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Published in:
ACS Applied Bio Materials

DOI:
10.1021/acsabm.9b00172

Published: 20/05/2019

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Self-Assembly, Antimicrobial Activity, and Membrane Interactions of Arginine-Capped Peptide Bola-Amphiphiles

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ABSTRACT: The self-assembly and antimicrobial activity of two novel arginine-capped bola-amphiphile peptides, namely RA6R and RA9R (R, arginine; A, alanine) are investigated. RA6R does not self-assemble in water due to its high solubility, but RA9R self-assembles above a critical aggregation concentration into ordered nanofibers due to the high hydrophobicity of the A9 block. The structure of the RA9R nanofibers is studied by cryogenic transmission electron microscopy (cryo-TEM) and small-angle X-ray scattering (SAXS). Circular dichroism spectroscopy shows that both RA6R and RA9R adopt coil conformations in water at low concentration, but only RA9R adopts a β-sheet conformation at high concentration. SAXS and differential scanning calorimetry are used to study RA6R and RA9R interactions with a mixed lipid membrane that models a bacterial cell wall, consisting of multilamellar 1,2-dipalmitoyl-sn-glycero-3-phosphoglycerol/1,2-dipalmitoyl-sn-glycero-3-phosphoethanolamine vesicles. Cytotoxicity studies show that RA6R is more cytocompatible than RA9R. RA6R has enhanced activity against the Gram-negative pathogen P. aeruginosa at a concentration where viability of mammalian cells is retained. RA9R has little antimicrobial activity, independently of concentration. Our results highlight the influence of the interplay between relative charge and hydrophobicity on the self-assembly, cytocompatibility, and bioactivity of peptide bola-amphiphiles.

KEYWORDS: peptides, antimicrobial peptides, antibacterials, self-assembly, lipid membranes

INTRODUCTION

The increasing occurrence of antibiotic resistant pathogens is leading to an urgent need to discover or design novel therapeutics to combat this issue. One important class of therapeutics is antimicrobial peptides. Antimicrobial peptides are attractive since many are expressed naturally, and this can be used as a basis for novel compounds and also due to their ease of biofunctionalization and biocompatibility.1−3 Many organisms, for example, fungi, have naturally evolved host defense antimicrobial peptides, which can be used as actives themselves, or form the basis of designed synthetic materials. Antimicrobial peptides with the ability to self-assemble may be active without the need for carrier molecules.

A class of peptide with strong self-assembly properties are surfactant-like peptides (SLPs), initially developed by Zhang et al.4−7 These peptides are short, consisting of one or two charged residue headgroup, with a longer hydrophobic sequence as a tail group. Peptides with various cationic and anionic headgroups, and different hydrophilic amino acid tail
groups (including alanine, glycine and valine repeat units), have been studied. Previously our group has studied the conformation and nanostructure of SLPs including A$_3$R, A$_6$H, A$_6$K, A$_6$R, capA$_6$R, A$_6$RGD, and A$_6$D. Self-assembly was observed for all of these peptides, above a critical aggregation concentration ($c_{ac}$), into a variety of structures including nanosheets, helical ribbons, fibrils, vesicles, nanotubes, and nanotapes, with a range of potential applications.

SLPs with cationic head groups have been shown to have antimicrobial activity. A$_6$R was shown to have antimicrobial activity against *E. coli* and *S. aureus*, although interactions with zwitterionic mammalian lipid membrane model DPPC (1,2-dipalmitoyl-sn-glycero-3-phosphocholine) did not lead to breakup of these lipid vesicles. Recently, the conformation, self-assembly, and interactions with lipid membranes were studied for capA$_6$R, which is capped at both termini (CONH-AAAAAAR-NH$_2$) to modulate electrostatic interactions. Interactions with zwitterionic membrane models (POPC/DOPC) [POPC: 2-oleoyl-1-palmitoyl-sn-glycero-3-phosphocholine, DOPC: 1,2-dioleoyl-sn-glycero-3-phosphocholine] and mixtures (POPG/POPE) [POPG: 2-oleoyl-1-palmitoyl-sn-glycero-3-phospho-rac-(1-glycerol) sodium salt, POPE: 2-oleoyl-1-palmitoyl-sn-glycero-3-phosphoethanolamine] containing the anionic POPG lipid were studied by SAXS and circular dichroism spectroscopy. CapA$_6$R was found to incorporate into the anionic membrane in a $\beta$-sheet conformation, in contrast to the uncapped peptide A$_6$R (NH$_2$-AAAAAAR-OH). CapA$_6$R was found to have a strong selective antimicrobial activity against *Listeria monocytogenes*, compared to A$_6$R which shows nonselective activity. SLPs A$_6$K, A$_9$K, and A$_9$R were shown to assemble into increasingly ordered structures with increased length of the alanine hydrophobic motif. Interestingly, the antimicrobial activity of these peptides also increased with the length of the hydrophobic motif, with A$_6$K showing no antimicrobial activity, and A$_9$K and A$_9$R showing activity against *E. coli* and *S. aureus*, which are Gram-negative and -positive, respectively.

