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Quantum Trajectory Analysis of Single Microwave Photon Detection by Nanocalorimetry

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We apply quantum trajectory techniques to analyze a realistic setup of a superconducting qubit coupled to a heat bath formed by a resistor, a system that yields explicit expressions of the relevant transition rates to be used in the analysis. We discuss the main characteristics of the jump trajectories and relate them to the expected outcomes ("clicks") of a fluorescence measurement using the resistor as a nanocalorimeter. As the main practical outcome, we present a model that predicts the time-domain response of a realistic calorimeter subject to single microwave photons, incorporating the intrinsic noise due to the fundamental thermal fluctuations of the absorber and finite bandwidth of a thermometer.

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Quantum trajectories provide a way to predict the stochastic behavior of an open quantum system experiencing the subtle influence of the environment via a non-Hermitian Hamiltonian, and jumps between eigenstates. Initially developed about 30 years ago as a computational aid [1-4], the trajectories are nowadays routinely used for interpretation of experiments even in modern macroscopic quantum systems [5–11]. For instance, in the currently active field of quantum thermodynamics, quantum trajectories provide an invaluable tool to describe the stochastic thermodynamics properties of open quantum systems [12-17]. In this Letter, we present an analysis of an archetypical basic setup: a two-level system (qubit) coupled to a heat bath. In particular, we take a concrete system of a solid-state superconducting qubit [18] and resistive environment forming an equilibrium heat bath, which is readily realizable experimentally [19,20]. We focus here on the expected outcomes of a fluorescence measurement based on observing emitted and absorbed microwave photons by a nanocalorimeter that presents a circuit realization of a photoreceiver discussed in general terms, e.g., in Ref. [21]. We verify that the common interpretation of the outcome of a projective measurement ("collapse") is consistent with the analysis of our system based on quantum jump trajectories. We present a stochastic simulation of the output of this detector in the presence of qubit-calorimeter interaction and coupling of the calorimeter to the phonon heat bath including thermal noise on the detector. This analysis illustrates the feasibility of such an experiment under realistic conditions and its potential to detect not only the arrival times but also the energies of the quanta in a continuous measurement in the challenging regime of microwave photons.

We consider a qubit coupled to a heat bath as schematically shown in the inset of Fig. 1(a). The stochastic wave function of this system,



FIG. 1. Two-level system (qubit) coupled to a heat bath, shown in the inset. (a) Time evolution of the qubit initially prepared in the state $|\psi(0)\rangle$ when coupled to zero temperature bath. We assume $|\langle e|\psi(0)\rangle|^2 = 0.9$. The red dashed line indicates the time dependence of $|\langle e|\psi(t)\rangle|^2$ when there is no jump. In general, $|\langle e|\psi(t)\rangle|^2$ follows the red dashed line until the stochastic jump occurs. We also present $\rho_{ee}(t)$ and $\bar{J}_{ee}(t)$, an estimate of $J_{ee}(t) = \overline{|\langle e|\psi(t)\rangle|^2}$, by averaging 100 trajectories. These two curves are almost identical apart from small fluctuations of the latter one due to the finite averaging. (b) Same as (a) at finite temperature $\beta \hbar \omega_Q = 0.5$. $\bar{J}_{ee}(t)$ is averaged in this case over 10⁵ realizations, making it practically equal to $\rho_{ee}(t)$. $P_{\text{no-jump}}(t)$ [Eq. (4)] shows double-exponential decay.

$$|\psi(t)\rangle = a(t)|g\rangle + b(t)|e\rangle,$$
 (1)

is written in the basis of the ground $|g\rangle$ and excited $|e\rangle$ states. The non-Hermitian Hamiltonian of the system is

$$H = H_S - \frac{i\hbar}{2} \Gamma_{\downarrow} |e\rangle \langle e| - \frac{i\hbar}{2} \Gamma_{\uparrow} |g\rangle \langle g|.$$
(2)

