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*Published in:*
Chemical Engineering Journal Advances

*DOI:*
10.1016/j.ceja.2022.100329

Published: 15/08/2022

*Document Version*
Publisher's PDF, also known as Version of record

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Adsorptive behavior of phosphorus onto recycled waste biosolids after being acid leached from wastewater sludge

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ARTICLE INFO

Keywords:
Phosphorus recovery
Adsorption
Biochar
Lignin
Sludgechar
Humic extract

ABSTRACT

A vast amount of phosphorus is being wasted or inefficiently utilized in wastewater treatment sludge worldwide. This paper investigates the adsorptive loading of phosphorus from the sludge on different biosolid materials for potential recovery and after use. The phosphorus was leached with acid from wastewater sludge from a chemical P removal process and adsorbed onto four different waste-based biosolid materials. The four biosolids were biochar, commercial lignin, sludgechar (pyrolyzed wastewater treatment sludge), and humus (extracted from black liquor). Among the studied biosolids, loaded sludgechar had the highest phosphorus content, yet all materials performed well in P-adsorption. Optimal leaching and adsorption conditions were identified as pH 3 and adsorbent dosage between 0.5 g/L and 0.61 g/L for all biomaterials. The highest adsorption capacity value reached 400–500 mg/g with temperature-dependence. Biosolid materials were characterized with FT-IR, SEM-EDS, XRF, XRD, and XPS. Mathematical modeling through kinetic adsorption models showed that all biomaterials obey a pseudo first order kinetic model, and pore and intra-particle diffusion contribute to the adsorption mechanisms. The isotherm models suggest that the adsorbents are heterogeneous, and the adsorbate physisochemically bond with the functional groups of adsorbents with different adsorptive energies. The process is temperature-dependent and endothermic. XPS and XRD analyses showed that phosphorus adsorbed on the materials is mostly phosphate bound with Fe and Ca. Overall recovery efficiency was 21% (P bound on biosolids / P in sludge before leaching). Such phosphorus-loaded biomaterials are promising for use as feasible slow-release fertilizers.

1. Introduction

Phosphorus (P) recovery is important because it is a limited resource, and it is valuable for the growth of living organisms as well as different industries. The limitation of such an important resource might also cause political conflict in the future [1–5]. Wastewater treatment sludge has a high P concentration, but its recycling is problematic due to issues related to pollutants, hygienic concerns, and economic feasibility [6].

The main use for P is as a fertilizer [5, data from 7]. Excessive use of fast-release fertilizers causes the leaching of nutrients from agricultural soil, which has been identified as an environmental threat [8]. On the other hand, the fertilizing potential is difficult to determine precisely. Plant-available phosphate in fertilizers is typically measured with an ammonium citrate solution [9,10]. However, a simple solubility test does not simulate the fertilizers’ effect on plant growth [10,11]. Some recycled P fertilizers, such as struvite and vivianite, release P slower [12,13]. The literature focusing on slow-release fertilizers presents the leaching of nutrients as the problem [14,15] and slow-release fertilizers as the solution [16–18]. These slow-release minerals are devoid of carbon, and soil health is strongly tied to their carbon content [19]. Soils even have the greatest potential for mitigating climate change [10,20–22], and for these reasons, biosolids are an attractive option for the support structure for fertilizers.

This study explores a solution for P reclamation from chemical (Fe) wastewater sludge for fertilizer use. The four different biosolids we tested were biochar (BC), sludge char (SC), lignin (LI), and humus extract from black liquor (BL). BC represents a well-studied material [23–25], and the other three targeted biomaterials (SC, LI, and BL) are...
new possibilities with high potential. SC is pyrolyzed sludge and is already loaded with iron. Iron in the material could improve the P adsorption potential and turn SC into a valuable fertilizer. Binding P onto a carbon source and using the resulting material as a fertilizer provides a pathway to recycle P from waste sources into a potential fertilizer while supplying a P-enriched material for soils with carbon that improves nutrient retention and soil health.

To the best of our knowledge, there are no articles on the use of BL as P adsorbents in the existing literature. Instead, a few articles show that the presence of humic substances increases the bioavailability of P in soils [36,37]. Therefore, P adsorption on humic substances from BL is a knowledge gap that has been brought to light in this study. Furthermore, this study utilizes real wastewater treatment plant (WWTP) sludge as a P source. Thus, the results are novel since they reflect realistic conditions of the P source.

