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**Local food crop production can fulfil demand for less than one-third of the population**

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2 **Local food crop production can fulfil demand for less than one-third of**  
3 **population**

4  
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18  
19 **Abstract**

20 **The distance between the origin and endpoint of food supply, and the ‘localness’ of food**  
21 **systems, are key considerations of many narratives associated with sustainability. Yet,**  
22 **information on the minimum distance to food crops is still scarce at the global level. Using an**  
23 **optimisation model based on ‘foodsheds’ (i.e. self-sufficient areas with internal dependencies),**  
24 **we calculate the potential minimum distance between food production and consumption for**  
25 **six crop types around the world. We show that only 11-28% of the global population can fulfil**  
26 **their demand for specific crops within a 100 km-radius, with substantial variation between**  
27 **different regions and crops. For 26-64% of the population, that distance is greater than 1000**  
28 **km. Even if transnational foodsheds were in place, large parts of the globe would still depend**  
29 **on trade to feed themselves. While yield gap closure and food loss reductions could favour**  
30 **more local food systems, particularly in Africa and Asia, global supply chains would still be**  
31 **needed to ensure adequate and stable food supply.**

## 32 **Main**

33 Globalization has significantly transformed food production systems<sup>1</sup>. Increasing trade linkages  
34 have enabled countries to rely on imports rather than producing commodities themselves<sup>2</sup>, thereby  
35 overcoming their own production constraints<sup>3</sup> while saving resources globally through more  
36 efficient production systems<sup>4</sup>. Further, international food trade has the potential to increase  
37 nutritious and diverse food supply<sup>5</sup>, and thus increase resilience to local shocks<sup>6</sup>. At the same time,  
38 however, global trade has partly led to decreased diversity in local food production landscapes<sup>7</sup>,  
39 increased vulnerability to market shocks<sup>8</sup>, and the decoupling of food production and consumption  
40 (potentially associated with losses of cultural values and traditions)<sup>9</sup>.

41 The negative impacts of globalization and food trade have strengthened local food movements<sup>10,11</sup>  
42 and food sovereignty discourses<sup>12</sup> preconizing small-scale farming and local markets as a means to  
43 reduce dependence on globalized value chains and value individual food producers<sup>10,11,13</sup>. This  
44 emphasis often stems from the ambition of restructuring the decision-making landscape to transfer  
45 power from large agricultural companies and global markets to local actors<sup>11,13</sup>. According to these  
46 narratives, localizing value chains may also decrease greenhouse gas (GHG) emissions from  
47 transportation, although agricultural production is a larger contributor to total food-related GHG  
48 emissions<sup>14,15</sup>.

49 Direct measurements of the distance to food at global level, with subnational resolution, are still  
50 scarce. There remains a clear need to understand the physical constraints posed by food  
51 transportation systems to the reorganization of food flows. Existing literature has examined the  
52 'localness' of food systems from several perspectives. The capacity for self-sufficiency has been  
53 explored in global<sup>16</sup>, regional<sup>17</sup> and city-specific analyses<sup>18</sup>. Life-cycle assessments have addressed  
54 the distance to consumption as a factor controlling energy consumption and transportation-related  
55 GHG emissions<sup>14,19,20</sup>. More recently, Kriewald et al.<sup>21</sup> estimated the food travel distance for cities

56 with over 100,000 inhabitants. Gravity modelling, in turn, has shown that despite considerably  
57 improved transportation networks<sup>16</sup>, distance between trading partners has a substantial effect on  
58 bilateral trade<sup>17</sup>.

59 The objective here is to calculate the potential minimum distance needed for satisfying food  
60 demand with local food resources. Using an optimization model, we determine a hypothetical food  
61 distribution set-up which minimises global food miles in order to measure the minimum achievable  
62 crop-specific distance between food production and consumption. Using four different food supply  
63 scenarios (one representing baseline conditions and three simulating different levels of yield gap  
64 closure and/or food loss reduction), we also illustrate how changes in food supply and demand  
65 affect the potential to use more local food resources. Six crop types were considered: temperate  
66 cereals (wheat, barley, rye), rice, maize, tropical cereals (millet, sorghum), tropical roots (cassava)  
67 and pulses.

68 In quantifying how local current food consumption could be, we utilise the concept of “foodsheds”  
69 (see e.g. Peters et al.<sup>22</sup>) in a global context, as a natural unit of analysis, to illustrate the areas  
70 emerging as self-sufficient if distance between food consumption and production were minimised  
71 (see definition and calculations in Methods). Foodsheds illustrate the effect of flow paths of food  
72 and how they may be influenced by e.g. the transport infrastructure.

## 73 **Results**

### 74 **Minimum distance to consumption**

75 In several regions, locally produced crops are insufficient to satisfy the local demand, rendering  
76 food flows necessary to balance surplus and deficit areas (Fig. 1). Globally, 22-28% of the  
77 population could satisfy its demand for temperate cereals, rice, tropical cereals, and pulses within  
78 100 km of its location. In contrast, for tropical roots and maize, only around 11-16% of the  
79 population could meet its demand within 100 km. The geographic distribution of food self-

80 sufficiency is quite similar for most of the crops analysed, the transport distances needed to satisfy  
81 the rest of the demand are both crop and region-specific (Figs. 2, 3).

82 For temperate cereals (Fig. 2a), the distances are strongly controlled by climatic conditions suitable  
83 for cultivation; based on our simulations, the population-weighted average minimum distance is ca.  
84 3800 km. Half of the global population could satisfy its demand within a 900 km, whereas the last  
85 25% of global population would require a distance greater than 5,200 km (Fig. 3a). Most areas in  
86 North America and Europe could satisfy their demand within 500 km from the production region,  
87 but this distance would be up to 5,000 km nearly everywhere in Sub-Saharan Africa (Fig. 2).

88 For rice, global demand for 50% of the population could be satisfied within 650 km (Fig. 3c). This  
89 distance increases rapidly for the remaining 50%, resulting in a population-weighted average  
90 distance of 2,700 km globally (Fig. 2c). The transport distances for maize (Fig. 2e) are considerably  
91 different compared to other crops examined. The Americas, Europe and Asia have substantial maize  
92 surplus areas, which provide abundant food supply sources at short distances (Fig. 3e) when  
93 considering only production intended for human population (see Methods). The global population-  
94 weighted average distance to satisfy maize demand is 1,300 km. Three quarters of the global  
95 population could satisfy its maize demand within a 1,000 km radius, and for the 90<sup>th</sup> percentile the  
96 distance would be slightly over 2,400 km. The average distance across the six crops is around 2,200  
97 km, weighted by population and crop-specific shares of the total usage of the six crops in each cell.  
98 The weighted mean distance is dominated by temperate cereals and rice, given their major share of  
99 the food supply globally (Fig. 2).

100 The comparison between the baseline scenario and the food supply scenario that assumes halved  
101 yield gap and food losses (see Methods for detailed scenario description) shows that with temperate  
102 cereals (Fig. 2b), the largest changes in minimum achievable distance occurs in South America as  
103 well as in eastern and north-western Africa. For rice (Fig. 2d), Sub-Saharan Africa shows  
104 substantial decreases in minimum achievable distance. These changes result mainly from halving

105 the yield gap, especially in Africa and South America. The absolute changes in distance for maize  
106 (Fig. 2f) are relatively small, as the distances are already considerably lower than for other crops in  
107 the baseline scenario (Fig. 2e). While all the scenarios increase food availability, a few places show  
108 increased distances that are due to altered consumption and production patterns, resulting in  
109 different optimum transport linkages.