Peptide bola-amphiphiles are a class of surfactant-like peptides. These peptides incorporate a charged residue at either end of the molecule. The self-assembly behavior of these SLPs has been investigated. The self-assembly of I$_2$K$_2$I$_2$ and KI$_4$K has been compared, and it was reported that the former does not aggregate whereas the latter aggregates into $\beta$-sheet nanotubes. In another example, the self-assembly ability of arginine based bola-amphiphile RFL$_4$FR was investigated and it was found to form nanosheets through lateral association of the backbone and dried films were compatible with human corneal stromal fibroblast cells. Recently our group studied the self-assembly, antimicrobial activity, and membrane interaction of a short bola-amphiphile consisting of arginine and alanine residues, RA$_3$R. RA$_3$R was found to form a polyproline II (collagen-like) secondary structure, but it does not assemble in water probably due the solubility imparted by the R residues. RA$_3$R was found to induce strong correlation between anionic lipid bilayers through electrostatic interactions with POPG and demonstrates strong activity against the Gram-positive foodborne pathogen *L. monocytogenes*.

Here we investigate the self-assembly of the two peptide bola-amphiphiles RA$_6$R and RA$_9$R (shown in Scheme 1). This
work follows on from the previous work on RA₆R and investigates the effect of longer hydrophobic alanine motifs on the self-assembling propensity, interactions with lipid membranes, biocompatibility, and antimicrobial activity. The self-assembly of RA₆R and RA₉R is studied in aqueous solution, in contrast with the previous study on RA₃R, we include an important class of animal and plant pathogen.

Different bacteria species have distinct compositions of PG and PE lipids in their membranes, and there are also significant membrane architecture differences between Gram-positive and Gram-negative bacteria. We have selected DPPG/DPPE lipid mixtures for the present study because both lipids have accessible melting temperatures (in contrast to POPG used in our previous studies which has Tm = −2 °C). This lipid system has been utilized in previous studies on antimicrobial peptide–membrane interactions. Finally, we examine the cytocompatibility and antimicrobial activity of RA₆R and RA₉R. In contrast with the previous study on RA₆R, we include an examination of antibacterial activity against Pseudomonas species, an important class of animal and plant pathogen.

**METHODS**

**Materials.** Peptides RA₆R and RA₉R were supplied by Biomatik (Cambridge, Ontario, Canada). RA₆R purity was 98.86% by HPLC using an Inertsil ODS-SP column with acetonitrile/water (0.1% TFA) gradient. RA₉R molar mass by ESI-MS was 970.65 g mol⁻¹ (M+H⁺, 756.87 g mol⁻¹ expected). RA₆R purity was 96.56% by HPLC using an Inertsil ODS-SP column with acetonitrile/water (0.1% TFA) gradient. RA₆R molar mass by ESI-MS was 970.65 g mol⁻¹ (M+H⁺, 756.87 g mol⁻¹ expected). Solutions containing pure peptide in water were made by dissolving weighed amounts of peptide in water, which were left to equilibrate for 3 h. The pH was measured as a function of peptide concentration, and the data are shown in Figure S1. Lipids DPPG and DPPE were obtained from Sigma-Aldrich. Details of multimellar lipid vesicle preparation are given below.

**Fluorescence Assays.** The presence of any critical aggregation concentration (cac) was assayed using fluorescence probes, measuring spectra for a series of peptide concentrations. Fluorescence spectra were recorded with a Varian Cary Eclipse fluorescence spectrometer with samples in 4 mm inner width quartz cuvettes. ThT was used to determine the cac of RA₆R, as it is sensitive to the formation of amyloid fibrils at the cac. ThT assays were performed using 5.0 × 10⁻⁵ M of peptide solution to solubilize the peptide. Spectra were recorded between 460 and 600 nm. ANS (8-anilinonaphthalene-1-sulfonic acid) was further used to examine whether there is a cac for RA₆R. ANS is a fluorescent probe used to determine the formation of molecular hydrophobic environments in solution and can be used to determine the cac independent from self-assembly into amyloid fibers.

**Circular Dichroism (CD) Spectroscopy.** CD spectra were recorded as described previously. Samples containing 1 wt % RA₆R or RA₉R in pure H₂O were pipetted into 0.01 mm path length quartz cuvettes or 0.1 mm quartz cuvettes.

**Fourier Transform Infrared (FTIR) Spectroscopy.** Spectra were recorded as described previously. Aliquots containing 80 µL of (1−5) wt % RA₆R or RA₉R in D₂O were prepared and added to a PEARL liquid cell.

