to the superconductor-insulator-normal-metal junctions by a battery-powered source. We measure the current through the junctions by a battery-powered transimpedance amplifier, which is connected to a voltmeter through an isolation amplifier. We measure the reflection coefficient of the sample with a vector network analyser. Based on the power level of the vector network analyser and total attenuation, the power of the signal reaching the sample is around  $-100 \, dBm$  (Supplementary Fig. 2).

The quasiparticle temperature of the superconducting leads and the electron temperature of the normal-metal island differ from the base temperature due to leakage through the radiation shields. They also depend on the level of the probe signal. However, no significant changes were noticed in the range of powers from -95 dBm to -105 dBm.

**Device and model parameters.** The resonator frequency  $\omega_r$ , the external coupling strength  $\gamma_{tr}$ , the coupling strength  $\gamma_T$  and the excess coupling strength  $\gamma_0$  are extracted from the reflection coefficient measurements using equation (1) as follows. We assume that the measured reflection coefficient has a voltageindependent background arising, for example, from electrical delay or other reflections between the source and sample or between the sample and the vector network analyser. To remove this background, we first divide a finite-voltage trace of the measured reflection coefficient by the zero-voltage trace. A trace means here a measurement of the reflection coefficient as a function of frequency by keeping the single-junction bias voltage fixed. The above-discussed division procedure yields us a normalized reflection coefficient illustrated in Supplementary Fig. 6a. Next, we fit to this result an equation of the form  $r = \Gamma(V) / \Gamma(0)$ , where  $\Gamma$  is the reflection coefficient defined in equation (1) and V is the voltage corresponding to the finite-voltage trace. However, the value of the voltage V has no direct effect on the fit since we use the coupling strengths and the resonance frequencies as fitting parameters. We repeat this procedure for all values of the voltage V used in the measured traces and obtain averaged parameter values for the zero-voltage reflection coefficient in equation (1); that is, we obtain the background-subtracted trace  $\Gamma'(0)$ . Subsequently we recalculate the background-corrected result for each measured finite-voltage trace as  $\Gamma'(V) = r\Gamma'(0)$  (Supplementary Fig. 6b). This allows us to make a final fit of the data to equation (1) at each bias voltage. The results of this final fit are used in this manuscript.

The error bars for the fits to equation (1) are determined by drawing a circle of radius equal to the root-mean-square fit error in the complex plane for the reflection coefficient. The centre of the circle is placed at the resonance point of the least-squares fit according to equation (1). The confidence interval of each parameter is individually bounded by the condition that the resonance point of a function following equation (1) must lie within the circle when this parameter is varied but the other parameters correspond to the least-square fit.

The capacitance of the normal-metal island to ground  $C_{\Sigma m}$  is a typical value for metallic islands with superconductor–insulator–normal-metal junctions<sup>14,15</sup>. We calculate the impedance of the fundamental resonator mode as  $Z_r = (2/\pi)Z_0$ . Here,  $Z_0$  is the characteristic impedance of the coplanar waveguide structure obtained from the geometrical details of the device such as its centre conductor and gap width.

We extract the superconductor gap  $\Delta$ , the Dynes parameter  $\gamma_{\rm D}$  and the junction conductance  $G_{\Sigma}$  from the current–voltage characteristics of the superconductor-insulator-normal-metal-insulator-superconductor junction29. The Dynes parameter  $\gamma_D$  dominates the subgap current. The exact value of the junction conductance  $G_{\Sigma}$  is obtained from the slope of the current–voltage curve at voltages beyond the superconductor gap and from the coupling strength at the high-bias values  $\gamma_{\rm T} = \alpha^2 Z_{\rm r} G_{\Sigma} \omega_{\rm r}$  In refs.<sup>14,15</sup>, an extra pair of superconductorinsulator-normal-metal junctions served as a thermometer measuring the electron temperature of the normal-metal  $T_{\rm N}$ . From these measurements, we estimate the electron temperature of the normal metal in the samples studied here. With a 10 mK base temperature of the dilution refrigerator, the electron temperature  $T_{\rm N}$  thermalizes to the values in the range from 50 mK to 200 mK for an unbiased junction. The exact value of the electron temperature  $T_N$  in Table 1 is obtained by the best fit of the theoretical result to the data in Fig. 2c,d. For the higher cryostat temperatures in Fig. 3, we assumed that the electron temperature  $T_{\rm N}$  equals the base temperature.