Here $H_S = -\frac{1}{2}\hbar\omega_Q\sigma_z$ in the $\{|g\rangle, |e\rangle\}$ basis is the bare Hamiltonian of the qubit with $\hbar\omega_Q$ the energy level spacing of it and σ_z the *z* component of the Pauli matrix. $\Gamma_{\uparrow,\downarrow}$ are the excitation and relaxation rates of the qubit, whose precise forms will be obtained later via the master equation (ME). When no jump occurs the wave function evolves as $|\psi^{(0)}(t+dt)\rangle = [1/(\sqrt{1-dp})][1-(idt/\hbar)H]|\psi(t)\rangle$, with $dp = dp_{\uparrow} + dp_{\downarrow}$, where $dp_{\downarrow} = \Gamma_{\downarrow}|b(t)|^2 dt$ is the probability that the jump occurs down to $|g\rangle$ in a short time interval *dt*, and correspondingly, $dp_{\uparrow} = \Gamma_{\uparrow}|a(t)|^2 dt$ is the probability to jump up to $|e\rangle$ [1]. For no-jump trajectories we thus have $\dot{a}(t) = \frac{1}{2}\Delta\Gamma a(t)|b(t)|^2$ and $\dot{b}(t) = -\frac{1}{2}\Delta\Gamma b(t)|a(t)|^2$, where $\Delta\Gamma \equiv \Gamma_{\downarrow} - \Gamma_{\uparrow}$.

Our exemplary protocol drives the two-level system initially into the superposition $|\psi(0)\rangle = a(0)|g\rangle + b(0)|e\rangle$ whereafter it is let to evolve freely though coupled to the bath. Based on the equations above we have

$$|a(t)|^{2} = |a(0)|^{2} e^{-\Gamma_{\uparrow} t} / P_{\text{no-jump}}(t),$$

$$|b(t)|^{2} = |b(0)|^{2} e^{-\Gamma_{\downarrow} t} / P_{\text{no-jump}}(t).$$
 (3)

Here $P_{\text{no-jump}}(t) = e^{-\int_0^t (\Gamma_{\downarrow}|b(t')|^2 + \Gamma_{\uparrow}|a(t')|^2)dt'}$ is the probability that no jump occurs until time *t*:

$$P_{\text{no-jump}}(t) = |a(0)|^2 e^{-\Gamma_{\uparrow} t} + |b(0)|^2 e^{-\Gamma_{\downarrow} t}.$$
 (4)

It satisfies the two conditions $P_{\text{no-jump}}(0) = 1$ and $P_{\text{no-jump}}(\infty) = 0$, the latter meaning that jump takes place eventually, as shown in Fig. 1(b).

In literature on quantum optics, the jumps are typically given by dissipators related to Lindblad-type master equations [2,22], without explicit relation to the concrete bath. On the contrary, here in our system, we can make reference to the actual setup and obtain the relevant rates $\Gamma_{\uparrow,\downarrow}$ given by the circuit and the well-defined bath that it is coupled to. In order to find the expression for these transition rates and the population of the eigenstates in time, we derive the ME for this system. In the standard weak-coupling theory, the total Hamiltonian can be written as

$$H_{\rm tot} = H_S + V(t) + H_B, \tag{5}$$

where H_B is the Hamiltonian of the bath and V(t) is the coupling energy between the system and the bath.



FIG. 2. A qubit coupled to a heat bath shown as a resistor *R*. Depending on the design of the circuit and operating regime, we consider it as a voltage or current source of thermal noise.

For the perturbation, we assume that it is produced by a resistor *R* (Fig. 2) forming the immediate bath of the qubit, and we take linear coupling as $V(t) = AX_n(t)$, where *A* is an operator of the system and $X_n(t)$ is the noise of the resistor. As in this figure, depending on the configuration (current or voltage biasing) one can choose either $V(t) = \Phi i_n(t)$ or $V(t) = qv_n(t)$, where $\Phi(q)$ is the phase (charge) operator and $i_n(t)$ [$(v_n(t)$] denotes the current (voltage) noise. Without loss of generality we take the first option: the final results will be identical for the two possible choices with the proper definition of the quality factor of the system. We have for the system density matrix $\rho(t)$ in the interaction picture,

$$\dot{\rho}(t) = -\frac{1}{\hbar^2} \int_{-\infty}^{t} \operatorname{Tr}_B\{[[\rho(t) \otimes \rho_B, V_I(t')], V_I(t)]\} dt', \quad (6)$$

where $V_I(t) = e^{iH_S t/\hbar}V(t)e^{-iH_S t/\hbar}$, ρ_B is the density matrix of the bath, and Tr_B denotes trace over it. The diagonal and off-diagonal elements of the master equation, ρ_{gg} and ρ_{ge} , respectively, are then given by

$$\dot{\rho}_{gg}(t) = -\Gamma_{\Sigma}\rho_{gg}(t) + \Gamma_{\downarrow}, \quad \dot{\rho}_{ge}(t) = -\frac{1}{2}\Gamma_{\Sigma}\rho_{ge}(t), \quad (7)$$

with $\Gamma_{\Sigma} = \Gamma_{\downarrow} + \Gamma_{\uparrow}$. In accordance with this analysis the rates obey the Fermi golden rule expressions:

$$\Gamma_{\downarrow,\uparrow} = \frac{1}{\hbar^2} |\langle g | \Phi | e \rangle|^2 S_i(\pm \omega_Q).$$
(8)

