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Statistics of heat exchange between two resistors

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We study energy flow between two resistors coupled by an arbitrary linear and lossless electric circuit. We show that the fluctuations of energy transferred between the resistors are determined by random scattering of photons on an effective barrier with frequency dependent transmission probability \(\tau(\omega)\). We express the latter in terms of the circuit parameters. Our results are valid in both quantum and classical regimes and for nonequilibrium electron distribution functions in the resistors. Our theory is in good agreement with recent experiment performed in the classical regime.

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I. INTRODUCTION

The problem of energy exchange between two resistors has been analyzed by Nyquist [1] on the way towards his famous formula for the current noise of a resistor,

\[ S_I = 4k_B T / R. \]  

(1)

Here \(S_I\) is the spectral density of noise at low frequencies \(|\omega| \ll k_B T / h\), \(k_B\) is the Boltzmann constant, \(T\) is the temperature, and \(R\) is the resistance. Equation (1) has been confirmed by Johnson [2] and by numerous subsequent experiments. For a long time afterwards transport of heat in electric circuits has been considered well understood. Recently, however, it has attracted renewed attention due to advances both in theory and in technology. On the theoretical side, the discovery of the fluctuation theorem [3–6] has triggered interest in the statistics of heat transport. Statistics of effective electron temperature fluctuations in small metallic grains is also under discussion [7,8]. The experiments have recently advanced in two directions. First, quantum transport of heat between two resistors coupled by superconducting wires and separated by up to 50 \(\mu\)m distance has been demonstrated at sub-Kelvin temperatures [9,10]. Second, utilizing low noise amplifiers Ciliberto et al. have recently measured the full statistical distribution of heat transferred between two resistors kept at temperatures 88 and 296 K, respectively [11,12]. They have verified the validity of the fluctuation theorem and worked out a theoretical model based on Nyquist’s formula (1).

Motivated by these developments, in this paper we propose a theory of full counting statistics of photon mediated heat exchange between two metallic resistors valid both at high and at low temperatures, where the classical formula for the noise (1) can no longer be used. We consider two resistors \(R_1\) and \(R_2\) shunted by impedances \(Z_1(\omega)\) and \(Z_2(\omega)\), and coupled by a linear element (e.g., transmission line, capacitor, etc.) having the impedance \(Z_0(\omega)\) [see Fig. 1(a)]. The impedances \(Z_j(\omega)\) \((j = 0, 1, 2)\) are purely reactive and do not generate noise. The average photonic heat current flowing from resistor 1 to resistor 2 reads

\[ J_Q = \int_0^\infty d\omega \frac{\omega \tau(\omega)}{2\pi} [n_1(\omega) - n_2(\omega)], \]  

(2)

where \(\tau(\omega)\) is the effective transmission, which we will specify later, and \(n_j(\omega)\) are photon distribution functions (here and below we put \(k_B = \hbar = 1\)). Typically \(\tau(\omega)\) drops at certain cutoff frequency \(\omega_c\). Assuming that \(n_1(\omega), n_2(\omega)\) have equilibrium Bose form with the temperatures \(T_1\) and \(T_2\), one finds that at high temperatures, \(T_1, T_2 \gg \omega_c\) [Fig. 1(b)], \(J_Q \approx \tau(0)\omega_c(T_1 - T_2)\) in agreement with experimental findings of Refs. [11,12]. In this classical regime Nyquist’s formula (1) may be used to derive the heat current. In this paper we will be mostly interested in the opposite, quantum, limit \(T_1, T_2 \lesssim \omega_c\) [Fig. 1(c)], which is relevant for typical low temperature experiments [9,10]. Indeed, the cutoff frequency may be estimated as \(\omega_c \approx \frac{1}{R_1C_j R_j / L_j}\), where \(C_j \approx \varepsilon_0 \mu_0 l\) are stray capacitances, \(L_j \sim \mu_0 l\) are inductances of the wires [Fig. 1(d)], \(\varepsilon_0\) and \(\mu_0\) are vacuum permittivity and permeability, \(\varepsilon\) is the dielectric constant, and \(l\) is the characteristic size of the sample. For the parameters of the low temperature experiments [9,10], namely \(T \approx 100\) mK, \(R \approx 1\) k\(\Omega\), and \(l \sim 10\) \(\mu\)m, one finds \(T/\omega_c \approx 10^{-3} \ll 1\). Thus the circuit is in the quantum regime. In contrast, for the experiments by Ciliberto et al. [11,12] with \(T \approx 100\) K, \(R \approx 10\) M\(\Omega\), and \(l \sim 1\) cm one finds \(T/\omega_c \sim 10^{10} \gg 1\), which corresponds to a strongly classical regime.