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**Coupling strength from electron tunnelling.** Ref. <sup>28</sup> details the theory of the photon-assisted tunnelling at a normal-metal-insulator-superconductor junction. According to the theory, the photon-assisted tunnelling forms an electromagnetic environment for a quantum circuit, such as a high-quality superconducting resonator. See also ref. <sup>29</sup> for a general overview on tunnelling at nanostructures. For completeness, we present here the main results of the theory, namely the coupling strength and the effective temperature of the electromagnetic environment. Importantly, we extend the theory by the derivation of the Lamb shift in the next section.

We consider a normal-metal–insulator–superconductor junction at the energy bias E and define rate functions

$$F_{\rm f}(E) = \frac{1}{h} \int \mathrm{d}\varepsilon n_{\rm S}(\varepsilon) [1 - f_{\rm S}(\varepsilon)] f_{\rm N}(\varepsilon - E) \tag{3a}$$

$$F_{\rm b}(E) = \frac{1}{h} \int \mathrm{d}\varepsilon n_{\rm S}(\varepsilon) [1 - f_{\rm N}(\varepsilon)] f_{\rm S}(\varepsilon - E) \tag{3b}$$

where  $\varepsilon$  denotes electron energy. The functions  $F_i(E)$  and  $F_b(E)$  give the normalized rate of forward and backward quasiparticle tunnelling for a junction with conductance *G* equal to half of the conductance quantum  $G_0 = 2e^2/h$ . The tunnelling rates are dictated by the occupations of the normal metal and superconductors through the Fermi functions,  $f_N(\varepsilon)$  and  $f_S(\varepsilon)$ , respectively, as well as by the normalized quasiparticle density of the states in the superconductor

.

$$n_{\rm S}(\varepsilon) = \left| \operatorname{Re} \left\{ \frac{\varepsilon + i\gamma_{\rm D}\Delta}{\sqrt{(\varepsilon + i\gamma_{\rm D}\Delta)^2 - \Delta^2}} \right\} \right|$$
(4)

where  $\Delta$  is the superconductor gap parameter and  $\gamma_{\rm D}$  is the Dynes parameter (Table 1) characterizing the subgap density of states  $n_{\rm S}(0) \approx \gamma_{\rm D}$ . A tunnelling event shifts the charge of the resonator by an amount of  $\Delta Q = \alpha e$ , where  $\alpha = C_c / (C_c + C_{\rm Em})$  is a capacitance fraction of the normal-metal island. The charge shift induces transitions from the resonator energy eigenstate  $|m\rangle$  to the eigenstate  $|m'\rangle$   $(m-m' \geq 0)$  through the matrix element<sup>28,36</sup>

$$|M_{mm'}|^2 = \left|\int \psi_{m'}^* (Q - \alpha e) \psi_m(Q) dQ \right|^2 = e^{-\rho} \rho^{m-m'} \frac{m'!}{m!} [L_{m'}^{m-m'}(\rho)]^2$$
(5)

where  $\psi_m(Q) = \langle Q|m \rangle$  are the resonator energy eigenstates represented in the charge basis,  $\rho = \pi \alpha^2 Z_t / R_{\rm K}$  is an interaction parameter expressed in terms of the characteristic impedance  $Z_t$  of the resonator and  $L_{m'}^{m-m'}(\rho)$  denote the generalized Laguerre polynomials<sup>37</sup>.

The resonator transition rate becomes<sup>28</sup>

$$\Gamma_{m,m'}(V) = |M_{mm'}|^2 R_{\rm K} G_{\Sigma} \sum_{\tau=\pm 1} F_{\rm f} \left(\tau e V + \hbar \omega_{\rm r} (m-m') - E_{\rm N}\right)$$
(6)