**Cryogenic Transmission Electron Microscopy (Cryo-TEM).** Samples were imaged as described previously.

**Rheology.** Measurements were carried out as described previously.

**Liposome Preparation.** Liposome vesicles were prepared using the thin-layer hydration method. Weighed quantities of DPPG and DPPE were dissolved in chloroform, and thin lipid films were prepared as described previously. After this, lipids were resuspended in water at 0.5 wt % lipid, heated at 65 °C, above their lipid melting temperature, Tm, and vortexed for 5 min. Liposome mixtures were then left to equilibrate for 3 h before experiments. DPPG/DPPE vesicles were prepared using this method at different molar ratios of 1:3, 1:1, 3:1, and 1:0 DPPG:DPPE. Lipid/lipid mixtures were made by adding enough peptide powder to resuspended lipids to obtain a final concentration of 0.08 or 0.25 wt % peptide. Peptide/lipid samples were then heated above the Tm and vortexed for 5 min and finally left to equilibrate for 3 h before experiments.

**Nano Differential Scanning Calorimetry (Nano-DSC).** Differential scanning calorimetry measurements were carried out using a nanoDSC, DSC TA-Q200 instrument. Aliquots of 600 µL of lipid mixtures at 0.5 wt % with and without 0.08 wt % peptide were degassed for 10 min before being pipetted into the DSC sample cell. An amount 600 µL of water was pipetted into the reference cell. The temperature range measured was 20 to 80 °C for DPPG/DPPE mixtures and 20 to 60 °C for DPPG alone. The scan rate was 1 °C per minute at a pressure of 3 bar. Background subtraction, main phase transition temperature, and the transition enthalpy, ΔH, were calculated using nanoanalyse software.

**Small-Angle X-ray Scattering (SAXS).** Data from solutions were collected on the bioSAXS beamlines B21 (Diamond Light Source, UK) and ID02 (ESRF, Grenoble). At the former, liposome and peptide samples were loaded into PCR tubes in an automated sample changer, and measurements were performed as described previously. Data were processed using ScAtter and are presented as a function of q = 4π sin θ/λ. At the ESRF (ID02), 200 µL of sample was manually loaded into a glass capillary with a 2 mm internal radius. The beamline operated with λ = 1 Å and a sample–detector distance of 1.47 m. The SAXS data from B21 and ID02 were fitted using model form factors using the software SASfit. SAXS from hydrogels was collected on beamline BM26B (DUBBLE) at the ESRF. On BM26B, the measurements on gels were performed as described previously.

**Cell Viability Assays.** In vitro cell culture was conducted using 161Br (European Collection of Authenticated Cell Cultures, ECACC) cells, a human skin fibroblast cell line. Cells were maintained in a humidified atmosphere at 37 °C, 5% CO₂, and cultured in EMEM (Eagle’s minimum essential medium), with 2 mM glutamine, enriched with 15% fetal bovine serum (FBS) and 1% nonessential amino acids (NEAA).

Potential cytotoxicity effects of RA₆R and RA₉R were examined using an MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay. Cells were seeded into a 96-well plate at 4 × 10⁴ cells/mL and allowed to adhere for 24 h in 100 µL of complete medium. After this, peptides were dissolved in complete medium, and 100 µL of either complete medium or peptide solution was added to give either control solution (complete medium only) or peptide solutions with concentrations in the range 0.05−5 mg/mL.

Cells were incubated for 67 h. Following this, 20 µL of MTT (5 mg/mL, in PBS) was pipetted into each well plate and allowed to incubate for 5 h. After a further 5 h (corresponding to a total of 72 h treatment), the solution was removed from the wells and replaced with 100 µL of DMSO per well to dissolve the formazan crystals. Absorbance was measured as described previously.

**Antimicrobial Assays.** The antimicrobial assays were performed with three types of bacteria, Escherichia coli, Staphylococcus aureus, and Pseudomonas aeruginosa. Culture methods are as described previously.

**RESULTS AND DISCUSSION**

We first characterize the self-assembly of RA₆R and RA₉R in water using CD, FTIR, XRD, SAXS, and cryo-TEM. We then study the interaction of RA₆R and RA₉R with model bacterial
membrane walls represented by DPPG/DPPE multilamellar vesicles. Finally, we study the cytotoxicity and antimicrobial activity of RA6R and RA9R. We discuss our results in terms of the interplay between molecular structure, peptide self-assembly and biological activity.

Peptide Self-Assembly. ANS and ThT fluorescence assays were performed to determine the cac for RA6R in water (Figure S2), as they probe hydrophobic collapse (ANS) or amyloid fibril formation (ThT).32,41 ANS and ThT assays provided no evidence of peptide aggregation up to 1 wt % RA6R since there were no discontinuities in the fluorescence spectra for either fluorescence probe (Figure S2). In fact, CD, FTIR, XRD, and SAXS experiments, performed to study the secondary structure of RA6R in water, indicate that this peptide does not form defined aggregates.