This study aims to uncover how the suggested biosolids perform for the adsorption of P that has been extracted from WWTP sludge by leaching and to identify the most optimal adsorbent. To understand the adsorption process, the authors utilized a variety of mathematical models to evaluate the kinetic, isothermal, thermodynamic, and diffusional behavior of P in these biosolids. A wide range of characterization methods was also harnessed to assess the characteristics of loaded bioadsorbents and their feasibility for use as fertilizer. This study is linked to NPHarvest, another nutrient recovery project at Aalto University [38]. The goal of the project is to enhance wastewater treatment while recovering N and P in a sustainable manner. Thus, augmenting NPHarvest with P leaching and its adsorption on a carbon source is an attractive solution for P reclamation.

2. Materials and methods

2.1. Phosphorus source

The sludge where phosphorus was extracted originated from Viikinmäki WWTP in Helsinki, Finland. The WWTP is an enhanced nutrient removal plant with chemical P precipitation using ferrous sulfate and biological nitrogen removal. Ferrous sulfate is dosed in grit removal and to identify the most optimal adsorbent. To understand the adsorption process, the authors utilized a variety of mathematical models to evaluate the kinetic, isothermal, thermodynamic, and diffusional behavior of P in these biosolids. A wide range of characterization methods was also harnessed to assess the characteristics of loaded bioadsorbents and their feasibility for use as fertilizer. This study is linked to NPHarvest, another nutrient recovery project at Aalto University [38]. The goal of the project is to enhance wastewater treatment while recovering N and P in a sustainable manner. Thus, augmenting NPHarvest with P leaching and its adsorption on a carbon source is an attractive solution for P reclamation.

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characteristics of the dewatered sludge are dry matter 29%, total phosphorus 33 g/kgTS, calcium 28 g/kgTS, and iron 110 g/kgTS. The sludge also has low total heavy metal concentrations, reported by Helsinki Region Environmental Services (HSY). They used SFS-EN ISO 11885:2009 standard and ICP-OES method (for example, Cu 300 mg/kgTS, Pb 14 mg/kgTS, and Cd 0.27 mg/kgTS) [39,40].

2.2. Adsorbents

The biosolids, i.e., BC, LI, BL, and SC were used as powders in the adsorption tests. The materials represent commercially available products, side streams or waste flows and as such their manufacturing methods (e.g. temperature) were not the same. All materials were ground and sieved through an 80 μm mesh before using them as adsorbents. BC was produced via pyrolysis at 600 °C from wood and was provided by Carbons Finland Oy. SC was acquired from the Helsinki Regional Environmental Services (HSY) pyrolysis pilot plant. The pyrolysis plant processes only municipal wastewater sludge (from the same plant as the sludge used in this study) at a temperature of 500 °C and a residence time of 90 min. BL was provided by a pulp plant in Southern Finland. Organic material (or humus) extraction was adapted from Mema [41]. Briefly, the pH of 1 L of black liquor was decreased to 2 with 20% HCl and stirred for 4 h, followed by centrifuging to separate the solid fraction. The solid fraction was dissolved with 0.1 M NaOH and precipitated again with HCl several times to remove impurities. Finally, the solid material was dried, pulverized, and sieved. LI was provided by UPM-Kymmenene Oyj.

2.3. Material characterisation

Both loaded and unloaded biomaterials were analyzed with a range of measurements. Zeta potential analysis was used to study the surface charge of the adsorbents with pH and see if electrostatic interaction is a dominant mechanism. Malvern Zetasizer Nano ZS was used for measurements by a procedure similar to the one reported in [42,43]. A dose of adsorbent was added to deionized water and exposed to mixing and ultrasonication followed by a pH adjustment. The presence of P was analyzed by FT-IR scans taken with a PerkinElmer FTIR with ATR, 16 scans, and 32 cm⁻¹ resolution. The morphology and the surface composition were studied using a scanning electron microscope with the energy-dispersive spectroscopy (SEM-EDS) model JEOL JIB-4700F with an accelerating voltage range of 3–5 kV and a current of 10 nA. To increase the conductivity of the powder specimens and obtain good quality images, the powders were coated with gold/palladium (Au/Pd). The elemental content of the adsorbents before and after adsorption was determined using an X-ray fluorescence (XRF) spectrometer (PANalytical (WD)XRF Axios mAX) and X-ray diffraction (XRD) PANalytical X'Pert Powder XRD for exploring the nature of crystal formation on the biosolids. The BET surface area, pore size, and volume of the adsorbents were determined using the BELsorp Mini II. All samples were degassed at 110 °C for 24 h.