where we have assumed that two superconductor–insulator–normal-metal junctions of the superconductor–insulator–normal-metal–insulator– superconductor construction are sufficiently identical, the electrodes are at equal temperatures, and that the charging energy  $E_{\rm N} = e^2/2(C_{\rm c} + C_{\Sigma m}) \sim h \times 10$  MHz of the normal-metal island is the smallest of the relevant energy scales of the set-up ( $\Delta$ ,  $\hbar \omega_{\rm r}$  and  $k_{\rm B} T_{\rm N}$ ). In a typical experimental scenario, the interaction parameter  $\rho$  is well below unity since  $Z_{\rm r} \ll R_{\rm K}$ . Thus, from equation (5) one sees that at low powers the dominant transitions are those between adjacent states  $\Gamma_{m,m-1}$  and  $\Gamma_{m,m+1}$ . In this case, we characterize the electromagnetic environment through its coupling strength  $\gamma_{\rm T}$ 

$$\gamma_{\rm T}(V,\omega_{\rm r}) = \pi \alpha^2 Z_{\rm r} G_{\Sigma} \sum_{\ell,\tau=\pm 1} \ell F_{\rm f} \left(\tau e V + \ell \hbar \omega_{\rm r} - E_{\rm N}\right)$$
(7)

as well as the effective mode temperature  $T_{\rm T}$ 

$$T_{\rm T}(V,\omega_{\rm r}) = \frac{\hbar\omega_{\rm r}}{k_{\rm B}} \left[ \ln \left( \frac{\sum_{r=\pm 1} F_{\rm f} \left( \tau eV + \hbar\omega_{\rm r} - E_{\rm N} \right)}{\sum_{r=\pm 1} F_{\rm f} \left( \tau eV - \hbar\omega_{\rm r} - E_{\rm N} \right)} \right) \right]^{-1}$$
(8)

which are defined through the mapping  $\Gamma_{m,m-1} = \gamma_T (N_T + 1)m$  and  $\Gamma_{m,m+1} = \gamma_T N_T (m+1)$  of the transition rates, where the mean number of excitations  $N_T = 1 / [e^{\hbar w_T / (k_B T_T)} - 1]$  defines the effective mode temperature  $T_T$ . Here,  $k_B$  is the Boltzmann constant.

The electron tunnelling across the normal-metal–insulator–superconductor junction, characterized by the tunnelling rate function  $F_{\rm f}(E)$  in equation (3a), defines the dependence of the coupling strength  $\gamma_{\rm T}$  on the resonator frequency  $\omega_{\rm r}$  and the bias voltage eV. To completely map the tunnelling rate function, one needs to measure both the coupling strength  $\gamma_{\rm T}$  and  $T_{\rm T}$ . In refs. <sup>14,15,28</sup>, we have probed these quantities with excellent agreement with the theoretical

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equations (7) and (8). Here, we probe the dependence of the coupling strength  $\gamma_{\rm T}$  on the bias voltage (Fig. 2c,d) and observe that the experimental results are in accordance with the theory. Combining these observations, we verify that our model is valid. The dependence of the coupling strength on the resonator frequency  $\omega_r$  originates from the same rate function summing to the voltage, thus validating the use of equation (7) in the calculation of the Lamb shift where it is used for a broad range of frequencies.

**Lamb shift from electron tunnelling.** We present here a derivation of the dynamic Lamb shift  $a_{L}^{dyn}$  of a resonator caused by the electron tunnelling at the two capacitively coupled superconductor–insulator–normal-metal junctions. The derivation follows the assumptions and guidelines of refs.<sup>28,29</sup>. We apply second-order perturbation theory, since the first-order correction vanishes (see the discussion below, after equation (12)). Thus, we start by introducing the unperturbed Hamiltonians of the electric circuit  $\hat{H}_0$  the normal-metal electrode  $\hat{H}_N$  and one of the superconducting leads  $\hat{H}_S$  for the system depicted in Fig. 1a:

$$\hat{H}_{0} = \sum_{Q_{\rm N} = -\infty}^{\infty} \sum_{m_{Q_{\rm N}} = 0}^{\infty} \left[ (E_{\rm N} Q_{\rm N}^{2} + \hbar \omega_{\rm r}^{0} m_{Q_{\rm N}}) \times |Q_{\rm N}, m_{Q_{\rm N}}\rangle \langle Q_{\rm N}, m_{Q_{\rm N}}| \right]$$
(9a)

$$\hat{H}_{\rm N} = \sum_{\ell\sigma} \varepsilon_{\ell} \hat{d}_{\ell\sigma}^{\dagger} \hat{d}_{\ell\sigma}$$
(9b)

$$\hat{H}_{\rm S} = \sum_{k\sigma} \left( \epsilon_k - eV \right) \hat{c}_{k\sigma}^{\dagger} \hat{c}_{k\sigma} + \sum_k \left( \Delta_k \hat{c}_{k\uparrow}^{\dagger} \hat{c}_{-k\downarrow}^{\dagger} + \Delta_k^* \hat{c}_{k\uparrow} \hat{c}_{-k\downarrow} \right) \tag{9C}$$