The CD spectra for (0.5−1) wt % RA6R are characterized by a broad positive maximum at ~220 nm and a deep negative band around 190 nm (Figure 1a) and can be assigned to a polyproline II (PPII) conformation.20,42−46 The FTIR spectrum for a 1 wt % sample (Figure 1b) shows bands at 1672 cm⁻¹, 1647 cm⁻¹, 1608 cm⁻¹, and 1587 cm⁻¹, the first of which can be assigned to TFA counterions in solution,47,48 the 1647 cm⁻¹ peak is due to disordered structure, and the latter two peaks can be assigned to arginine side chain vibrations.49,50 A shoulder peak at 1675 cm⁻¹ is observed for 2 wt % RA6R, which is characteristic of short peptides with a PPII structure, in agreement with the CD spectra (Figure 1a).51,52 The XRD profile (Figure 1c) shows a peak at 4.6 Å corresponding to a disordered side-to-side packing of the RA6R molecules.53

SAXS data for RA6R (Figure 1d) show the features of peptide monomers. The SAXS curves were fitted to a generalized Gaussian coil model, corresponding to coil-like molecules in solution with different degrees of solvation. The parameters fitted using the generalized Gaussian model were the radius of gyration of the peptide Rg and the Flory exponent ν. Fittings in Figure 1d provided Rg = 7.0 Å, 7.16 Å, 6.94 Å and ν = 0.64, 0.24, 0.20 for 1, 5, and 15 wt % RA6R, respectively. This set of parameters implies that RA6R is in a swollen conformation at 1 wt % and a relatively folded conformation at 5 and 16 wt %. Cryo-TEM images of RA6R solutions show the formation of occasional clusters of monomers (results not shown).

The self-assembly of RA9R in water was studied following the same procedure used for RA6R. Results from the ThT assay (Figure 2a) shows that RA9R aggregates into amyloid fibers above a cac = (0.18 ± 0.03) wt %. CD shows that the peptide adopts a predominantly PPII like conformation up to 1 wt % but at higher concentration forms β-sheet structures (Figure 2b). The PPII structure clearly persists at concentrations above the cac from the ThT assay. The secondary structure at 1 wt % remains predominantly PPII like upon heating (Figure S3a), but changes into a β-sheet conformation, characterized by the minimum near 216 nm, upon drying the sample (Figure S3b). The FTIR spectrum for 1 wt % RA9R (Figure 2c) shows peaks at 1672 cm⁻¹, 1647 cm⁻¹, 1608 cm⁻¹, and 1587 cm⁻¹, which are respectively assigned to modes associated with TFA counterions,47,48 disordered structure, and arginine vibrational modes,49,50 as stated earlier. Upon increasing concentration to 5 wt %, a strong peak develops at 1622 cm⁻¹, which is due to β-sheet structure.50,53

The XRD profile of RA9R (Figure 2d) shows a 5.32 Å reflection, which can be assigned to the packing of polyalanine β-sheets,12 with interstrand and intrastrand spacings of 4.32 Å, 3.72 Å, 2.83 Å, 2.39 Å, and 2.26 Å. Interestingly, we observed that RA9R has the ability to form a weak gel at a concentration of 5 wt %, which is likely to result from the change in

Figure 1. Conformational and structural characterization of RA6R in solution (a) CD and (b) FTIR spectra; (c) XRD profile; and (d) SAXS profiles. The concentration of the solutions is indicated in the graphs, the full lines in panel d correspond to the fitting of the SAXS data as described in the text.
secondary structure from PPII to β-sheet shown by CD. The properties of the gel will be discussed shortly.

SAXS data measured for 1 wt % RA9R, were modeled using the form factor of a long cylindrical shell (Figure 2e; fitting parameters listed in Table S1). The fitted parameters are the core radius $R$ (with polydispersity $\Delta R$), the shell thickness $D_s$, and the scattering length density of the core, shell, and solvent $\eta_{\text{core}}$, $\eta_{\text{shell}}$, and $\eta_{\text{solv}}$. The extracted parameters, $R \pm \Delta R = (15 \pm 10) \text{ Å}$ and $D_s = 3 \text{ Å}$, indicate that the cylinder core radius is less than the length of the oligoalanine A$_9$ sequence = 28.8 Å (spacing per residue in a parallel β-sheet is 3.2 Å), while the external shell has a dimension similar to one arginine unit. This result shows that there is an overlap of the alanine chains within the core of the fibers, with the arginine residue exposed at the surface of the fibers. Cryo-TEM confirms the presence of fibers with an average diameter of 7.6 nm (Figure 2f).

RA$_9$R forms a self-standing gel at 10 and 15 wt %. Figure S4a shows the SAXS data measured for 15 wt % RA$_9$R along with the rheological data including the hydrogel linear regime (Figure S4b) and frequency dependence of the storage ($G'$) and loss ($G''$) moduli within the linear regime (oscillatory stress 100 Pa, Figure S4c). The fitting of the SAXS data in Figure S4a using the same form factor used in Figure 2e (parameters listed in Table S1) shows that the RA$_9$R hydrogel comprises a network of fibers similar to those found in solution.