II. MODEL

Our goal is to find the distribution of the energy \(Q\) transferred from resistor 1 to resistor 2 during the time \(t\), which we denote as \(P(t,Q)\). It is more convenient to work with the cumulant generating function (CGF) \(F(t,\lambda)\), which depends on the counting field \(\lambda\) and defined as

\[ e^{F(t,\lambda)} = \int dQ e^{\lambda Q} P(t,Q). \]  

(3)

We describe the system by a Hamiltonian

\[ \hat{H} = \hat{H}_0 + \hat{H}_{em} + \hat{H}_{int}, \]  

(4)

where \(\hat{H}_0 = \sum_{k\sigma} \varepsilon_k \hat{a}^\dagger_{k\sigma} \hat{a}_{k\sigma}\) is the Hamiltonian of noninteracting electrons moving in the combined potential of ion lattice and impurities, \(\hat{a}_{k\sigma}\) is an annihilation operator of an electron in the eigenstate \(|\psi_{k\sigma}\rangle\) \((\sigma = \uparrow, \downarrow)\) is the spin index, and \(\varepsilon_k\) is the corresponding eigenenergy; \(\hat{H}_{em} = \int d^3r (\hat{\mathbf{E}}^2 + \mathbf{H}^2)/8\pi\) is the Hamiltonian of electromagnetic field; \(\hat{\mathbf{E}}\) and \(\hat{\mathbf{H}}\) are the operators of the electric and magnetic fields, respectively; \(\hat{H}_{int} = -\sum_{k\alpha,\beta} E_k \hat{a}^\dagger_{k\alpha} \hat{a}_{k\beta}\) is the interaction Hamiltonian.
where the effective action \( iS^e[VF,BA] \) is the sum of the electronic and electromagnetic contributions,

\[
iS^e = iS^e_\text{el} + iS^e_{\text{em}}.
\]

\[
iS^e_\text{el} = 2 \ln[\det (\hat{G}^{-1}[VF,B])].
\]

\[
iS^e_{\text{em}} = i \int_0^t \int d^3r \frac{E_x^2 - E_y^2 - H_x^2 + H_y^2}{8\pi}.
\]

Here we introduced the inverse Keldysh Green function of electrons \( \hat{G}_{kn}^{-1} = \hat{G}_{0,kn}^{-1} + \delta \hat{G}_{kn}^{-1} \), where

\[
\delta \hat{G}_{kn}^{-1} = \begin{pmatrix} 0 & 0 \\ e^{VFk} & 0 \end{pmatrix}.
\]

At this stage we retain the information about occupation numbers of all energy levels keeping the dependence of the counting field \( \lambda_k \) on the level index \( k \). Below we will only consider linear circuits free of highly resistive junctions or quantum dots in the Coulomb blockade regime. Then one can expand the action (8) to the second order in \( VF, VB \),

\[
iS^e_{\text{el}} \to 2 \ln \left[ \text{det} \hat{G}_{0,k}^{-1} \right] + \text{tr}[2\hat{G}_0\delta \hat{G}^{-1} - (\hat{G}_0\delta \hat{G}^{-1})].
\]