The Hamiltonian  $\hat{H}_0$  corresponds to the charge states of the normal-metal island  $Q_N, Q_N = 0, \pm 1, \ldots$  with the charging energy  $E_N = e^2/2C_N$  and to the resonator with the bare, unnormalized frequency  $\omega_r^0$  and Fock states  $|m\rangle$  displaced by the charge of the normal-metal island  $|Q_N, m_{Q_N}\rangle = \exp\left(-i\frac{C_c}{C_N}Q_N\frac{h}{\rho}\hat{\Phi}\right) |m\rangle |Q_N\rangle$ , where  $m=0, 1, 2, \ldots$ . Here,  $\hat{\Phi}$  refers to the flux of the resonator, e is the elementary charge,  $C_c$  is the coupling capacitance, and  $C_N = C_c + C_{\Sigma_M}$  is the capacitance of the normal-metal island. The energy of the normal-metal (superconducting) lead is represented by  $\hat{H}_N$  ( $\hat{H}_S$ ), where the annihilation operator  $\hat{d}_{\ell\sigma}$  ( $\hat{c}_{k\sigma}$ ) refers to the quasiparticle state with momentum  $\ell$  (k), energy  $\varepsilon_\ell$  ( $c_k$ ) and spin  $\sigma$ . The gap parameter coupling the quasiparticles of the superconductor is denoted by  $\Delta_k$ . The bias voltage displaces the energy of the superconductor quasiparticles by eV.

The perturbation is caused by the quasiparticle tunnelling between the normal-metal and superconducting leads represented by the tunnelling Hamiltonian<sup>29</sup>

$$\hat{H}_{\mathrm{T}} = \sum_{\ell k \sigma} \left( T_{\ell k} \hat{d}_{\ell \sigma}^{\dagger} \hat{c}_{k \sigma} \mathrm{e}^{-\mathrm{i} \frac{\ell}{\hbar} \hat{\boldsymbol{\Phi}}_{\mathrm{N}}} + T_{\ell k}^{*} \hat{d}_{\ell \sigma} \hat{c}_{k \sigma}^{\dagger} \mathrm{e}^{\mathrm{i} \frac{\ell}{\hbar} \hat{\boldsymbol{\Phi}}_{\mathrm{N}}} \right)$$

$$= \hat{\boldsymbol{\Theta}} \mathrm{e}^{-\mathrm{i} \frac{\ell}{\hbar} \hat{\boldsymbol{\Phi}}_{\mathrm{N}}} + \hat{\boldsymbol{\Theta}}^{\dagger} \mathrm{e}^{\mathrm{i} \frac{\ell}{\hbar} \hat{\boldsymbol{\Phi}}_{\mathrm{N}}}$$

$$(10)$$

where  $T_{rk}$  is a tunnelling matrix element. The perturbation separates into the electronic and electric parts. The electronic part  $\hat{\mathcal{O}}$  describes the quasiparticle transitions and the electric part  $e^{\pm t_{h}^{2} \hat{\mathcal{O}}_{N}}$  describes the associated transitions in the state of the electromagnetic degrees of freedom, namely, the displacement of the island charge  $\hat{Q}_{N} \rightarrow \hat{Q}_{N} \pm e$ , where  $\hat{\Phi}_{N}$  and  $\hat{Q}_{N}$  refer to the flux and charge of the normal-metal island. This tunnelling Hamiltonian corresponds to the transitions through one of the superconductor–insulator–normal-metal junctions. Small junction conductance  $G_{T} \lesssim 100\,\mu\text{S}$  implies that the probability for co-tunnelling is negligibly small and tunnelling at the two junctions can be considered separately. We add the contribution of the other junction below.