Overall, our results indicate that, similarly to previously studied peptide RA$_3$R,$^{20}$ RA$_6$R does not self-assemble in water. It is likely that the flexibility of the PPII helical structure together with the solubility of the arginine residues does not favor RA$_6$R self-assembly. Increasing the length of the hydrophobic central block decreases the solubility of the molecule and allows for the self-assembly of RA$_9$R into β-sheet fibrils at sufficiently high concentration.

**Interactions with Liposomes.** Next, we examined the interactions of RA$_6$R and RA$_9$R with a model bacterial mixed

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Figure 2. RA$_9$R self-assembly in water: (a) concentration dependence of ThT fluorescence intensity at $\lambda_{\text{em}} = 520$ nm. (b) CD spectra, (c) FTIR spectra, (d) XRD data, (e) SAXS profiles, and (f) cryo-TEM image for a 1 wt % sample above the cac. The concentration of the solutions is indicated in the graphs. The red line in panel e corresponds to the fitting of the SAXS data as described in the text.
lipid membrane, represented by DPPG/DPPE vesicles. DPPG is an anionic lipid, whereas DPPE is zwitterionic and both are commonly found in bacterial membranes.23,25 We selected DPPG and DPPE because their melting temperatures (Tm) 41 °C (DPPG) and 63 °C (DPPE) are well apart and can be accessed with conventional instruments.23 We examined 0.5 wt % DPPG/DPPE vesicles with ratios 3:1, 1:1, or 1:3, with 0.08 wt % peptide. While 0.08 wt % peptide is in the range of concentrations used for the antimicrobial assays discussed below, higher concentrations of peptide led to DPPG/DPPE/peptide sample precipitation and therefore were excluded from this study. DSC has been previously used to investigate lipid demixing in binary lipid membranes, driven by the membrane interaction with charged peptides.15,23 DSC thermograms for the lipids alone (Figure 3) present well-defined peaks in the second heating ramps shown (with the exception of the data for DPPG, which shows a broad transition for reasons discussed below), as observed previously.23,24 To compare the influence of RA6R and RA9R on the thermotropic phase behavior of the DPPG/DPPE mixtures, the thermodynamic parameters, namely the main transition temperature (Tm) and the transition enthalpy (ΔH), were calculated as an indication of the transition cooperativity. These parameters are listed in Table 1. For DPPE, the Tm stays within 0.1 °C of the lipid Tm indicating little peptide binding, however there is a decrease in ΔH by 23.24 kJ mol⁻¹ and 27.79 kJ mol⁻¹ upon addition of RA6R and RA9R, respectively. This indicates that there is some interaction between the peptides and DPPE, which promotes a lowering of the energy needed for DPPE to undergo the phase transition to the liquid phase. DPPG alone shows a pretransition to the Pβ ripple phase at about 35 °C and a main chain melting temperature (to the fluid state, Lβ phase) of 40.5 °C in good agreement with previous measurements for DPPG.24,55 In the presence of RA6R, there is a shift in the melting temperature Tm to 52.4 °C, as expected from peptide binding to anionic lipid.23,25 RA9R also causes an increase in the main Tm. A lowering of phase transition enthalpy is observed for DPPG mixed with peptide, where ΔH is reduced by 8.9 kJ mol⁻¹ and 14.93 kJ mol⁻¹ for RA6R and RA9R, respectively. The increase in main transition temperature of 11.9 °C for RA6R and 14.0 °C for RA9R is likely caused by the charged arginine residues strongly binding to the anionic DPPG group, causing an increase in the main transition temperature. Moreover, the peaks for DPPG with added peptide are asymmetric in shape, with RA6R showing a small second peak at 50.1 °C, which could be due to DPPG transitioning in steps into the Lβ phase based on how much peptide is bound. For the DPPG/DPPE 3:1 mixtures, there are increases in main chain transition temperature of 5.5 and 10.6 °C, respectively, for RA6R and RA9R, which places Tm for RA6R at a similar value to that observed in the mixture with DPPG alone, suggesting some demixing could be occurring. The mixture with RA6R has a higher main transition temperature than that of DPPG alone. There is an increase in ΔH for both peptides, indicating that the peptide is stabilizing the Pβ phase. At a ratio of 1:1 DPPG/DPPE, there are no large changes in main transition temperature (~1 °C); however, RA6R shows a small secondary peak at 60 °C showing evidence of DPPE-rich regions, which shows demixing may be occurring. Finally, in the mixtures with 1:3 ratio of DPPG/DPPE, RA9R has an asymmetric peak with a Tm of 61.5 °C, which is comparable to that when only DPPE is present, suggesting demixing. RA9R causes a decrease in transition temperature by 4.6 °C, suggesting formation of DPPE-depleted domains compared to the control lipid mixture. CD was used to examine whether interactions of the peptides with DPPG/DPPE membranes influenced their secondary structure. These measurements were performed at room temperature, where the lipids are below Tm that is, in the gel phase. This is relevant to studying antimicrobial peptide activity, as highlighted for example by Pimthon et al.20 Figure 4 shows the CD spectra of the RA6R and RA9R (0.08 wt % peptide), compared to those in the presence of DPPG/DPPE lipid mixtures. RA6R appears to retain a PPII coil conformation in the presence of lipids. The decreased molar ellipticity implies slight loss of structure. The molar ellipticity decreases with higher ratios of DPPG, and a disordered structure is observed for the solution of RA6R with only DPPG, which is characterized by a 190 nm minimum and the loss of the 220 nm broad peak. This is perhaps due to the strong binding