Here the noise spectral density of current is given by $S_i(\pm \omega) = 2R^{-1}\hbar\omega/(1 - e^{-\beta\hbar\omega})$ at angular frequency ω . Note that this noise that governs the transition rates is determined by the temperature $T = 1/(k_B\beta)$ of the absorber, which may vary in time since we assume that this absorber is a mesoscopic bath coupled to the real "superbath" [23] at a constant temperature T_0 . For a qubit that can be approximated by an *LC* resonator, we can express the phase operator as $\Phi = \sqrt{\hbar Z_0/2}(\hat{a} + \hat{a}^{\dagger})$, where $Z_0 = \sqrt{L_J/C_J}$, with L_J and C_J the (Josephson) inductance and capacitance of the qubit, and $\hat{a} = |g\rangle \langle e|$. We obtain for the transition rates

$$\Gamma_{\downarrow} = \frac{1}{Q} \frac{\omega_Q}{1 - e^{-\beta\hbar\omega_Q}}, \qquad \Gamma_{\uparrow} = \frac{1}{Q} \frac{\omega_Q}{e^{\beta\hbar\omega_Q - 1}}, \qquad (9)$$

where the dependence on the specific setup comes only via the quality factor $Q = Z_0/R$. The transition rates obey the detailed balance condition, $\Gamma_{\uparrow} = e^{-\beta\hbar\omega_Q}\Gamma_{\downarrow}$. To further connect the results with a concrete circuit, we note that the quality factor relates to the standard T_1 relaxation time of the qubit by $T_1 = Q/\omega_Q$ at low temperature [18]. As a sanity check, we return to the stochastic wave function and calculate the quantity $J(t + dt) \equiv \overline{|\psi(t + dt)\rangle\langle\psi(t + dt)|}$, the average over many trajectories, which is expected to mimic the density matrix. For this system,

$$J(t+dt) = (1-dp)|\psi^{(0)}(t+dt)\rangle\langle\psi^{(0)}(t+dt)|$$

+ $dp_{\perp}|g\rangle\langle g| + dp_{\uparrow}|e\rangle\langle e|.$

We then have by a straightforward calculation:

$$\dot{J}_{gg}(t) = -\Gamma_{\Sigma}J_{gg}(t) + \Gamma_{\downarrow}, \quad \dot{J}_{ge}(t) = -\frac{1}{2}\Gamma_{\Sigma}J_{ge}(t). \quad (10)$$

As expected, Eqs. (7) and (10) are identical by interchanging J for ρ .

Figure 1 summarizes the results presented up to now with given parameters. In Fig. 1(a), with T = 0, the dashed red line presents the no-jump evolution of $|b(t)|^2$ and the abrupt transitions down indicate the stochastic quantum jumps to the ground state according to Monte Carlo simulations. In these simulations the jump probabilities are determined by dp_{\downarrow} , as described above. The two other overlapping lines are from averaging $|\langle e|\psi(t)\rangle|^2$ over 100 trajectories, yielding an estimate of $J_{ee}(t)$, and $\rho_{ee}(t)$ from the presented ME. In Fig. 1(b), similar quantities (same colors) are shown at a finite bath temperature, demonstrating jumps also to the excited state, yielding a nonvanishing $\rho_{ee}(t)$ when $t \to \infty$. Let us next apply the obtained concrete framework to the actual calorimetric measurement.