The energy-level shift  $\hbar\delta_\eta$  by the second-order time-independent perturbation theory is

$$\hbar\delta_{\eta} = E_{\eta} - E_{\eta}^{0} = -\sum_{\eta' \neq \eta} \frac{\left|\langle \eta' \mid \hat{H}_{\mathrm{T}} \mid \eta \rangle\right|^{2}}{E_{\eta'} - E_{\eta}}$$
(11)

where  $|\eta\rangle = |Q_N, m_{Q_N}, \ell, k\rangle$  is a notation for the combined state of the unperturbed system with the total energy  $E_\eta = E_N Q_N^2 + \hbar \omega_r^0 m + \epsilon_\ell + \epsilon_k$ . Since  $e^{\pm i \frac{\hbar}{\hbar} \hat{\Phi}_N}$  is the displacement operator of the island charge, it yields the matrix element of the electric circuit

$$\langle m_{Q'_{N}}, Q'_{N} | e^{\pm i \frac{e}{\hbar} \hat{\Phi}_{N}} | Q_{N}, m_{Q_{N}} \rangle = \delta_{Q'_{N}, Q_{N\pm 1}} \langle m'_{Q_{N\pm 1}} | m_{Q_{N}} \rangle$$

$$= \delta_{Q'_{N}, Q_{N\pm 1}} \langle m'_{\pm 1} | m \rangle$$

$$= \delta_{Q'_{N}, Q_{N\pm 1}} M_{mm'}$$

$$(12)$$

where  $M_{mm'}$  is the matrix element in equation (5) between the charge-shifted Fock states of the resonator. Note that since the matrix element of equation (12) involves a charge shift, the energy shift by the diagonal first-order perturbation theory vanishes.

Given the matrix element of the electric circuit of equation (12), the frequency shift of equation (11) reduces to

$$\hbar \delta_{\eta} = -\sum_{m',\ell',k'} |M_{mm'}|^{2} \left[ \frac{|\langle \ell'k'| \hat{\Theta}^{\dagger} |\ell'k \rangle|^{2}}{E_{N}(1-2Q_{N}) + \hbar \omega_{\Gamma}^{0}(m'-m) + E_{\ell'k'} - E_{\ell k}} + \frac{|\langle \ell'k'| \hat{\Theta} |\ell'k \rangle|^{2}}{E_{N}(1+2Q_{N}) + \hbar \omega_{\Gamma}^{0}(m'-m) + E_{\ell'k'} - E_{\ell k}} \right]$$
(13)

Since the charging energy  $E_N = e^2/2(C_c + C_{\Sigma m}) \sim h \times 10$  MHz is the smallest of the relevant energy scales of the set-up  $(\Delta, \hbar \omega_r^0 \text{ and } k_B T_N)$ , we can expand equation (13) in  $2E_N Q_N$  and average over the symmetric charge-state distribution  $P_{Q_N}$  (ref.<sup>28</sup>). Furthermore, we trace over the state of the normal-metal and the superconducting leads. The result is

$$\begin{split} \hbar \tilde{\delta}_{m} &= \sum_{\ell,k} \sum_{Q_{N}} P_{Q_{N}} \delta_{Q_{N}m\ell k} \\ &= -\sum_{m'} \sum_{\ell,\ell'} \sum_{k,k'} |M_{mm'}|^{2} \left[ \frac{|\langle \ell'k'| \ \hat{\Theta}^{\dagger} |\ell k \rangle|^{2}}{E_{N} + \hbar \omega_{r}^{0} (m' - m) + E_{\ell'k'} - E_{\ell k}} \right] \end{split}$$
(14)
$$&+ \frac{|\langle \ell'k'| \ \hat{\Theta} |\ell k \rangle|^{2}}{E_{N} + \hbar \omega_{r}^{0} (m' - m) + E_{\ell'k'} - E_{\ell k}} \end{split}$$