Table 1. Maximum Transition Temperature, Tm and Enthalpy, ΔH, of Phase Changes Determined from Data Plotted in Figure 3

<table>
<thead>
<tr>
<th>mixture</th>
<th>Tm (°C)</th>
<th>ΔH (kJ mol⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DPPE</td>
<td>63.86</td>
<td>37.11</td>
</tr>
<tr>
<td>DPPE + RA6R</td>
<td>63.93</td>
<td>13.87</td>
</tr>
<tr>
<td>DPPE + RA9R</td>
<td>63.97</td>
<td>9.32</td>
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<tr>
<td>0.5 wt % DPPG/DPPE 3:1</td>
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<td>29.36</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 3:1 + 0.08 RA6R</td>
<td>53.64</td>
<td>38.63</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 3:1 + 0.08 RA9R</td>
<td>57.73</td>
<td>32.24</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 1:1</td>
<td>56.90</td>
<td>30.84</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 1:1 + 0.08 RA6R</td>
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<td>34.61</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 1:1 + 0.08 RA9R</td>
<td>57.80</td>
<td>36.92</td>
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<tr>
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</tr>
<tr>
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<td>56.19</td>
<td>43.00</td>
</tr>
<tr>
<td>0.5 wt % DPPG/DPPE 1:3 + 0.08 RA9R</td>
<td>61.54</td>
<td>37.49</td>
</tr>
<tr>
<td>DPPG</td>
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<td>DPPG + RA6R</td>
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between the ionic headgroup of the DPPG and the peptide inhibiting secondary structure formation.

Remarkably, the PPII secondary structure measured for pure RA9R in solution changes into a \(\beta\)-sheet structure in the presence of lipid (Figure 4b). This shows that the DPPG/DPPE lipid membrane orders the peptide into a \(\beta\)-sheet secondary structure at a concentration of RA9R below its cac (Figure 2a). A similar effect has previously been reported by us for capA6R.12 The population of RA9R induced \(\beta\)-sheets increases as the DPPG content increases (Figure 4b), indicating that RA9R binds more strongly to DPPG than to DPPE. One possible explanation for the transition to \(\beta\)-sheets in the presence of the lipid membranes is a local concentration enhancement of the peptide at the membrane interface since RA9R does form \(\beta\)-sheet structure, but in bulk only at concentrations higher than the cac (Figure 2b).

SAXS was also used to examine the interactions of lipids with the peptides. SAXS data for lipids and peptides shown in Figure 5 were collected at 20 °C, which is in the gel L\(\beta\) phase for all lipid mixtures. For the pure lipids, a broad peak positioned at approximately \(q = 1.5 \text{ nm}^{-1}\) corresponds to unilamellar vesicles. SAXS data from temperature ramps in the range 20–50 °C for the peptides mixed with DPPG at two concentrations are shown in Figure S5; these data show particularly enhanced lipid bilayer correlations on heating at the higher peptide concentration studied (0.25 wt %).

Figure 4. CD spectra for (a) RA6R and (b) RA9R peptides on their own or mixed with lipids, at the concentrations indicated.

Figure 5. SAXS profiles for mixtures of lipids (total 0.5 wt %) and 0.08 wt % peptide. (a) DPPG:DPPE 1:0, (b) DPPG:DPPE 3:1, (c) DPPG:DPPE 1:1, (d) DPPG:DPPE 1:3.
Upon addition of RA9R, the SAXS data in Figure 5 show that some correlation between bilayers is induced, as indicated by the presence of small Bragg peaks. In contrast, RA6R only causes a shift to lower q of the form factor minimum, that is, there is a slight increase in the bilayer spacing of the unilamellar vesicles. This implies that RA9R causes membrane correlations due to the formation of β-sheet structure as concluded from CD results earlier. However, RA6R does not change membrane correlations, but it does restructure the membranes, possibly due to interaction between the arginine residues and the charged DPPG head groups. In the DPPG/RA9R mixture, the peptide induces two Bragg peaks with d-spacing values of 83.1 and 44.8 Å ($d = 2\pi/q_0$, $q_0$ coordinate for the peak maxima), consistent with a multilamellar structure. Cryo-TEM images of peptides in the presence of the lipid mixtures are shown in Figure S6. These images show the presence of some fibrils of RA9R coexisting with vesicles; however, the SAXS signal is dominated by the contribution from the vesicles, as shown by the data in Figure 5.