This expression contains the Green function of noninteracting electrons \( \hat{G}_0 \). It is defined as

\[
\hat{G}_{0,kn}(t_1, t_2) = -i\delta_{kn}e^{-\epsilon_n(t_2-t_1)} \times \begin{pmatrix} \theta_{12}(1 - f_k - \theta_{21}f_k) & -f_k \\ f_k & \theta_{12}(1 - f_k + \theta_{21}(1 - f_k)) \end{pmatrix},
\]

where \( \theta_{ij} = \theta (t_i - t_j) \) are Heaviside functions and \( f_k = \langle \hat{a}_k^\dagger \hat{a}_k \rangle \) are the occupation numbers of the energy levels. The first term in the expansion (11) does not depend on \( \lambda_k \) and may be omitted. The second term \( \text{tr}[2\hat{G}_0\delta \hat{G}^{-1}] \) is canceled by a similar contribution coming from a positively charged ion background. Thus, only the last term of Eq. (11) matters. We transform it to the form

\[
iS^e_{\text{el}} = e^F \int_0^t dt' dt'' \sum_{kn, \alpha, \beta = \pm} \sum \left( -i\epsilon_{\alpha} (t' - t'') e^{-\alpha(\epsilon_n\lambda_k - i\omega_n)} \right) \chi_{kn}^{\alpha\beta} \chi_{kn}^{\beta\alpha} V_{kn}^\alpha (t') V_{kn}^\beta (t '').
\]

Here we have introduced the potentials \( V^+ = (VF + VB)/2 \) and \( V^- = VF - VB \), as well as dimensionless combinations \( \chi_{kn}^{\alpha\beta} \) containing electronic distribution functions \( f_k \) and counting fields \( \lambda_k \):

\[
\chi_{kn}^{++} = f_k (1 - f_k) (e^{-i\lambda_k t_k} + i\epsilon_n) - 1,
\]

\[
\chi_{kn}^{+-} = (\theta_{12} - \theta_{21}) (f_k - f_n) + f_k (1 - f_k) (e^{-i\lambda_k t_k} - i\epsilon_n),
\]

\[
\chi_{kn}^{-+} = 0,
\]

\[
\chi_{kn}^{--} = -f_k (1 - f_k) (e^{-i\lambda_k t_k} + i\epsilon_n) + 1)/4,
\]

\[
\chi_{kn}^{--} = (1 - f_k) (e^{-i\lambda_k t_k} - i\epsilon_n) + 1)/4.
\]
Next we perform disorder averaging of the matrix elements $V_{kn}$ in Eq. (12) inside the metallic parts of the system ignoring weak localization and utilizing the rule of averaging for the product of electronic wave functions [14]

$$
\sum_{kn} \langle \psi_n^*(r_2)\psi_n(r_2)\psi_n(r_1)\psi_n^*(r_1) \rangle \delta(E_1 - \epsilon_k) \delta(E_2 - \epsilon_n)
= (\nu/\pi) \text{Re} \mathcal{D}(E_1 - E_2, r_1, r_2).
$$

(14)

Here $\nu$ is the density of states and $\mathcal{D}(E_1, r_1, r_2)$ is the solution of the diffusion equation $[-i E - \mathcal{D}(r) \nabla^2] \mathcal{D} = \delta(r_1 - r_2)$, where $\mathcal{D}(r)$ is the diffusion constant. In good metals with local current-field relation $j = \sigma(r)E$, where $\sigma(r) = 2e^2\nu_0(r)\mathcal{D}(r)$ is the conductivity, one can approximate $\text{Re} \mathcal{D}(E, r_1, r_2) \rightarrow - \mathcal{D}(r) \nabla^2 E^2$, and the action (12) acquires the form

$$
iS_{\text{cl}}^n = \int_0^t dt' dt'' \int d^3r \langle \sigma(r) \int d\omega e^{-i\omega(t'-t'')} \rangle \times \sum_{\alpha, \beta = \pm} \eta_{\alpha r}^\beta \nabla V^{\beta}(t', r)\nabla V^{\alpha}(t'', r).
$$

(15)