From equation (5) we expand  $|M_{mm'}|^2$  up to the first order in  $\rho$ , which is justified by the typical experimental values  $\rho \approx 0.001$ , resulting in  $|M_{m,m_l}|^2 = 1 - (1 + 2m)\rho + O(\rho^2)$ ,  $|M_{m,m+1}|^2 = \rho(m+1) + O(\rho^2)$ ,  $|M_{m,m-1}|^2 = \rho m + O(\rho^2)$  and  $|M_{m,m\pm s}|^2 = O(\rho^s)$  for  $s \ge 2$ . By taking into account the terms up to the first order in  $\rho$ , we obtain that the dynamic Lamb shift of the harmonic oscillator  $\omega_L = \tilde{\delta}_{m+1} - \tilde{\delta}_m$  is

$$\omega_{\mathrm{L}}^{\mathrm{dyn}} = \frac{\rho}{\hbar} \sum_{\ell,\ell'} \sum_{kk'} \sum_{r=\pm 1} \left( \frac{\left| \langle \ell'k' | \ \hat{\Theta}^{\dagger} | \ell k \rangle \right|^{2} + \left| \langle \ell'k' | \ \hat{\Theta} | \ell k \rangle \right|^{2}}{E_{\mathrm{N}} + E_{\ell'k'} - E_{\ell k}} - \frac{\left| \langle \ell'k' | \ \hat{\Theta}^{\dagger} | \ell k \rangle \right|^{2} + \left| \langle \ell'k' | \ \hat{\Theta} | \ell k \rangle \right|^{2}}{E_{\mathrm{N}} + \tau \hbar \omega_{\mathrm{r}}^{0} + E_{\ell'k'} - E_{\ell k}} \right)$$

$$= \omega_{\mathrm{Leh}}^{\mathrm{dyn}} + \omega_{\mathrm{Lph}}^{\mathrm{dyn}}$$
(15)

where we have denoted the first and the second part by  $\omega_{\text{Lel}}^{\text{dyn}}$  and  $\omega_{\text{Lph}}^{\text{dyn}}$ . The part  $\omega_{\text{Lph}}^{\text{dyn}}$  originates from the photon-assisted transitions, whereas the part  $\omega_{\text{Lel}}^{\text{dyn}}$  originates from the elastic transitions and can be expressed as  $\omega_{\text{Lel}}^{\text{dyn}} = -\lim_{\omega_r^0 \to 0} \omega_{\text{Lph}}^{\text{dyn}} (\omega_r^0)$ . Thus, we begin by simplifying  $\omega_{\text{Lph}}^{\text{dyn}}$ 

To calculate the matrix elements of the quasiparticle transitions  $|\langle \ell'k'| \hat{\Theta} |\ell'k \rangle|$ in equation (15), we proceed similarly as in refs.<sup>28,29</sup> by expressing the matrix elements in terms of the Fermi functions of the normal-metal  $f_N(\varepsilon)$ and superconducting leads  $f_{\zeta}(\varepsilon)$  and the normalized quasiparticle density of the states in the superconductor  $n_S(\varepsilon)$ . Furthermore, we assume that the tunnelling matrix elements  $T_{\ell k}$  are approximately constant around the Fermi energies and their effect can be expressed with the junction conductance  $G_{\Gamma}$ . The result is

$$\omega_{\rm L}^{\rm ph} = -\frac{\rho}{2\pi} R_{\rm K} G_{\rm T} 
\sum_{r=\pm 1} \left\{ \frac{1}{h} {\rm PV} \iint_{-\infty}^{\infty} d\epsilon_k d\epsilon_\ell \frac{n_{\rm S}(\epsilon_k) [1-f_{\rm S}(\epsilon_k)] f_{\rm N}(\epsilon_\ell)}{E_{\rm N} + \tau \hbar \omega_{\rm r}^0 - eV + \epsilon_k - \epsilon_\ell} + \frac{1}{h} {\rm PV} \iint_{-\infty}^{\infty} d\epsilon_k d\epsilon_\ell \frac{n_{\rm S}(\epsilon_k) f_{\rm S}(\epsilon_k) [1-f_{\rm N}(\epsilon_\ell)]}{E_{\rm N} + \tau \hbar \omega_{\rm r}^0 + eV + \epsilon_\ell - \epsilon_k} \right\}$$
(16)

where PV denotes the Cauchy principal value integration. Next we consider also the other normal-metal-insulator-superconductor junction in the construction. By assuming that the temperatures of all the leads in the construction are identical  $(f_N = f_S)$  and that the junction conductances are identical, it follows that the only difference in the derivation of the Lamb shift by the other junction is that the bias voltage is opposite  $eV \rightarrow -eV$  in equation (16). We sum up the contributions from both junctions resulting in