110 The impact of each food supply scenario differs substantially across regions. In places such as  
111 Europe (Supplementary Fig. 4b) or Oceania (Supplementary Fig. 4d), the different scenarios do not  
112 cause substantial changes to the relationship between population and distance. Other regions show  
113 larger spread between the scenarios; halving the yield gap has a major impact on the distance,  
114 particularly in Africa and Asia. Interestingly, although halving food loss has substantial impact on  
115 distance in e.g. Africa (Supplementary Fig. 4c) and South America (Supplementary Fig. 4f), the  
116 difference in distance needed to satisfy a given population between the HalfLoss + HalfYieldGap  
117 and only HalfYieldGap scenarios is very small, on the order of 100-200 km.

### 118 **Mapping foodsheds**

119 Consumption preferences and food supply patterns bring together local, regional, and global food  
120 supply systems through food trade. Food flows from surplus areas to deficit areas connect different  
121 regions through resources (supply and demand) as well as infrastructure.

122 Building on an existing definition of foodsheds<sup>22</sup>, we take them here as potentially self-sufficient  
123 areas in terms of food, but also connected to the “supply chain” through trade (see Methods). Each  
124 crop produces a distinct set of foodsheds depending on consumption and production patterns and  
125 the availability of transport networks. Beyond their size, foodsheds offer a visualisation of the  
126 connectedness between regions under each scenario considered.

127 The total number of foodsheds ranges between 448 (tropical roots) and 1,209 (maize). For  
128 temperate cereals (Fig. 4a), a major foodshed connects large parts of North and South America with  
129 Africa, Europe and Asia. The larger foodsheds surround several smaller ones in e.g. South America  
130 and in Asia, whereas the United States are clearly divided into a large foodshed in the east and  
131 several smaller foodsheds in the west.

132 Similar to temperate cereal basins, rice foodsheds show a large connected area covering the  
133 majority of Africa, Europe, and parts of South and North America (Fig. 4b). However, they differ  
134 for example in northern parts of South America, where rice is fragmented into smaller foodsheds, in  
135 contrast to those for temperate cereals. Globally more dispersed production patterns for maize  
136 enable more localized access to supply, resulting in a much more fragmented foodshed structure,  
137 with a large number of small foodsheds (Fig. 4c). It is notable that the small foodsheds ( $\leq 25,000$   
138  $\text{km}^2$ ) make up a large proportion of the total number of foodsheds for all the crops (Supplementary  
139 Fig. 5).

140 We explored combined foodsheds in two different ways: a) by looking at flows of aggregated crop  
141 production and demand (Supplementary Fig. 8a), which implies that total energy demand for the  
142 analysed crops may be satisfied by any combination of the six crops that minimises the distance;  
143 and b) by combining the gridded flows of all six crop types (Supplementary Fig. 8c). In the first  
144 case, the flows form one large foodshed accompanied by several smaller foodsheds, rather similar  
145 to the temperate cereals and maize foodsheds (Supplementary Fig. 8a). On the other hand,  
146 combining the flows of the six crops yields one global foodshed (Supplementary Fig. 8c), implying  
147 that while the supply systems for single crops in certain areas might be really local (Fig. 4), the  
148 diversity in diets results in a very interconnected world with a single global food supply system –  
149 already when considering only six crops.

150 **Multiple factors impacting food flows**

151 We illustrate in Fig. 5 the potential impact of infrastructure on food trade flow by first minimizing  
152 only distance and secondly accounting also for transport infrastructure (roads, trains, shipping) and  
153 travel time (see Methods). In our optimisations, minimizing only distance causes food flows to take  
154 the shape of wide, spatially uniform patterns, with many connections over oceans, where the  
155 distance is sufficiently short (Fig. 5a,c,d,f). After accounting for transport infrastructure, the flows  
156 concentrate into relatively few preferential pathways carrying sizable food flows. This  
157 concentration of flows is highly visible with temperate cereals and rice (Fig. 5b,d) whereas maize  
158 flows (Fig. 5e) have substantially lower volumes. While the importance of a given pathway might  
159 change between the crops, the different friction surfaces highlight the importance of trade  
160 infrastructure and transportation technology in shaping market accessibility, and hence food  
161 availability<sup>23,24</sup>.

162 In addition to supply and demand, the size and direction of the trade flows and food systems are  
163 affected by a multitude of factors, such as access to markets<sup>23</sup>, infrastructure<sup>25</sup>, or trade  
164 agreements<sup>26</sup>. This is visible when comparing our optimised minimum distance trade flow patterns  
165 with the actual reported trade flows (Fig. 6). For the comparison, we combined the reported  
166 bilateral trade flows averaged over 2006-2010 for the six crops analysed here and aggregated them  
167 to regional level (Fig. 6b). We also aggregated our optimisation results to that same spatial scale  
168 (Fig. 6a). The flow patterns for Northern America remain mainly similar between the modelled  
169 flows and FAOSTAT statistics, as Northern America is in both cases the largest food net exporter  
170 for most regions. However, particularly for Africa, Asia and Europe the flow sources are somewhat  
171 less distributed for the optimised flows (Fig. 6a) compared to the FAOSTAT statistics (Fig. 6b).

## 172 **Discussion**

173 Satisfying food demand with local production is not achievable with current production and  
174 consumption patterns. The distance between food production and consumption is a function of  
175 flows of food, and the concept of foodsheds provides a way of investigating self-sufficient areas  
176 and interpreting food flows in terms of their interconnectivity. While 11-28% of global population  
177 could fulfil their crop-specific energy demand with production not further than 100 km (Fig. 2),  
178 there are a number of large foodsheds where food flows connect regions from several continents.  
179 While this same variation has been shown for foodsheds of cities<sup>21</sup>, our results indicate that  
180 accounting for also rural areas as well as transport networks results in more globally connected  
181 foodsheds. In addition, focusing only on distance and not the actual routing and travel time cost has  
182 substantial effects on food flow patterns, possibly neglecting potential logistic bottlenecks or  
183 vulnerabilities.

184 Changes in current production and consumption patterns might facilitate the transition towards  
185 more local food consumption, but holistic approaches are needed as the food system incorporates  
186 many factors and perspectives. For example, favouring efficiently grown local food has potential  
187 for decreasing food loss and GHG emissions, simultaneously supporting food security and energy  
188 efficiency<sup>27</sup>. On the other hand, increasing local production around extremely densely populated  
189 areas or regions which already face sustainability challenges could further increase the pressures  
190 placed on the environment, such as water pollution, loss of biodiversity and overuse of local water  
191 resources<sup>28</sup>. Moreover, shifting towards more self-sufficiency-oriented policies may induce trade-  
192 offs for the food supply, such as increased vulnerability to local disruptions like mass migrations<sup>29</sup>,  
193 loss of harvests<sup>30-32</sup>, or challenges for the food supply to meet nutritional needs<sup>33</sup>. Therefore,  
194 resilient food systems would need flexibility to deal with a range of scenarios and potential shocks.  
195 There is a fine balance between benefiting from trade, while avoiding becoming overly reliant on it.

196 Systemic transitions such as minimizing food loss and waste and closing yield gaps can provide  
197 opportunities to improve food availability<sup>28,34,35</sup> while decreasing environmental impact<sup>36</sup>. However,  
198 the potential magnitude of these changes is highly region-specific (Supplementary Fig. 4). For  
199 instance, the potential to decrease the minimum achievable distance in Africa is much higher than  
200 in Europe. Our results show that optimisations with different friction surfaces and the combined  
201 foodsheds, as well as the way we represent accessibility and diets, have substantial influence on  
202 which flow paths – and consequently foodsheds – emerge. While only six crop types were included  
203 in the analysis, results suggest that including additional crops will also have a compounding effect,  
204 which would still lead to a globally connected system, even if transport networks were optimised  
205 and food was sourced as locally as possible (Supplementary Fig. 8c). The precise flow paths are  
206 strongly tied to geographical characteristics such as transport infrastructure, emphasizing the  
207 importance of the local context in understanding what “local” means.