Here

$$
\eta_{\alpha r}^{++} = -n_{\alpha r}(e^{i\omega_0 r} - 1) - (n_{\alpha r} + 1)(e^{-i\omega_0 r} - 1),
\eta_{\alpha r}^{+-} = 1 - n_{\alpha r}(e^{i\omega_0 r} - 1) + (n_{\alpha r} + 1)(e^{-i\omega_0 r} - 1),
\eta_{\alpha r}^{-+} = 0,
\eta_{\alpha r}^{--} = n_{\alpha r}(e^{i\omega_0 r} + 1) + (n_{\alpha r} + 1)(e^{-i\omega_0 r} + 1),
$$

(16)

and $n_{\alpha r}$ is the effective photon distribution function,

$$
n_{\alpha r} = \frac{1}{\omega} \int dE \left[ E + \frac{\omega}{2} r \right] \left[ 1 - f \left( E + \frac{\omega}{2} r \right) \right].
$$

(17)

It satisfies $n_{\alpha r} = -1 - n_{\alpha r} T r$ and in local equilibrium, i.e., for momentum isotropic electron distribution function of the form $f(E, r) = 1/(e^{E/T} + 1)$, where $T(r)$ is the local electron temperature, it reduces to Bose function $1/(e^{\omega_0 T}/r) + 1$. However, $n_{\alpha r}$ may deviate from simple Bose form if the electron distribution function is driven out of equilibrium by, for example, bias voltage applied to a resistor [13]. In Eq. (15) we have also assumed that the counting field $\lambda_\alpha$ is the same for all energy levels with wave functions localized in the vicinity of point $r$ and that it slowly varies in space at distances exceeding the spatial extension of these wave functions.

We are now in position to write down the action of two coupled resistors depicted in Fig. 1(a). We put $\lambda(r) = \lambda_j$, $\sigma(r) = \sigma_j$ ($j = 1, 2$) inside each resistor. Considering low frequency modes, we also put $V(r) = V_j/L_j$, where $V_j$ is the instantaneous voltage drop across the $j$th resistor, and $L_j$ is its length. We also define the resistances $R_j = L_j/\sigma_j A_j$, where $A_j$ are the cross-sectional areas of the resistors. With these approximations we get

$$
iS_{\text{cl}}^n = - \sum_{j=1,2} \int_0^t dt' dt'' \int d\omega e^{-i\omega(t'-t'')} \times \left[ \eta_{++}^{\alpha}(\omega)V_j^+(t')V_j^+(t'') + \eta_{+-}^{\alpha}(\omega)V_j^-(t')V_j^+(t'') + \eta_{--}^{\alpha}(\omega)V_j^-(t')V_j^-(t'') \right],
$$

(18)

where the functions $\eta_j^{\alpha}(\omega)$ are given by Eqs. (16) with photon distribution functions averaged over the volume of the resistors $n_j(\omega) = \int_0^1 d^3r n_{\alpha r}(r)/\Omega_j$, and with $\lambda_j$ replaced by $\lambda_j$. The fields $E$ and $H$ in 3D space around the resistors and other circuit elements can be expressed via the voltages $V_j$ by solving linear Maxwell equations with proper boundary conditions. In this way one finds

$$
E_{F,B}(t,r) = \int_{-\infty}^t dt' \left[ e_1(t-t',r)V_1^{F,B}(t') \right. + e_2(t-t',r)V_2^{F,B}(t')],
$$

(19)

$$
H_{F,B}(t,r) = \int_{-\infty}^t dt' \left[ h_1(t-t',r)V_1^{F,B}(t') \right. + h_2(t-t',r)V_2^{F,B}(t')],
$$