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$$\omega_{\text{L,ph}}^{\text{dyn}} = -\frac{\rho}{2\pi} R_{\text{K}} G_{\text{T}} 
\sum_{\sigma=\pm 1} \sum_{\tau=\pm 1} \left\{ \frac{1}{h} PV \\ \iint_{-\infty}^{\infty} de_{k} de_{\ell} \frac{n_{\text{S}}(\epsilon_{k}) [1 - f(\epsilon_{k})] f(\epsilon_{\ell} - \sigma eV - \tau \hbar \omega_{\text{r}}^{0} + E_{\text{N}})}{\epsilon_{k} - \epsilon_{\ell}} \\ -\frac{1}{h} PV \iint_{-\infty}^{\infty} d\epsilon_{k} d\epsilon_{\ell} \\ \frac{n_{\text{S}}(\epsilon_{k}) f(\epsilon_{k}) [1 - f(\epsilon_{\ell} - \sigma eV - \tau \hbar \omega_{\text{r}}^{0} - E_{\text{N}})]}{\epsilon_{k} - \epsilon_{\ell}} \right\}$$
(17)

Next we utilize the notion of the normalized rate of forward  $F_{\rm f}(E)$  and backward  $F_{\rm b}(E)$  quasiparticle tunnelling in equations (3a) and (3b). These rates obey the symmetry  $F_{\rm f}(-E) = F_{\rm b}(E)$ ; thus, equation (17) can be expressed in a simpler form

$$\begin{split} \omega_{\text{L,ph}}^{\text{dyn}} &= -\frac{\rho}{\pi} R_{\text{K}} G_{\text{T}} \sum_{\sigma=\pm 1} \sum_{r=\pm 1}^{\infty} \text{PV} \int_{-\infty}^{\infty} d\epsilon \frac{F_{\text{f}}(\epsilon + \sigma eV + \tau \hbar \omega_{\text{r}}^{0} - E_{\text{N}})}{\epsilon} \\ &= -\pi \alpha^{2} Z_{\text{r}} G_{\Sigma} \sum_{\sigma=\pm 1} \sum_{r=\pm 1}^{\infty} \left[ \text{PV} \int_{0}^{\infty} \frac{d\omega}{2\pi} \frac{\tau F_{\text{f}}(\sigma eV + \tau \hbar \omega - E_{\text{N}})}{\omega - \omega_{\text{r}}^{0}} \right] \end{split}$$
(18)  
$$+ \text{PV} \int_{0}^{\infty} \frac{d\omega}{2\pi} \frac{\tau F_{\text{f}}(\sigma eV + \tau \hbar \omega - E_{\text{N}})}{\omega + \omega_{\text{r}}^{0}} \end{split}$$

where the total conductance is  $G_{\Sigma} = 2G_{T}$ . Furthermore, by expressing equation (18) in terms of the coupling strength  $\gamma_{T}$  of the effective electromagnetic environment derived in ref.<sup>28</sup>

$$\gamma_{\rm T}(V,\omega) = \pi \alpha^2 Z_{\rm r} G_{\Sigma} \sum_{\sigma=\pm 1} \sum_{\tau=\pm 1} \tau F_{\rm f}(\sigma e V + \tau \hbar \omega - E_{\rm N})$$
(19)

we finally arrive at the dynamic Lamb shift by both the photon-assisted and elastic tunnelling transitions  $\omega_{L}^{dyn} = \omega_{Lph}^{dyn} + \omega_{Lel}^{dyn} = \omega_{Lph}^{dyn} (\omega_r^0) - \lim_{\omega_r^0 \to 0} \omega_{Lph}^{dyn} (\omega_r^0)$ 

$$\omega_{\rm L}^{\rm dyn}(V,\omega_{\rm r}^{0}) = -PV \int_{0}^{\infty} \frac{\mathrm{d}\omega}{2\pi} \left[ \frac{\gamma_{\rm T}(V,\omega)}{\omega - \omega_{\rm r}^{0}} + \frac{\gamma_{\rm T}(V,\omega)}{\omega + \omega_{\rm r}^{0}} - 2\frac{\gamma_{\rm T}(V,\omega)}{\omega} \right]$$
(20)

The first two terms originate from the photon-assisted tunnelling processes. Hence, they depend on the resonator frequency. The third term originates from the elastic tunnelling and is independent of the resonator frequency. Importantly, the elastic tunnelling affects the energy levels despite exchanging no energy with the resonator and having no contribution to the coupling strength  $\gamma_{\rm T}$  or the effective temperature  $T_{\rm T}$ .