**Cytocompatibility and Antibacterial Activity.** The results obtained with model DPPG/DPPE membranes suggest that RA9R has little restructuring effect and may simply be adsorbed onto the lipid membranes, especially DPPG-rich ones. On the other hand, RA6R undergoes a conformational switch in the presence of the gel phase of any of the DPPG/DPPE composition membranes investigated. These findings should be considered in any analysis of the interactions of the peptides with mammalian and bacterial cells, which have distinct lipid compositions (bacterial membranes have higher PE lipid contents).

To assess the cytocompatibility of the peptides, an MTT assay using human skin fibroblast cells was performed. Cell viability was assessed using an MTT assay with human skin fibroblast cells. The results are shown in Figure 6. MTT assay showing the cytocompatibility of (a) RA6R and (b) RA9R with human skin fibroblasts.

![Figure 6.](image)

**Figure 6.** MTT assay showing the cytocompatibility of (a) RA6R and (b) RA9R with human skin fibroblasts.

**Figure 7.** Antimicrobial activity against different bacteria, where time 0 is ~5 min from when the peptide is added to the solution. Peptide concentrations and bacteria types are indicated in the figure captions. (a) E. coli, (b) S. aureus, (c) P. aeruginosa, (d) P. syringae.
viability assays (Figure 6) show that RA₉R and RA₆R were tolerated by the cells up to 0.1 and 0.01 wt %, respectively (above 70% viability). The IC₅₀ concentration was found to be 0.025 wt % for RA₉R, while for RA₆R, the IC₅₀ was not observed in the concentration range studied. Since it has been established that RA₆R does not self-assemble, the increase in cytotoxicity with increasing peptide concentration could be associated with interactions of the peptide monomer with the lipid membrane. A similar peptide RA₉R also interacts with lipid membranes in the form of unassociated molecules due to interactions between the arginine residues and anionic or lipid head groups.²⁰ The cytotoxicity of RA₉R is higher than that of RA₆R at a given concentration, likely in some part due to the self-assembly of the fibrils, in which the arginine motif is presented at high density on the fibril surface. A further factor may be the increased hydrophobicity of RA₉R due to the increase in alanine sequence length.

To investigate the potential antimicrobial activity of these peptides, a range of common Gram-negative and Gram-positive bacteria were selected for initial screens using straightforward bacterial kill assays (counts of colony-forming units, CFUs). The Gram-positive microbe we selected was S. aureus, which is commonly found as part of the human microbiota and is an opportunistic pathogen that can cause a range of infections including food poisoning, skin infections, and respiratory tract infections. The Gram-negative bacteria we selected included E. coli, which is a widely studied bacterium that often causes food-borne infection, and P. aeruginosa, which is an opportunistic pathogen causing serious infections in cystic fibrosis patients, as well as having advanced multidrug resistant mechanisms and ability to cause hospital acquired infections through the formation of biofilms. We also examined P. syringae, a Gram-negative plant pathogen.

Antimicrobial assays were conducted against these three strains to assess the survival of E. coli, S. aureus, and P. aeruginosa in the presence of either control (water), RA₉R, or RA₆R. For RA₉R, we selected 0.05 and 0.1 wt % as peptide concentrations because at these concentrations the human cell viability is 92.5% (±3.4%) and 72.0% (±1.8%), respectively. For RA₆R, we were interested in how the peptide at a concentration below or above the IC₅₀ concentration affected antimicrobial activity therefore the concentrations 0.01, 0.05, and 0.1 wt % were selected. The concentration 0.01 wt % is much lower than the cac, whereas 0.05 wt % is close to the concentration at which (according to CD spectra in Figure 4) the peptide forms a β-sheet structure in the presence of lipid membranes. The results from the antimicrobial assays are shown in Figure 7 and Figure S7.

There was no reduction in the bacterial colony count of P. aeruginosa, E. coli, or S. aureus at an RA₉R concentration of 0.01 wt % (Figure S6), showing that there is no antimicrobial activity under these conditions. When increasing the concentration to 0.05 wt %, there was a 0.5 log CFU reduction for E. coli after 24 h (Figure 7a). For S. aureus, there was a greater reduction of 1 log CFU after 2 h and 1.3 log CFU after 24 h (Figure 7b). For P. aeruginosa and P. syringae, there is no effect (Figure 7c,d). When increasing the concentration to 0.1 wt % peptide, there is a small, statistically insignificant reduction of 0.7 log of E. coli numbers when exposed to RA₉R. Interestingly, the reduction in colony forming units (CFU) after 24 h are 2.6, 3.4, and 4.0 orders of magnitude for S. aureus, P. aeruginosa, and P. syringae, respectively. As S. aureus is a Gram-positive bacterium, and Pseudomonas species are Gram-negative, this data suggest that RA₉R has a broad range of activity against both classes of bacteria.