(20)

where $e_1(t,r)$ and $h_1(t,r)$ are the fundamental solutions for electric and magnetic fields, which depend on the sample geometry. The solutions (19) and (20) should be substituted into the electromagnetic part of the action (9). After the integration over coordinates, this action becomes quadratic in the potentials $V_j$. Moreover, since $E_1^2 - E_2^2 = H_2^2 + H_2^2 = 2E^- E^+ + 2H^- H^+$ only the combinations $V_j^+V_j^+$ appear in it. The coefficients in front of these combinations are expressed in terms of the functions $e_j(t,r)$, $h_j(t,r)$ and determine the impedances $Z_j(\omega)$, shown in Fig. 1(a), for a given sample. Finally the electromagnetic part of the action acquires the form

$$
iS_{\text{em}} = - \sum_{j=1,2} \int_0^t dt' dt'' \int d\omega e^{-i(\omega(t'-t''))} \times \left[ \sum_{j=1,2} \frac{V_j^{+}(t')V_j^{+}(t'')}{Z_j(\omega)} + \frac{V_{12}^{+}(t')V_{12}^{+}(t'')}{Z_1(\omega)} \right],
$$

(21)

where $V_{12}^{\pm} = V_1^{\pm} - V_2^{\pm}$. According to our assumptions the impedances $Z_j(\omega)$ are purely imaginary, i.e., Re($1/Z_j$) = 0.

That is why the terms $\propto V^-(t')V^-(t'')$ do not appear in $iS_{\text{em}}$. In contrast, such terms are present in the action of the resistors (18) even if one puts $\lambda_1 = \lambda_2 = 0$. These terms are related to dissipation in the resistors and describe the current noise associated with it.

At long observation time, $t \gg 1/\tau, 1/\omega_0$, the full action (7) acquires the form

$$
iS = \left( \frac{i\hbar}{2} \sum_n \tilde{\mathcal{F}} \left( -\omega_n \right) \frac{M_1(\omega_n)}{i\omega_n} \tilde{\mathcal{F}}(\omega_n) \right),
$$

(22)

where $\omega_n = 2\pi n/t$ are discrete frequencies, $\tilde{\mathcal{F}}(\omega_n) = \left[ \tilde{F}_1(\omega_n), \tilde{F}_1^+(\omega_n), \tilde{F}_2(\omega_n), \tilde{F}_2^+(\omega_n) \right]$ is the vector of Fourier
transformed voltages, and

\[
M_{\lambda}(\omega_n) = \begin{pmatrix}
-\frac{2n_1^+(\omega_n)}{R_1} & \frac{1}{Z_1} & 0 & -\frac{n_1^-(\omega_n)}{R_1} \\
-\frac{1}{Z_0} & 0 & 0 & \frac{n_1^-(\omega_n)}{R_2} \\
0 & 0 & -\frac{1}{Z_0} & \frac{1}{Z_2} \\
0 & \frac{1}{Z_2} & 0 & -\frac{n_1^+(\omega_n)}{R_2}
\end{pmatrix}
\]  

(23)

The Gaussian path integral (6) over \(\vec{V}_0\) is evaluated exactly. Utilizing the property \(M_{\lambda}(\omega) = -M_{\lambda}^T(-\omega)\) in the long time limit we find CGF in the form \(F(t, \lambda) = -i \int_0^\infty \frac{d\omega}{2\pi} \ln |\det M(\omega)/\det M_{\lambda=0}(\omega)|\). Evaluating the determinants, and keeping in mind that \(Z_j = -Z_j\) for reactive elements, we find

\[F(t, \lambda) = -i \int_0^\infty \frac{d\omega}{2\pi} \ln [1 - \tau(\omega) \{n_1(\omega)[1 + n_2(\omega)] e^{i\omega t} - 1\} + \{1 + n_1(\omega)[n_2(\omega) e^{-i\omega t} - 1]\}].\]

(24)

Here \(\lambda = \lambda_1 - \lambda_2\),

\[\tau(\omega) = \frac{4}{R_1 R_2 |G_1 + G_2 + Z_0 G_1 G_2|^2}\]

(25)

is the effective transmission probability, and \(G_j = 1/R_j + 1/Z_j(\omega)\).