208 This study has several limitations that are worth exploring in future work. The six crop types  
209 included here cover a varying share of the national dietary energy, e.g. over 70% in Afghanistan,  
210 Lesotho and Bangladesh, but less than 20% in countries such as Belgium or Iceland. Animal  
211 products and feed are also crucial elements to include given their importance for diets (~40% of  
212 dietary protein<sup>37</sup>) and trade (~25% of global value<sup>38</sup>), respectively. A more comprehensive  
213 representation of diets would allow us to quantify their impacts on distance to food and how they  
214 change over time. In addition, quality requirements differ a lot depending on the intended use of  
215 crops, e.g. cereals used in bakeries, breweries or as livestock fodder. These quality requirements  
216 may further diversify patterns in production, demand and trade. Further, the areas producing food  
217 quality crops might also change from year to year depending on e.g. the weather conditions during  
218 the growing season. Lack of global data has made it impossible to account for these factors in the  
219 present study.

220 Although we deliberately focus on physical constraints affecting food transportation, future  
221 research might look at constraints limiting practical feasibility. This includes trade networks and  
222 agreements<sup>39</sup>, as well as economic costs of food production, consumption, and logistics beyond  
223 distance and time. Within local and global value chains, intermediate steps involving storage or  
224 processing are also important to capture, both in terms of transportation to facilities and potential  
225 for degradation or losses during storage, transport and processing<sup>40</sup>. A more detailed representation  
226 of transportation networks would enable us to look at the vulnerability of trade routes and how that  
227 could impact the regional or global trade network<sup>41</sup>, or even the magnitude of benefits gained from  
228 improving infrastructure<sup>24</sup>.

229 More fundamentally, further work is needed to integrate the evaluation of minimum achievable  
230 distances to food within broader food security analyses. This study has highlighted how distance to  
231 food relates to a broader set of issues, e.g. geopolitical dependencies, capital investment including  
232 infrastructure, technology, and resource use. These relationships could be investigated in much  
233 more detail in future studies, in addition to tackling issues not yet raised, such as access to adequate  
234 and nutritious food as well as fairness of equal food distribution<sup>42</sup>. Although here we assume food  
235 supply to match the current food demand of every world region as reported by FAOSTAT, in reality  
236 not everybody has the means to satisfy their food demand due to e.g. insufficient income or limited  
237 access to food.

238 Global approaches such as the one we present are clearly not intended to provide granular local  
239 results for policy decisions, but rather an overview – and a starting point – for understanding the  
240 complexity within common discourses. Although food trade should not be seen as a panacea for  
241 resource management and food security, the local food discourse has also been prone to the “local  
242 trap”, in which local food production is promoted as the best option and inherently more sustainable  
243 compared to global food supply systems<sup>10,43</sup>. All the above-mentioned factors intertwine local and  
244 global food systems into complex systems, where there is most likely no single operation

245 framework that fits in all situations or spaces. Food, food production and food systems in general  
246 should not be considered only as a source of energy for the people but rather a complicated mix of  
247 utility, desires, culture, tradition, socio-economic status and livelihood<sup>44</sup>. Exploring minimum  
248 achievable distance to food, however, provides one key building block in understanding the  
249 complex linkages within the local food-narratives.

## 250 **Methods**

### 251 **Data**

252 The analysis uses gridded data on dietary energy supply from crops and dietary energy demand of  
253 the human population. The local energy supply from crops was defined by three factors: crop  
254 production, crop energy content, and losses, namely post-harvesting losses and losses in processing  
255 and packaging. For crop production we used data from the global gridded vegetation  
256 model LPJmL<sup>45</sup>, as calibrated and evaluated by Heino et al.<sup>46</sup> (see Supplementary Fig. 10 and  
257 Supplementary Fig. 11). We use LPJmL to simulate production for 13 Crop Functional Types  
258 (CFTs). Of these 13 CFTs, we selected six (i.e. temperate cereals, maize, rice, tropical cereals,  
259 tropical roots, and pulses) for further analysis, as these crops account for approximately 47% of  
260 globally traded calories<sup>38</sup>.

261 We adjusted the LPJmL simulated CFT specific production by a country specific factor to match  
262 FAOSTAT Food Balance Sheet (FBS) statistics<sup>37</sup> on a country level, averaged over the years 2006-  
263 2010, as some countries had substantial differences between simulated production and reported  
264 production. The production values for each country were multiplied by the ratio between  
265 FAOSTAT country production and the LPJmL values, aggregated to country level. For major  
266 temperate cereal producers such as China, United States or France, the adjustment varied between  
267 0.98-1.27. However, there were some larger outliers, for example India (1.58) and Australia (1.59).  
268 For rice, the multiplication factor for the top producers varied 0.95 (China) to 1.9 (Myanmar). For  
269 some countries with smaller production the adjustment considerably larger, for example the  
270 multiplication factor for temperate cereals varied between 0.02 (Montenegro) and 9.5 (Ethiopia).  
271 This discrepancy notably arises due to the lack of multiple cropping practices in LPJmL  
272 simulations, temporal variation and other possible sources of error. For countries without FBS  
273 production data, the simulated CFT production values were not scaled. To handle countries without  
274 FBS data on crop energy content, diet composition and crop specific demand, we applied regional

275 averages based on eight geographically distinctive areas (see Supplementary Fig. 1). To account for  
276 supply-side losses, the energy supply was scaled downwards according to region-specific waste  
277 percentages<sup>47</sup>.

278 In addition to food, crops are used also as feed and biofuel. On average, around 75% of the global  
279 maize production between the years 2006-2010 was used for feed and other uses such as biofuel,  
280 whereas for temperate cereals and rice the combined share of feed and other uses was only 29% and  
281 10%, respectively<sup>37</sup>. Thus, we constrained crop production so that in each country only a certain  
282 fraction of the crop production was intended for direct human consumption. The crop production  
283 was divided into country and crop specific food, feed and non-food fractions<sup>48</sup>, each varying  
284 between 0 and 1 and summing up to one for each country. The different fractions are built from  
285 values averaged between 1997 and 2003 - relying on available data<sup>48</sup>, thus introducing an  
286 inconsistency between timeframes of different data sources. The food fractions were therefore  
287 increased by globally uniform but crop specific multipliers, to match the global crop production  
288 intended for human use and demand for each crop. The food fractions were increased between 5%  
289 (tropical roots) and 81% (temperate cereals). For pulses, the production with initial food fraction  
290 was sufficient to satisfy the global demand. The food fractions for each country were capped at one,  
291 assuring that total crop production is not increased. For countries without data, it was assumed that  
292 100% of the crop production was used as food.

293 The energy demand for each cell was calculated using gridded population<sup>49</sup>, country and crop  
294 specific food demand from FAOSTAT statistics<sup>37</sup> averaged over the years 2006-2010, and  
295 percentage of total food energy supply contributed by each crop<sup>37</sup> (see Supplementary material Note  
296 S1). The demand was scaled upwards by a region-specific fraction to account for waste and losses  
297 in distribution and consumption according to Gustavsson et al.<sup>47</sup>. For the combined food demand,  
298 the individual food consumption was summed across crops.

299 For the aggregation of FAOSTAT, bilateral trade statistics were averaged over years 2006 to 2010  
300 and the product specific values were transformed to primary crop equivalents in kilograms using  
301 conversion factors i.e. percentage share of the primary crop in a given product<sup>50</sup>. The primary crop  
302 equivalents were then converted into kilocalories and aggregated over all of the six crops. Lastly,  
303 the obtained country-to-country trade values were aggregated into regions according to FAO  
304 classifications.