Bath (absorber) as the measuring device (detector).— The temperature of the absorber T is the quantity that we monitor (fluorescence measurement). We assume that the detector is able to tell whether a photon is absorbed or emitted based on the temperature change due to such an event. This is possible if the resistor is a finite-size absorber that is only weakly coupled to an infinite bath. From the practical measurement point of view we adopt the philosophy that following the "state" of the many-body detector, the resistor, in our case by measuring its temperature by a local noninvasive thermometer [24], we do not influence the stochastic trajectories of the system, as argued in Ref. [21]. Also, we ignore the fact that the transition rates are influenced by the variations of the instantaneous T of the absorber. We focus now on the measurement of the first, i.e., the "guardian" photon after the two-level system is prepared in the general superposition of Eq. (1) at t = 0. The probability that this photon is absorbed by the detector ("click up"), corresponding to the transition \downarrow of the qubit, is given by

$$P_{\text{click up}} = \int_0^\infty P_{\text{no-jump}}(t') \frac{dp_\downarrow(t')}{dt'} dt' = |\langle e|\psi(0)\rangle|^2.$$
(11)

By the same argument, we would then obtain that the first photon is emitted by the detector with the probability $P_{\text{click down}} = |\langle g | \psi(0) \rangle|^2$. We note the following. (i) These results hold for any temperature of the absorber. (ii) The arrival time of the guardian photon is stochastic. (iii) It is natural that only the first photon plays a role here, since the next one probes the state of the system after the previous jump and so on.

Energy uncertainty.—The average $\langle E \rangle$ and the variance $\langle \delta E^2 \rangle = \langle E^2 \rangle - \langle E \rangle^2$ of the initial state $|\psi(0)\rangle$ are

$$\langle E \rangle = \frac{\hbar \omega_Q}{2} [1 - 2|\langle g|\psi(0)\rangle|^2],$$

$$\langle \delta E^2 \rangle = (\hbar \omega_Q)^2 |\langle g|\psi(0)\rangle|^2 [1 - |\langle g|\psi(0)\rangle|^2], \quad (12)$$

assuming eigenenergies $E_e = +\hbar\omega_Q/2$ and $E_g = -\hbar\omega_Q/2$. We now compare expressions of Eq. (12) with the measurement outcome. We prepare the system N times to the state of Eq. (1), and measure the guardian photon each time. Assigning N_g to be the number of observed click downs and N_e the number of click ups, we have the expectation values for large N as follows:

$$\langle E \rangle = \frac{N_g}{N} E_g + \frac{N_e}{N} E_e,$$

$$\langle \delta E^2 \rangle = \frac{N_g}{N} E_g^2 + \frac{N_e}{N} E_e^2 - \left(\frac{N_g}{N} E_g + \frac{N_e}{N} E_e\right)^2.$$
(13)

Based on the previous discussion, $N_g/N = P_{\text{click down}} = |\langle g|\psi(0)\rangle|^2$ and $N_e/N = P_{\text{click up}} = |\langle e|\psi(0)\rangle|^2$. Inserting these results into Eq. (13), we again obtain Eq. (12), but now the "quantum uncertainty" of the initial state is transformed into statistical variance in the measurement results.

Temperature response of the absorber.—Based on our detecting scheme depicted in the inset of Fig. 3, we can write the Langevin equation for the temperature of the absorber for small variations $\delta T = T - T_0$ as

$$C\delta \dot{T}(t) = -G_{\rm th}\delta T(t) + \delta \dot{Q}(t), \qquad (14)$$

where *C* and *G*_{th} are the heat capacity of the absorber and the thermal conductance to the superbath, respectively, and $\delta \dot{Q}(t)$ is the instantaneous heat current on the absorber. The noise of the average heat current in this regime, $\delta \dot{Q}_{av}(t) = (1/\Delta t) \int_{t-\Delta t/2}^{t+\Delta t/2} dt' \delta \dot{Q}(t')$, over time interval Δt is obtained as



FIG. 3. Expected response of a calorimeter. Time traces of absorber temperature based on qubit dynamics shown in Fig. 1(a). In the simulations we use $\hbar\omega_Q/k_BT_0 = 100$ and $C/k_B = 100$. These parameters are for a copper absorber of $(0.1 \ \mu\text{m})^3$ volume and $T_0 = 0.01$ K, which are realistic based on recent experiments [27,28]. In the top panel, a jump occurs at $t \approx \tau$, clearly exceeding the noise level of equilibrium fluctuations (see text). In the lower panel, no jump occurs in this time interval. The black solid lines show the exact absorber temperature for one realization of the experiment, and the red lines are outcomes of a noiseless measurement with three different response times τ_{th} of the thermometer. Inset: Model of the measurement setup.