Equation (24) is the main result of our paper. It is the CGF of photons which are scattered by a barrier with the transparency \(\tau(\omega)\) and carry the energy \(\omega\) each. It is consistent with standard results of quantum optics [15] and closely resembles the CGF of scattered electrons [16], which are fermions. In the context of photon scattering by a cavity similar expression has been derived by Beenakker [17], and in the context of phonon heat conductance—by Saito and Dhar [18]. If both \(n_1(\omega)\) and \(n_2(\omega)\) have the equilibrium Bose form, CGF (24) acquires the property \(F(\lambda) = F(-\lambda + i(T_1^{-1} - T_2^{-1}))\), which translates into the fluctuation theorem \(P(Q) = P(-Q \exp(Q(T_1^{-1} - T_2^{-1}))\). We remind that Eq. (24) has been derived assuming Gaussian fluctuations of currents and voltages in the electric circuit. That implies, in particular, that the resistors \(R_1\) and \(R_2\) are linear elements, which do not exhibit Coulomb blockade or other types of nonlinearities. Besides that we have assumed that the real parts of the impedances \(Z_j(\omega)\) are equal to zero and they correspond to purely reactive elements like inductors, capacitors, or their arbitrary combinations.

III. RESULTS AND DISCUSSION

Let us now consider some limiting cases. First we assume that the transmission probability \(\tau\) is constant and the photon distribution functions have equilibrium Bose form. In this case the heat current acquires familiar form \(J_0 = -(i/t) dF/d\lambda|_{\lambda=0} = \pi \tau(T_1^2 - T_2^2)/12\). The simplest example of such a system is given by two directly connected resistors [Fig. 1(e)], in which case \(\tau = 4R_1R_2/(R_1 + R_2)^2\). In Fig. 2(a) we show the distribution \(P(t, Q)\) for three different values of \(\tau\). The distribution becomes Gaussian at sufficiently long observation time such that \(J_0 t \gg T_1\). The low frequency noise of the heat current is given by the expression

\[S_Q = \frac{1}{t} d^2 F}{dx^2} = \left(\frac{\xi(3)}{\pi} \tau(1 - \tau + \frac{\pi^2}{6}) T_1^3 + T_2^3\right) + 2\tau(1 - \tau) \int_0^\infty d\omega \frac{\omega^2}{2\pi} \left(\frac{e^{\omega/T_1}}{T_1} - 1\right)\left(\frac{e^{\omega/T_2}}{T_2} - 1\right),\]

(26)

Another interesting limit is transmission within a narrow Lorentzian with \(\tau(\omega) = \tau_{\max} \Gamma^2/[(\omega - \omega_0)^2 + \Gamma^2]\) and \(\Gamma \ll \omega_0, T_1, T_2\). In this case

\[F = -\Gamma t\sqrt{1 - \tau_{\max} f(\omega_0) - 1},\]

(27)

where \(f(\omega_0) = n_1(\omega_0)[1 + n_2(\omega_0)] (e^{i\omega_0 t} - 1) + [1 + n_1(\omega_0)] n_2(\omega_0) e^{-i\omega_0 t} - 1\]. Since \(F(\lambda)\) becomes a periodic function of \(\lambda\) in this approximation, we get \(P(t, Q) = \sum_p p_n \delta(Q - n\omega_0)\) with \(p_n = \frac{2}{\pi^2} \frac{\pi^{3/2}}{\sqrt{T_1 T_2}} d\omega \sum_p e^{i\omega_0 t} e^{i\omega_0 t} e^{i\omega_0 t}\) being the probability to transmit \(n\) photons with one frequency \(\omega_0\). The distributions \(p_n\) for three different values of \(\tau_{\max}\) are shown in Fig. 2(b). Due to the suppression of the average heat current