305 The reliability of FAO trade statistics creates some uncertainty in our comparison to actual trade  
306 flows, as we only use data from reporting countries. In some cases, the reports from the exporter  
307 and importer countries differ substantially<sup>38</sup>. This can create variation especially within countries  
308 that do not have reliable accounting of import and export flows. In addition, our model tracks the  
309 food flows only between adjacent countries; thus, some flows may be registered also for the  
310 intermediary country.

### 311 **Scenarios**

312 In addition to our baseline of years 2006-2010, we used three scenarios to estimate how increases in  
313 food availability would affect the simulated minimum achievable distance. We considered two  
314 different changes to food availability: decreasing food losses and reducing the global yield gaps.  
315 The impact of these changes was assessed both separately and together. The crop and region-  
316 specific food loss percentages<sup>47</sup> were cut in half in every phase of the supply chain, thus increasing  
317 the supply (less is wasted in production and processing) and decreasing the demand i.e. less is  
318 wasted in distribution and consumption. In the yield gap scenarios, the difference between  
319 maximum attainable yield and the initial yields were halved. Both yield estimates were obtained  
320 from LPJmL<sup>45</sup> simulations.

## 321 **Optimisation framework**

322 The optimisation framework consists of two phases. First, we created a linear programming matrix  
323 where we minimize the total distance or travel time that food must travel to fulfil the energy  
324 demand in a given cell (see Supplementary materials Note S1). Given that the aim of our analysis  
325 was to emphasize consumption of local food, we assumed that local production is consumed  
326 preferentially, satisfying as much of the demand as possible within the cell before any imports or  
327 exports occur. Here, imports and exports refer to optimised flows between adjacent cells  
328 considering eight surrounding cells (and not actual country-to-country trade flows). When the local  
329 production cannot fulfil the energy demand of a given cell, imports from adjacent cells are needed  
330 to fulfil the energy deficit of a specific crop (see Supplementary Fig. 12). For each cell in a raster  
331 grid, we optimised the food flows from and to its adjacent cells that were part of a transport network  
332 (see section “Friction surfaces” for transportation network analysis). Cells that have surplus  
333 production act as source cells from which food is exported initially.

334 In the second phase of the optimisation, we calculated the average distance across multiple flow  
335 steps for each grid cell (see Note S1 for mathematical formulation). For example, consider a flow  
336 step from point A to B (see Supplementary Fig. 12). The total food miles depend on the average  
337 food miles to reach cell A, the distance between cell A and B, and the size of the flow. We assumed  
338 that once food is imported to a cell, it is completely mixed with other imports and potential surplus  
339 from that cell (implying that the original source cannot be traced). As an example, if a cell imports  
340 100 billion kcal, it is mixed with its own surplus of 50 billion kcal, adding up to 150 billion kcal.  
341 Similarly, the potentially exported food from a cell is a uniform mix of imported and locally  
342 produced surplus food. Equations can therefore be formulated where the average food miles from  
343 cell A is calculated by dividing the total food miles by the sum of local production and all imported  
344 food flows. If 150 billion kcal of food are transported via this same cell, the transit trade exported  
345 from that cell is considered a mix of both imported transit (100 billion kcal) and surplus (50 billion

346 kcal) food. Thus, the food that the cell exports results either from surplus local production, or from  
347 food transit through that cell. In the resulting system of equations, the only unknown variable is the  
348 total food miles for each grid cell, which is then calculated by matrix algebra. After solving for the  
349 food miles, we can also calculate the average distance between food production and consumption  
350 for each of the grid cells.

### 351 **Friction surfaces**

352 We constructed two friction surfaces with different sets of weights to assess the impact of transport  
353 networks, and therefore accessibility. The first friction surface was constructed using only the great  
354 circle distance between cell centroids. The second friction surface captures transport travel time  
355 cost between cells. In addition to distance, we also accounted for the global coverage and speed of  
356 different transportation methods as well as the relative costs of each transportation method. The  
357 resolution for the friction surfaces was 30-arcmin, as used by our input data from the LPJmL model.  
358 We acknowledge that performing the optimisation at 30-arcmin resolution adds several  
359 uncertainties. The aggregation of demand points may induce errors in, for example, distance  
360 calculations<sup>51</sup> through underestimation of road meandering or overestimation of the transport  
361 network coverage, especially in more remote areas. Hence, to diminish the effect of these factors,  
362 the transport travel time cost friction surface was initially constructed at 5-arcmin resolution and  
363 then aggregated into 30-arcmin resolution.

364 The friction surface was constructed using a cost-surface approach, i.e. where travelling through  
365 each raster cell was assigned a cost based on the friction surface. The value for each raster cell was  
366 classified as the lowest travel cost across the available transport methods within that cell. To define  
367 adjacent cells, we used queen adjacency where all eight surrounding raster cells are considered as  
368 adjacent to any given raster cell. To define the travel time cost between adjacent 30-arcmin grid  
369 cells, we first divided each 30-arcmin grid cell into 36 cells with a resolution of 5-arcmin. Within  
370 adjacent 30-arcmin cells, we then searched for the optimal minimum cost path between each

371 combination of the resulting 36 source and 36 target cells using the *shortest path* -function in  
372 MATLAB<sup>®</sup>. Lastly, the travel time cost was averaged between all the 5-arcmin combinations for  
373 the overlying 30-arcmin grid cells. All the distance calculations were performed using great circle  
374 distance between centroids of raster cells.

375 The shipping<sup>52</sup> and railroad<sup>53</sup> datasets which were in feature vector format were initially converted  
376 to raster grids with 5-arcmin resolution. For roads, we used the Global Roads Inventory Project  
377 (GRIP)<sup>54</sup> dataset which is a raster set with 5-arcmin resolution depicting road density per square  
378 kilometre. The road dataset was divided into four groups based on their classification in the original  
379 dataset and given a representative speed in all cells that had density larger than zero. In the absence  
380 of more precise information, highways and primary roads were assigned representative traveling  
381 speeds of 100 and 80 km/h, respectively. Secondary roads were assigned the speed 60 km/h and  
382 tertiary roads were combined with roads with unknown type and assigned 20 km/h traveling speed.  
383 Cells along a railroad network were assigned a traveling speed of 24 km/h<sup>55</sup>. Our transport dataset  
384 does not necessarily include the entire global road network, and thus to guarantee that all cells could  
385 be connected, we assign a minimum travel speed of 5 km/h for all land areas.

386 Transporting through the oceans was modelled as port-to-port connections where all the ports were  
387 free to ship to any other port. As some of the islands in our dataset did not have a port, they were  
388 assigned one as close as possible to an existing port to keep the optimisation problem feasible. As  
389 these points were not actual ports, they were connected to only the ten closest actual ports. The  
390 friction between ports was divided into two categories. Speed within major shipping lanes was  
391 assumed to be 19 km/h<sup>55</sup>. All open ocean areas (areas outside major shipping lanes) were assigned a  
392 minimum traveling speed of 10 km/h.

393 Cost of transport influences decisions on where and how to transport goods. As such, it has an  
394 important role in global trade network. Each of the transport methods was scaled to account for

395 differences in freight costs per ton-mile, with factors of 1, 3 and 25 for shipping, railroads and  
396 roads, respectively<sup>56</sup>. Technically, this means that the optimisation minimizes the cost of travel time  
397 with a friction surface expressed in ship-equivalent kilometres/hour/tonne. All of these assumptions  
398 can change the flows obtained by the optimisation. Key results of our analysis are robust, however,  
399 with transport networks leading to preferential flow paths, and some large foodsheds emerging. If  
400 global demand and production are relatively close, substantial trade is needed for all demand to be  
401 met, and the resulting flows have a good chance of connecting large parts of the globe unless  
402 production is widely distributed (as for maize).