**Lamb shift from the Kramers–Kronig relations.** In general, causality imposes restrictions on linear-response coefficients in frequency space, referred to as Kramers–Kronig relations<sup>31</sup>. In particular, the real and the imaginary part of any physical admittance  $Y(\omega)$  are related by the Hilbert transform that reads

Im 
$$Y(\omega) = PV \int_{-\infty}^{\infty} \frac{d\omega'}{\pi} \frac{ReY(\omega')}{\omega' - \omega}$$
  
=  $PV \int_{0}^{\infty} \frac{d\omega'}{\pi} Re Y(\omega') \left(\frac{1}{\omega' - \omega} - \frac{1}{\omega' + \omega}\right)$  (21)

As above, we model the resonator without coupling to the environment as a harmonic oscillator realized by a parallel *LC* circuit with voltage *V*, characteristic impedance  $Z_r$  and resonance frequency  $\omega_r^0$ . The environment adds a small shunting admittance with  $|Y| Z_r \ll 1$ . The Kirchhoff current rule reads

$$V(\omega) \left| \frac{i[\omega^2 - (\omega_r^0)^2]}{Z_r \omega_r^0 \omega} + Y(\omega) \right| = 0$$
(22)

where the first term in the bracket is the admittance of the resonator. The modes of the system thus correspond to the roots of the term in the bracket. Given the fact that the shunt is small, we can obtain an approximate expression for the position (frequency and damping) of the eigenmode including the environment. In particular, we parameterize the root by  $\omega = \omega_n^0 + \omega_L^{dyn} + i\gamma_T / 2$  with  $\omega_L^{dyn}$  being the dynamic Lamb shift and  $\gamma_T$  being the coupling strength to the environment. As a result, we obtain a relation of the admittance to the relevant quantities of the form

$$\omega_{\rm L}^{\rm dyn}(\omega_{\rm r}^{0}) = -\frac{\omega_{\rm r}^{0} Z_{\rm r}}{2} \operatorname{Im} Y(\omega_{\rm r}^{0})$$
(23a)

$$\gamma_{\rm T}(\omega_{\rm r}^{0}) = \omega_{\rm r}^{0} Z_{\rm r} \text{Re } Y(\omega_{\rm r}^{0})$$
(23b)

With these relations, we obtain from equation (21) the Kramers–Kronig-type relation between the coupling strength and the dynamic Lamb shift

$$\omega_{\rm L}^{\rm dyn}(\omega_{\rm r}^{\rm 0}) = -PV \int_0^\infty \frac{{\rm d}\omega}{2\pi} \frac{\gamma_{\rm T}(\omega)}{\omega} \left( \frac{\omega_{\rm r}^{\rm 0}}{\omega - \omega_{\rm r}^{\rm 0}} - \frac{\omega_{\rm r}^{\rm 0}}{\omega + \omega_{\rm r}^{\rm 0}} \right)$$
(24)

Note that this expression coincides with equation (20).

However, we stress that a frequency-independent coupling strength  $\gamma_T$  gives rise to a vanishing Lamb shift in equation (24) and similarly a frequencyindependent Lamb shift yields a vanishing contribution to the coupling strength. Thus, equations (21), (23a) and (23b) are valid only up to frequency-independent shifts. These frequency-independent shifts are identical to the static Lamb shifts we consider in the main text in addition to the dynamic Lamb shift given by equations (20) and (24). If a static shift is independent of the bias voltage, it is not resolved in the experiment, and hence we consider only static shifts linear in the coupling strength, that is, the lowest-order static corrections to the dynamic shift.

#### Data availability

The data that support the findings of this study are available at https://doi. org/10.5281/zenodo.1995361.

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