For 0.05 wt % RA₉R, there is a small reduction in bacterial colony counts for E. coli and P. aeruginosa after 24 h. At 0.1 wt % RA₉R, there is a more significant effect against P. aeruginosa, denoted by a 4 log reduction in CFU after 24 h. However, there is no additional effect of 0.1 wt % RA₉R on E. coli or S. aureus. Interestingly, RA₆R is also strongly active against P. syringae with a log 4.5 reduction in CFU after 24 h, suggesting that RA₆R is more active against Pseudomonas bacteria.

For RA₆R acting against both E. coli and P. aeruginosa and RA₉R acting against E. coli, the main reduction in the number of CFUs occurs in the first 2 h after treatment with the peptide. However, in terms of RA₉R activity against S. aureus, this seems to occur steadily over the course of 24 h. The antimicrobial activity of these peptides is significantly lower than previously studied peptide RA₃R,²⁰ which in part may be due to the decreased concentrations used in this study, which were selected to correspond to concentrations where there is no substantial cytotoxicity. It can be seen that RA₆R displays little antimicrobial activity under these conditions. Interestingly, RA₆R displays a strong activity against P. aeruginosa at a concentration where the cytocompatibility (to fibroblasts) is acceptable.

**CONCLUSIONS**

We have systematically examined the self-assembly of two arginine-capped peptide bola-amphiphiles. Peptide RA₉R does not form self-assembled nanostructures, in contrast to RA₆R, which forms fibrils above a critical aggregation concentration, as imaged by cryo-TEM and as revealed by SAXS form factor fitting. Remarkably, these fibrils bind the “amyloid” specific dye ThT above a cac = 0.18 wt %, although circular dichroism and FTIR spectroscopy do not indicate β-sheet conformation below 1 wt % peptide. RA₆R does form β-sheet fibrils at high concentration as indicated by the data in Figure 2b and the CD spectrum for a dried sample as well as TEM images and SAXS data. This is also consistent with the observation that it forms a self-supporting hydrogel at sufficiently high concentration.

We then studied the interaction of the peptides with model DPPG/DPPE lipid membranes. DSC shows evidence for peptide-induced lipid demixing, especially in the DPPG rich mixtures, consistent with electrostatic interactions between this anionic lipid and the cationic arginine units in the peptides. CD spectra indicate no change of peptide conformation for RA₆R in the presence of lipids (PPII conformation retained), whereas unexpectedly RA₉R undergoes a transition to a β-sheet conformation in the presence of the lipids, possibly due to enhanced peptide conformation at the membrane interface. The DSC results suggest no significant influence of the peptides on T_m (DPPE), suggesting little penetration into the membrane, although ΔH does change, possibly indicating adsorption. This effect may be due to the low hydration of PE membranes resulting from strong lateral interactions of the lipids in the membrane, driven by hydrogen bonding of the head groups.⁵⁶,⁵⁷ Stronger electrostatic interactions are expected for DPPG, as previously reported for other cationic antimicrobial peptides.²²,²³,²⁵,²⁶,²⁸

Our initial antimicrobial screening study (and corresponding assay showing low cytotoxicity at the corresponding peptide concentration) shows that RA₉R is a promising antibacterial agent active against P. aeruginosa, strains of which (including those that have evolved antimicrobial resistance) can cause
serious infections. The enhanced antibacterial activity of RA6R compared to RA9R may be due to the lower hydrophobicity of RA6R, which, as we show by CD spectroscopy, also does not undergo a conformational switch in the presence of lipid membranes. Peptide RA6R has a longer hydrophobic alanine sequence and exhibits higher cytotoxicity under conditions where it is aggregated.

These arginine-rich peptide bola-ampiphiles show remarkable activity toward lipid membranes which is presumed to be the origin of their antimicrobial properties.

**ASSOCIATED CONTENT**

Supporting Information
The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsabm.9b00172.

SAXS fitting parameters, fluorescence assay spectra, additional CD data for RA6R, RA9R hydrogel SAXS and rheology data, temperature-dependent SAXS data for lipid/peptide mixtures, cryo-TEM images for lipid/peptide mixtures, low peptide concentration antimicrobial assay data (PDF)

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Notes
The authors declare no competing financial interest.

**ACKNOWLEDGMENTS**

We acknowledge Diamond Light Source and The University of Reading for funding CJCEG’s studentship. I.W.H. thanks EPSRC for the award of a Platform grant (EP/L020599/1), which supported V.C. We thank the ESRF for the award of beamtime (ref SC4732) and Diamond Light Source for the award of beamtime (ref SM18523-1). We thank Alessandro Mariani from ESRF, and Nathan Cowieson and Katsuaki Inoue (Diamond B21) for assistance during beamtime. We are grateful for access to the Chemical Analysis Facility at the University of Reading.

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