403 We also assigned a constant 24-hour friction to country borders to depict the friction of border  
404 crossings, such as customs checks. As domestically produced items are usually preferred over  
405 international<sup>57</sup>, the friction at country borders also tries to capture the mental barrier of acquiring  
406 food from abroad. While this is not an accurate estimate, it can be refined as appropriate data  
407 becomes available. We did not consider any capacity constraints for the transportation network and  
408 therefore a theoretical maximum speed was assumed in each cell. In reality, capacity depends on the  
409 availability of the transport vehicles as well as capacity of the transport infrastructure and trade  
410 systems. Modelling such detailed particularities of the global transport systems was outside the  
411 scope of our study.

## 412 **Foodsheds**

413 To assess the connectedness of different regions globally, we adopted the concept of foodsheds.  
414 We defined foodsheds as areas that are linked together through movement and consumption of food  
415 (see Supplementary Fig. 12). The distance between adjacent cells was calculated using great circle  
416 distance (distance-function) between cell centroids with the WGS84 reference ellipsoid in  
417 MATLAB. The areas for the foodsheds were calculated using the area-function from the raster-  
418 package<sup>58</sup> in R. The foodsheds are divided by “ridge-cells”: cells which are source cells without any

419 incoming flows connecting two or more foodsheds. They act similarly to mountain tops which  
420 divide rainwater into separate natural river basins. Adjacent cells which have food flows between  
421 them belong to the same foodshed. Individual foodsheds are crop-specific and there are no  
422 interactions between foodsheds of different crops. However, we do consider also aggregate  
423 foodsheds which are formed by combining the separate food flows before creating the foodsheds.  
424 The formation of foodsheds from food flows provides a natural unit of analysis to reflect on food  
425 production and the interconnectedness between regions within a seemingly simple narrative, “as  
426 local as possible”.

427

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- 541

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565

566 **Data and materials availability:** Key outcome data is available at *address of the repository will be*  
567 *added in proof stage*. All the scripts are available from the corresponding authors.

568 **Figure captions**

569

570 Fig. 1: **Food supply and demand for baseline scenario.** Food supply in calories (left panels) for temperate  
571 cereals (a), rice (c), maize (e) and combined supply of all six crop types including additionally tropical roots,  
572 tropical cereals and pulses (g). Food demand (right panels) for temperate cereals (b), rice (d), maize (f) and  
573 combined supply of all six crop types (h). All panels are based on a 30 arc-min grid (~50 km x 50 km at the  
574 equator). See Supplementary Fig. 2 for crop-specific maps of tropical roots, tropical cereals and pulses.

575

576 Fig. 2: **Optimised simulated distance from food production to consumption.** Panels on the left show the  
577 distance under baseline conditions and panels on the right show the change in distance when the HalfLoss +  
578 HalfYieldGap scenario is considered. Distances needed to satisfy food demand for temperate cereals (a), rice  
579 (c), maize (e), and the mean distance of all six crops weighted by their individual shares of their total usage  
580 in each cell (g). Change in distance relative to the baseline scenario for temperate cereals (b), rice (d), maize  
581 (f), and their weighted mean (h). Food flows are determined by minimizing a friction surface capturing  
582 transport travel time costs. See Supplementary Fig. 3 for crop-specific maps of tropical roots, tropical cereals  
583 and pulses.

584

585 Fig. 3: **Cumulative population distributions for six crops and the crop mix weighted mean.** Population  
586 distributions for temperate cereals (a), rice (b), maize (c), pulses (d), tropical cereals (e), tropical roots (f)  
587 and the mean distance weighted by the share of each crop of the total supply of the six crops included in the  
588 analysis (g). The distributions are aggregated globally and over eight regions (see region aggregation in  
589 Supplementary Fig. 1). The scenario results are shown in Supplementary Fig. 4.

590

591 Fig. 4: **Foodsheds for temperate cereals, rice and maize.** For each crop, all areas with the same colour  
592 belong to the same foodshed. All foodsheds smaller than 25,000 km<sup>2</sup> are shown in grey. ‘Ridge cells’ are  
593 surplus production cells that have no incoming flows and connect to two or more foodsheds. ‘Unconnected  
594 single cells’ (in pink) are food self-sufficient and have no connection to other cells. Foodsheds also include  
595 non-production demand-only areas. Food flows were determined by minimizing a friction surface capturing  
596 transport travel time costs. The foodsheds for all the crops as well as yield gap closure and food loss  
597 reductions scenarios are shown in Supplementary Fig. 6 and Supplementary Fig. 7, while foodsheds for  
598 combined crop demand is shown in Supplementary Fig. 8.

599

600 Fig. 5: **The impact of friction surfaces on optimised food flows.** Flow routes using cell centroid distance  
601 as friction surface in the optimisation (left panels) for temperate cereals (a), rice (c), maize (e), and combined  
602 supply (g). Flow routes when using transport travel time cost (see Methods) as a friction surface in the  
603 optimisation (right panels) for temperate cereals (b), rice (d), maize (f), and combined supply (h). The  
604 optimisation is done on a 30 arc-min grid (~50 km x 50 km at the equator). See Supplementary Fig. 9 for  
605 other crop types.

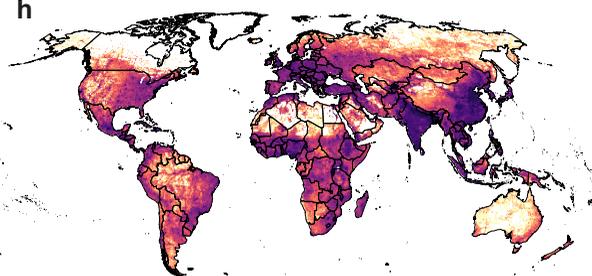
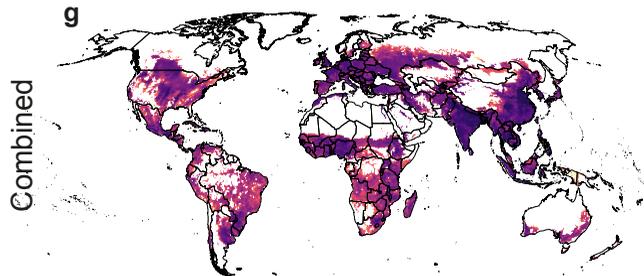
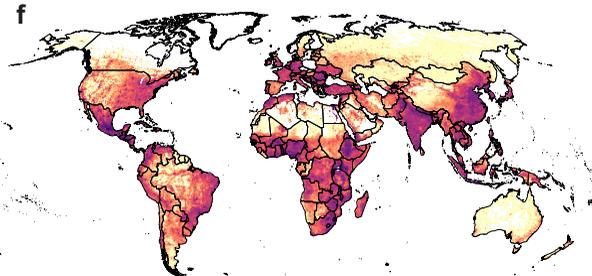
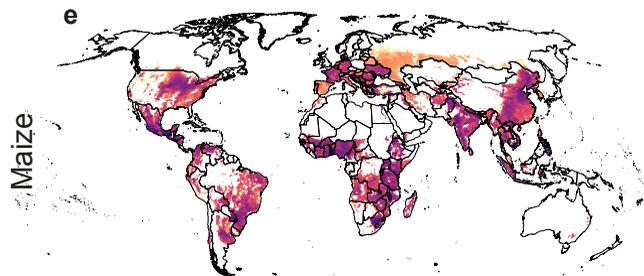
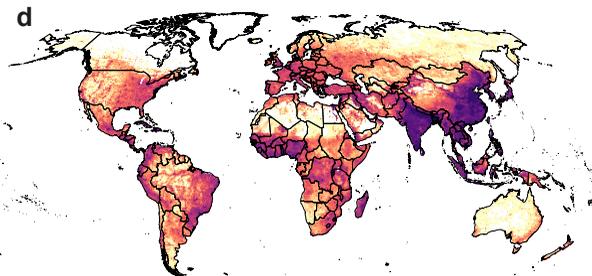
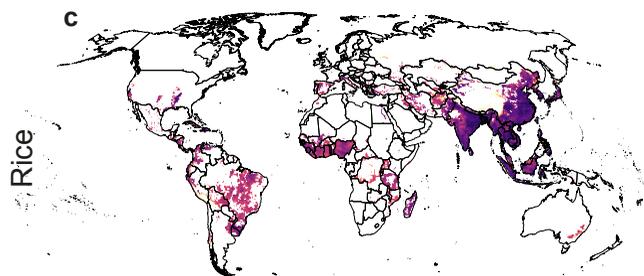
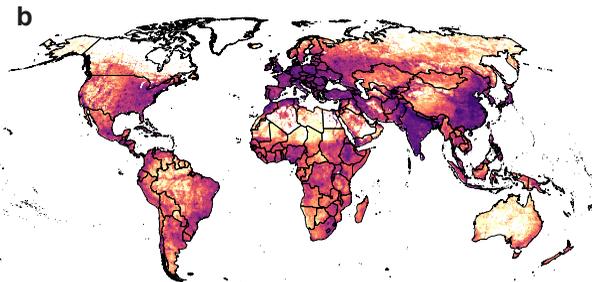
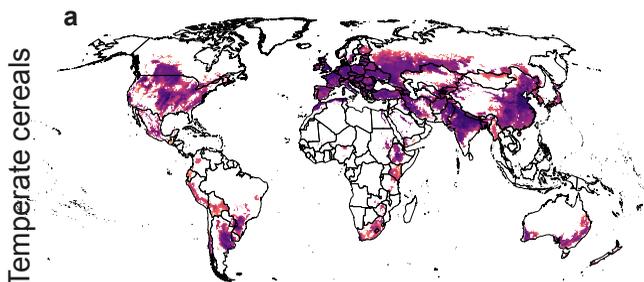
606