![FIG. 2. (Color online) Distribution of energy transmitted between the resistors during time \(t\) for different transmission probabilities \(\tau(\omega)\). (a) \(\tau(\omega) =\const, T_1 = 300\ mK, T_2 = 100\ mK\), the observation time is \(t = 10\ ns\). (b) \(\tau(\omega)\) has the Lorentzian shape, \(T_1 = 300\ mK, T_2 = 100\ mK, t = 1\ ms\), CGF is given by Eq. (27). Discrete number of transferred photons \(n\) is shown on the horizontal axis.](http://127.0.0.1/085412-4)
between the resistors the distributions $p_n$ significantly deviate from the Gaussian form even though the observation time is long, $t = 1$ ms. It is obvious from Eq. (27) that the distribution $p_n$ becomes Poissonian in the limit $T_1 \gg T_2$ and $\tau_{\text{max}} \ll 1$. At higher transparencies it deviates from the Poissonian form similarly to what has been predicted in Ref. [19], where the statistics of photons emitted by a coherent conductor has been studied and the rectangular shape of the transmission line has been assumed. The average heat current and the noise corresponding to CGF (27) are [here $n_j \equiv n_j(\omega_0)$]

$$J_Q = \frac{\tau_{\text{max}}}{2} \Gamma_{00}^\ast [n_1 - n_2], \quad S_Q = \frac{\tau_{\text{max}}}{2} \Gamma_{00}^\ast [n_1^2 + n_2^2]$$

$$+ [1 + n_1 n_2 + \tau_{\text{max}} (n_1 - n_2)^2] / 2.$$  

(28)

Next we assume that leads are attached to resistor 1 and bias current $I$ is applied to it [see Fig. 3(a)]. The electron distribution function inside it acquires a nonequilibrium double step form [20], $f(E, x) = (x / L_1) f(E - eV) + (1 - x / L_1) f(E)$, where $V = IR_1$ is the voltage drop. We also assume that the temperatures of resistor 2 and of the outer leads are much lower than $eV$. In this case one can put $n_j(\omega_0) = 0$ and from Eq. (17) we find $n_j(\omega) = (eV - \omega) \theta(eV - \omega) / 6 \omega$. Thus the CGF (24) takes the form

$$F = -t \int_0^{eV} \frac{d\omega}{2\pi} \ln \left[ 1 - \frac{\tau (eV - \omega) (e^{i\omega t} - 1)}{6 \omega} \right].$$  

(29)

The corresponding distribution $P(Q)$ is shown in Fig. 3(b). It is strongly asymmetric with $P(Q) = 0$ for $Q < 0$, i.e., over long intervals of time, $eVt \gtrless 1$, the energy flows from the biased resistor to the unbiased one, but never in the opposite direction. A somewhat similar system, namely a biased resistor coupled to an open transmission line, has been earlier considered in Ref. [21], where the average value of the heat current and its noise have been derived. From CGF (29) we find these parameters in our model

$$J_Q = \frac{(eV)^2}{24\pi}, \quad S_Q = \left( 1 + \frac{\tau}{3} \right) \frac{(eV)^4}{72\pi}.$$  

(30)

In the classical limit $T_j \gg \omega$, CGF (24) reduces to [22]

$$F = -t \int_0^{eV} \frac{d\omega}{2\pi} \ln \left[ 1 - \tau (\omega) (i \lambda \Delta T_{12} - \lambda^2 T_1 T_2) \right],$$  

(31)

where $\Delta T_{12} = T_1 - T_2$. It is interesting to compare this result with the experiment [11,12]. In that experiment capacitors have been used, which implies $Z_j(\omega) = 1 / (-i \omega C_j)$ [see Fig. 4(a)]. Accordingly, $\tau (\omega)$ (25) takes the form

$$\tau (\omega) = \frac{2 \beta (\omega \tau_0)^2}{1 + 2(\alpha - 1)(\omega \tau_0)^2 + (\omega \tau_0)^4},$$  

(32)

with $\omega_0 = \sqrt{R_1 R_2 (C_2 C_2 + C_3 C_1 + C_3 C_2)}$, $\alpha = 1 + [R_1^2 (C_0 + C_1)^2 + R_2^2 (C_0 + C_2)^2 + 2 R_1 R_2 C_0^2] / 2 \omega_0^2$, and $\beta = 2 C_0 / (C_1 C_2 + C_2 C_1 + C_0 C_2)$. For this model one can exactly evaluate CGF (31),

$$F = \frac{t}{\tau_0} \left( \sqrt{\frac{\alpha}{2}} - \sqrt{\frac{\alpha}{2}} - \frac{\beta (i \lambda \Delta T_{12} - \lambda^2 T_1 T_2)}{\sqrt{2}} \right).$$  