$$\langle \delta \dot{Q}_{\rm av}^2(t) \rangle = S_{\dot{O}}(0) / \Delta t, \qquad (15)$$

where the low frequency spectral density is, according to the fluctuation dissipation theorem [25,26] $S_{\dot{Q}}(0) = \int dt' \langle \delta \dot{Q}(t') \delta \dot{Q}(t'') \rangle = 2k_B T_0^2 G_{\text{th}}$ in equilibrium. Introducing dimensionless time $u = t/\tau$ with $\tau = C/G_{\text{th}}$ the thermal time constant and discretizing it in steps $\Delta u = \Delta t/\tau$ leads to a coarse grained version of Eq. (14) as

$$\delta T(u + \Delta u) = (1 - \Delta u)\delta T(u) + \sqrt{\frac{2k_B T_0^2}{C}}\xi(u)\sqrt{\Delta u}.$$
 (16)

Here, we have normalized the noise as $\delta \dot{Q}_{av}(u) = \sqrt{\langle \delta \dot{Q}_{av}^2 \rangle} \xi(u)$, where $\xi(u)$ has a Gaussian distribution with unit width $P(\xi) = (1/\sqrt{2\pi}) \exp(-\xi^2/2)$. The obtained results are not expected to depend explicitly on the value of the time step as long as $\Delta t \ll \tau$.

Equation (16) forms the basis of Monte Carlo simulations of temperature history of the absorber with $\xi(u)$ as the Gaussian distributed stochastic variable. On top of this

evolution we add in Eq. (14) the effect of stochastic energy absorption events $\delta \dot{Q}(t) = \pm \hbar \omega_0 \delta(t - t_i)$ at the time t_i of each quantum jump causing a sudden temperature change of the absorber with magnitude $\Delta T = \pm \hbar \omega_0 / C$, where + (-) refers to a qubit making a transition to $|q\rangle$ $(|e\rangle)$. For low T only the former transitions occur, as in Fig. 1(a). For numerical simulations (Fig. 3), we assume a microwave photon with $\hbar \omega_O = k_B \times 1$ K = $h \times 20$ GHz energy, a constant heat capacity $C/k_B = 100$ of the absorber, which is consistent with $C = \gamma \mathcal{V}T_0$, where $\gamma \sim 100 \text{ Jm}^{-3} \text{ K}^{-2}$ for a typical metal, $\mathcal{V} = (0.1 \ \mu \text{m})^3$, $T_0 = 10$ mK, and $\Delta t = 0.01\tau$. These numbers are based on assuming a superconducting qubit and a metallic resistor formed of the Fermi gas of about 10^8 electrons with fast internal relaxation and weak coupling to the superbath via electron-phonon interaction, which are all experimentally feasible [24,27,29]. We see in Fig. 3 that the signal-to-noise ratio for observing such a photon is about 10 under these conditions (top panel), which is consistent with our earlier estimates [27]. The time trace of the lower panel is a reference with no photon absorption.

To model the actual temperature probe, we incorporate in the analysis its finite bandwidth. We do this by parametrizing it using a response time τ_{th} , such that the measured temperature $\theta(t)$ follows the actual temperature T(t) calculated above via

$$\dot{\theta}(t) = -\tau_{\rm th}^{-1} [\theta(t) - \delta T(t)]. \tag{17}$$

Then with the time step Δu we obtain

$$\theta(u + \Delta u) = \theta(u) - \frac{\tau}{\tau_{\text{th}}} [\theta(u) - \delta T(u)] \Delta u.$$
 (18)

Naturally, for $\tau/\tau_{\text{th}} \gg 1$, $\theta(u) \simeq T(u)$, i.e., the thermometer follows the actual temperature, and for $\tau/\tau_{\rm th} \ll 1$, $\theta(u) = \text{const}$, meaning that it does not respond to the changes of T. Figure 3 shows numerical results of $\theta(t)$ with a few values of $\tau/\tau_{\rm th}$. If one were to consider the noise of the thermometer itself, one could add a Langevin term to Eq. (17) with proper noise characteristics, but we feel including this would be beyond the scope of this Letter in the absence of actual experimental data. Finally, we note that the results can be generalized to calorimetric fluorescence detection acting on an arbitrary quantum system. In particular, the measurement of single emitted photons as described in the previous paragraph and in Fig. 3 stays unaltered. The calorimeter thus presents a continuously operating detector capable of registering the clicks due to single photon events, with the additional bonus of being able to measure (linearly) the energy of the quanta.

In summary, we have presented a model for a calorimetric fluorescence measurement of an open quantum system based on the stochastic quantum trajectory theory. We demonstrate explicitly that quantum thermodynamic measurements of superconducting circuits are possible down to single quantum level with a realistic continuously operating wideband detector at a sufficiently low temperature.

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