607 Fig. 6: **Comparison of modelled net food flows (a) and FAOSTAT bilateral net trade between regions**  
608 **(b).** The flows of all the crops have been measured in kcal and then combined. The arrows show the relative  
609 size of the total flows between the regions (see region delineation in Supplementary Fig. 1).

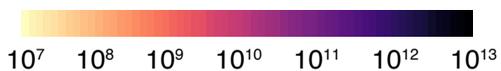
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Food supply

Food demand

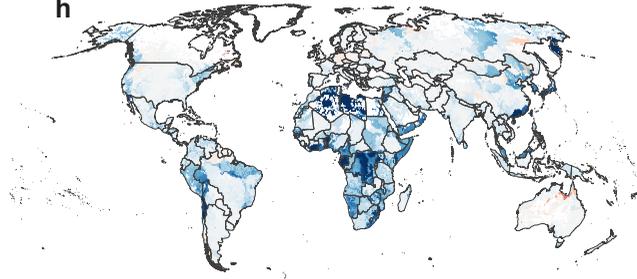
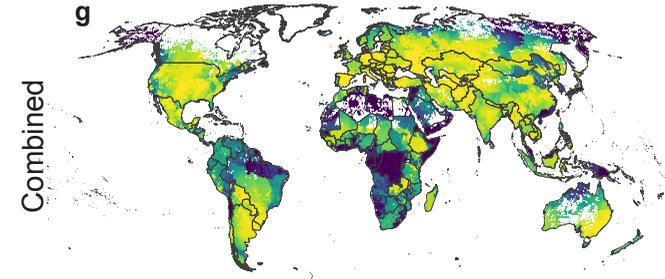
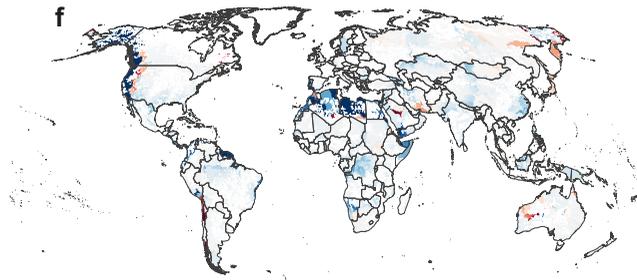
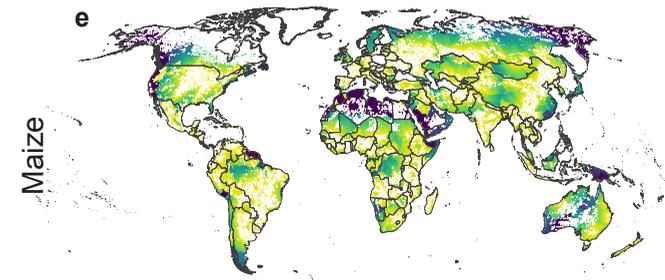
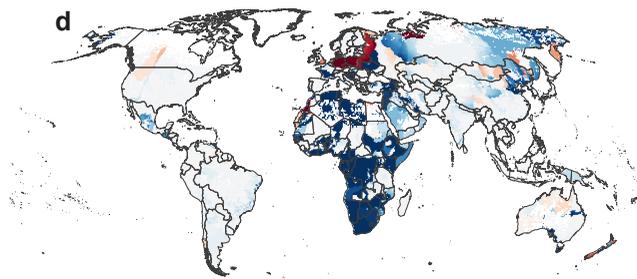
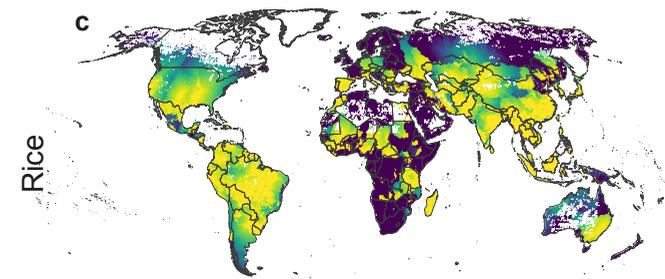
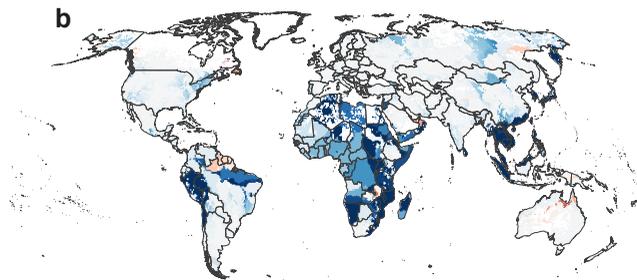
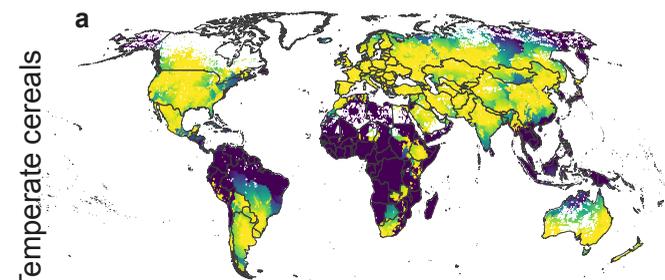


Food energy [kcal]