(33)
and the distribution of the transferred heat \( P(t, Q) = \int \frac{dQ}{2\pi} e^{-i\lambda_0^Q + F(t, \lambda)} \), which reads

\[
P(t, Q) = \frac{t}{\pi} \sqrt{\frac{2a}{\beta T_1 T_2 t^2 + 2Q^2 t_0^2}} e^{\beta t T_2} K_1 \left( a \sqrt{\frac{t^2}{t_0^2} + \frac{2Q^2}{\beta T_1 T_2}} \right).
\]

Here \( K_1(x) \) is the modified Bessel function of the second kind, and \( a = \alpha^2/2 + \beta(T_1 - T_2)^2/8T_1 T_2 \). One should bear in mind that the expression (34) is valid in the long time limit \( t \gtrsim t_0 \). The average heat current from resistor 1 to resistor 2 and the corresponding noise in this model have the form

\[
J_Q = \frac{\beta(T_1 - T_2)}{2\sqrt{2\alpha t_0}}, \quad S_Q = \frac{\beta T_1 T_2}{2\alpha t_0} + \frac{\beta^2(T_1 - T_2)^2}{4\sqrt{2}\alpha^{3/2} t_0}.
\]

We compare the distribution (34) with the experimental one [11,12] in Fig. 4(b). The agreement between the two is quite good. In particular, one can see the deviations from the Gaussian form at the tails of the distribution. The subtle point of this is that the expression (34) is valid in the long time limit \( t \gtrsim t_0 \). The average heat current from resistor 1 to resistor 2 and the corresponding noise in this model have the form

\[
J_Q = \frac{\beta(T_1 - T_2)}{2\sqrt{2\alpha t_0}}, \quad S_Q = \frac{\beta T_1 T_2}{2\alpha t_0} + \frac{\beta^2(T_1 - T_2)^2}{4\sqrt{2}\alpha^{3/2} t_0}.
\]

We propose the distribution of heat in the low temperature quantum regime to be measured in the setup similar to the one used in the experiments [9,10]. Namely, one would monitor the temperature of the detector resistor 2 in real time with the time resolution of the order of \( t_0 \approx 12h/\pi \kappa B T_1 \), that is, the time interval during which an average energy \( \kappa B T_1 \) is transferred from resistor 1 to resistor 2. Assuming \( T_1 = 100 \text{ mK} \) and \( \tau = 3 \times 10^{-4} \), one finds \( t_0 \approx 1 \mu s \), which is within the reach of current technology [23]. The expected magnitude of temperature fluctuations in the second resistor caused by fluctuations of heat flow may be estimated as \( \delta T_2^2 \approx 3\pi T_2 t/\pi^2 \kappa B \nu^2 \Omega_2 \), where \( t \) is the observation time. For a resistor with the volume \( \Omega_2 = 0.001 \mu m^3 \) made of copper (density of states \( \nu \approx 10^{29} \text{ J}^{-1} \mu m^{-3} \)) and for \( T_2 = 50 \text{ mK} \) and \( t = 100t_0 \) one finds \( \delta T_2 \approx 15 \text{ mK} \), which is measurable with currently available thermometers based on normal metal-superconductor tunnel junctions [23,24]. One can further optimize the system by, for example, designing the coupling circuit with narrow line transmission spectrum, or by using other types of temperature sensors like, e.g., recently proposed sensor based on an SNS Josephson junction [25,26].

In summary, we have developed a theory of full counting statistics of heat exchange between two metallic resistors, which is valid both at high and at low temperatures, where the classical formula for the noise (1) can no longer be used. Fluctuations of the heat current in this system can be interpreted as scattering of photons by an effective potential barrier. In high temperature limit our results are in good agreement with recent experiment [11,12].

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