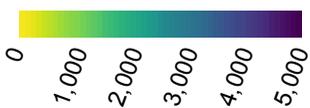


Baseline

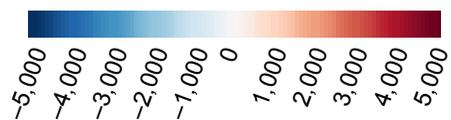
Halved yield gap + halved food losses

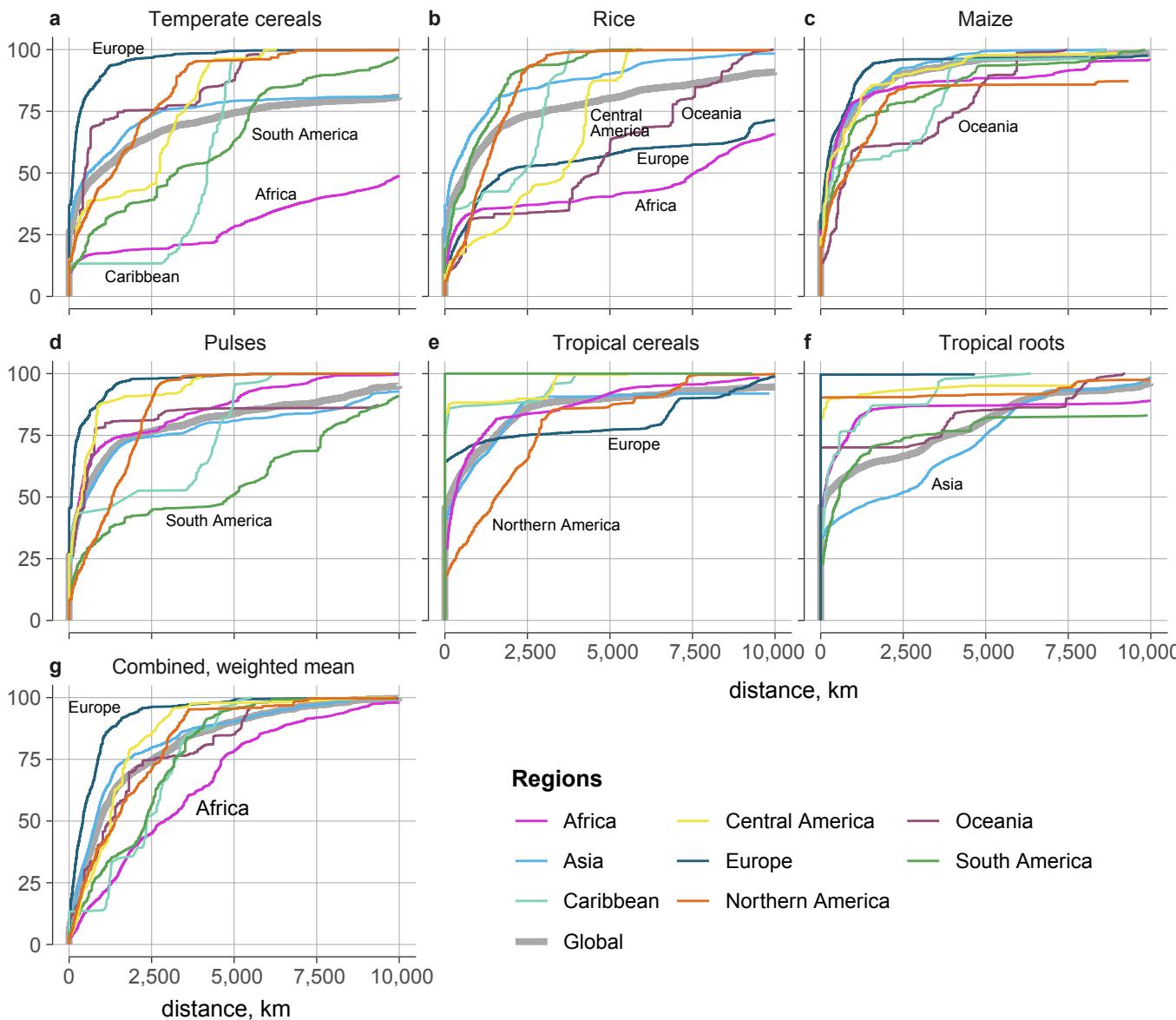


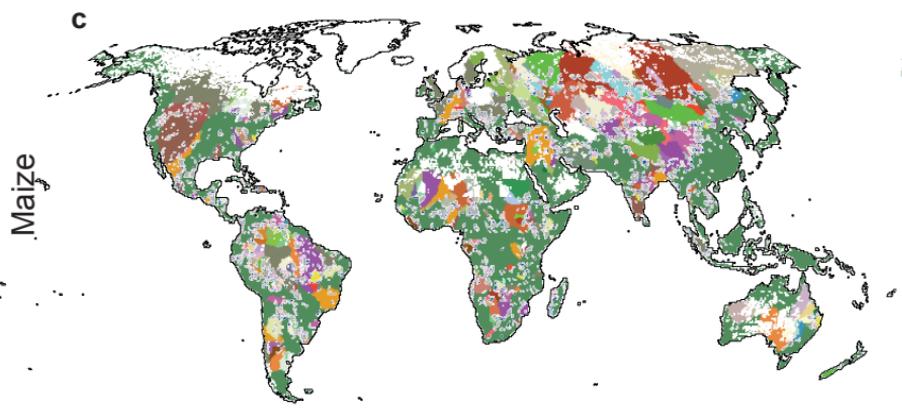
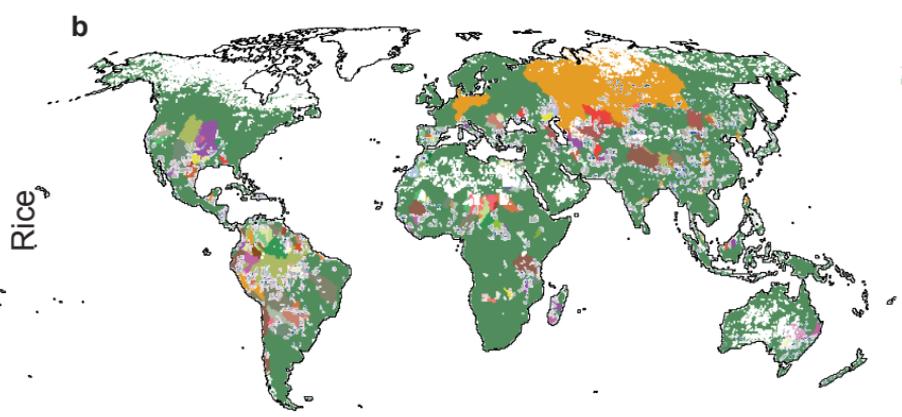
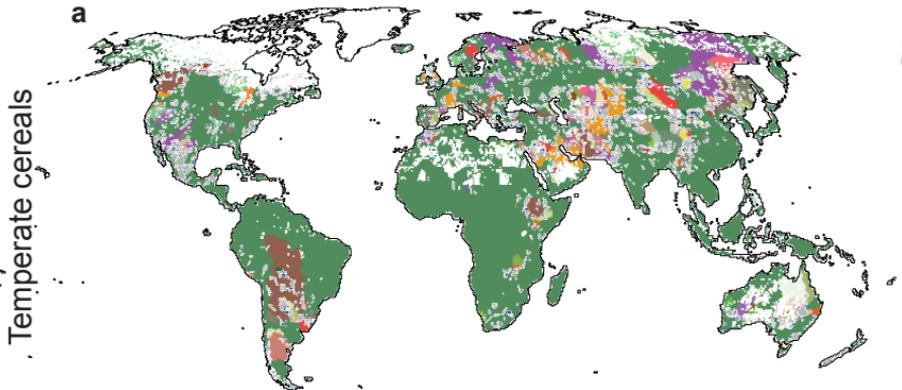
Distance [km]



Change in distance [km]

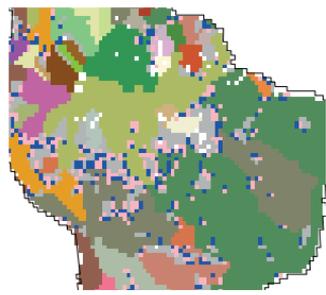






**Foodsheds, areas connected by food flows**

Example foodsheds

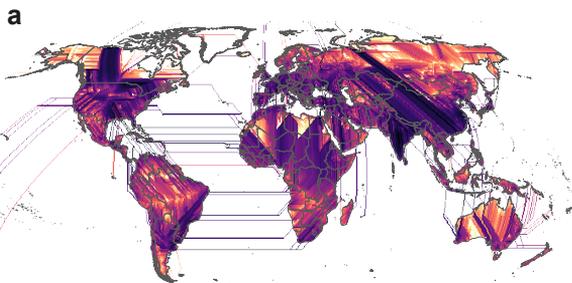


- Foodsheds  $\geq 25\,000\text{ km}^2$ 
  - 
  - 
  - 
  - 
  -
- Foodsheds  $< 25\,000\text{ km}^2$ 
  -
- Ridge cells
  -
- Unconnected single cells
  -
- No demand
  -

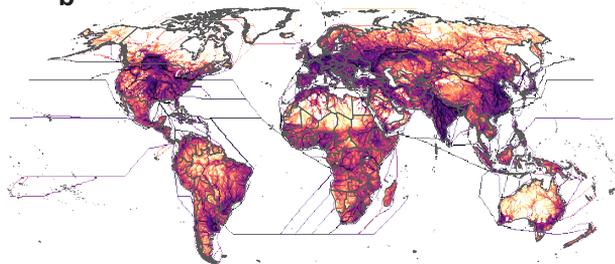
Distance

Travel time

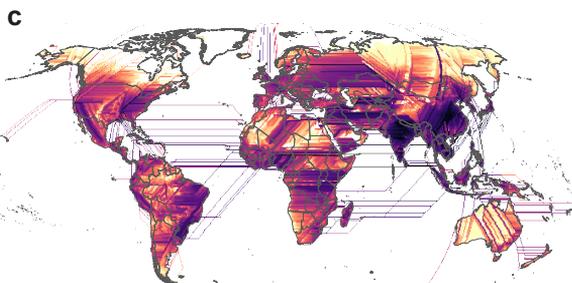
Temperate cereals



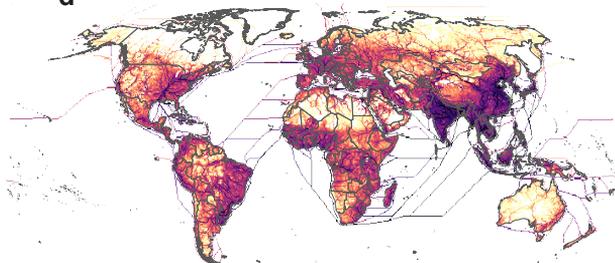
b



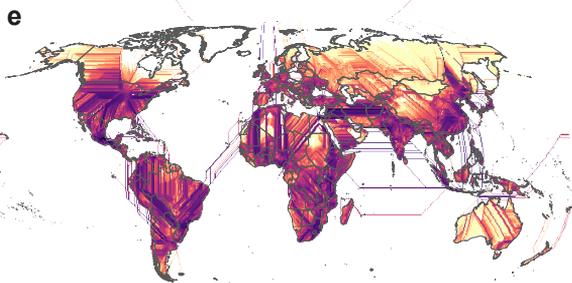
Rice



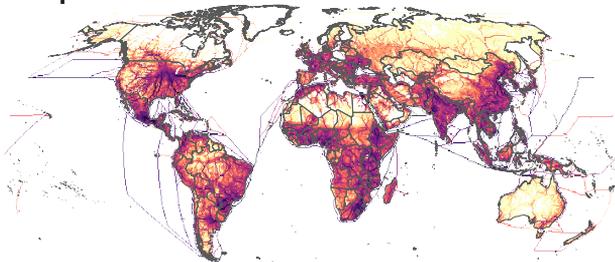
d



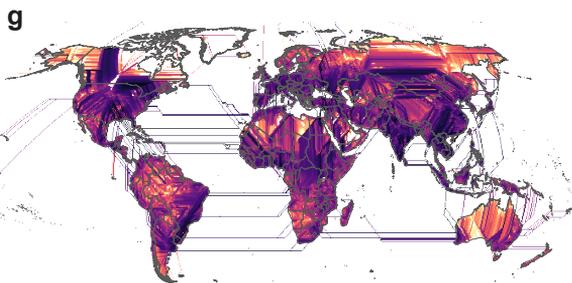
Maize



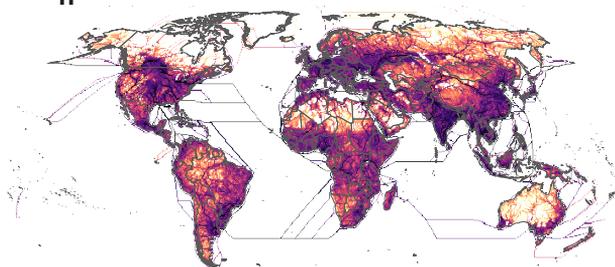
f



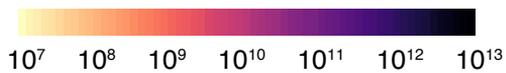
Combined

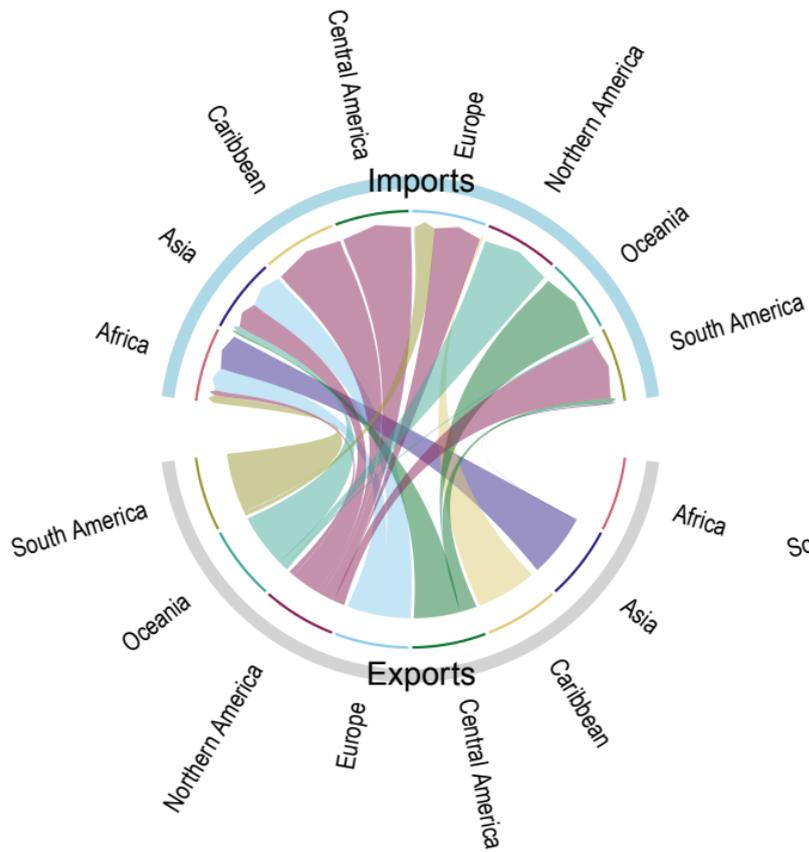


h



Food energy quantity [kcal]



**a****Modelled****b****Reported (FAOSTAT)**