X-ray photoelectron spectroscopy (XPS) measurements were carried out using a Kratos AXIS Ultra DLD spectrometer with an Al Kα monochromatic X-ray source (1486.7 eV). Survey scans were taken with a 1.0 eV step and 80 eV analyzer pass energy, while high-resolution regional spectra were recorded with 0.1 eV step and 20 eV pass energy. During the measurements, the samples were charge-neutralized using slow electrons from a tungsten filament. The base pressure of the system was below 1 × 10⁻⁹ Torr. For each sample, XPS measurements were repeated three times on different points of the sample surfaces to check for homogeneity, reliability, and reproducibility of the results. The position of the acquired peaks was charge-corrected relative to the position of the C 1s component for C-C bonding at 284.8 eV. Analysis of the XPS data was done with CasaXPS software. The purpose of the analyses was to observe and quantify the change in P between raw and loaded biomaterials, visually understand how P was bound on adsorbents, and measure the porosity and surface area of the adsorbents.

2.4. Phosphorus leaching and adsorption procedure

P was leached from the sludge by placing X g of sludge described in Section 2.1 and 1 L water (ratio was selected based on preliminary testing) into a large beaker and mixing at 400 RPM for 6 h. pH was decreased with strong sulfuric acid to the desired level. Then the solution was centrifuged and filtered through a GF/A and 0.45 μm filter combination, where a rougher GF/A filter was placed on top of a 0.45 μm filter to stagger the cake formation and decrease resistance build-up. Adsorbing tests were conducted less than 24 h after leaching since leachate could not be stored longer than a few days before a sulfate precipitate started to form. An adsorbing test was conducted as batches by weighing a certain mass of adsorbent (defined below) and measuring a certain volume of leachate into a shaker flask (defined below). The flask was in the shaker for 24 h for the first optimization tests and 96 h for the following kinetic, isotherm, and temperature tests. Afterward, the loaded adsorbent was separated by filtering. The performance of the test was evaluated by analyzing orthophosphate (PO₄³⁻) and total phosphorus (TP) while the adsorbent was dried and examined with various characterization analyses.

Optimal pH and dosing for the adsorption process were investigated by ranging the leaching pH from 3 to 5 and the dosing value from 0.5 to 2 g/l. The sludge-to-water ratio was 60 g/l, shaker flask size 50 ml, contact time 24 h, and temperature 20 °C. Design Expert 9.0 software was used to perform optimization of the adsorbent dosage and solution pH using response surface methodology (RSM). Central composite design (CCD) was applied to study the effect of tested factors (pH and adsorbent dosage) on phosphorous adsorption. The desirability function of RSM was utilized to conduct multi-response optimization to identify the best levels of the examined factors. Afterward, the optimized values of pH and adsorbent concentration were applied in the subsequent adsorbent experiments. The optimization results will be discussed in detail in Section 3. For the kinetics test, adsorption experiments were conducted with a 300 ml flask to offset the liquid volume loss when extracting samples during the test. Adsorption isotherm tests were performed by leaching sludge with a loading of 30, 60, 90, 120, and 150 g/l to produce leachates with different P concentrations. Temperature tests were conducted at 10, 20, 30, and 40°C, respectively.

2.5. Total phosphorous and phosphate measurements

Orthophosphate and total phosphorus were analyzed from liquid samples with a method based on SFS 3026, dated 1986. The equipment used was both the Shimadzu UV-1800 and Skalar BluVision Analyzer spectrophotometers with λ=880 nm and a 1 cm cuvette. P-loaded solid materials were analyzed in a similar manner as the raw biosolids were characterized.

2.6. Adsorption process

The models that the authors used are shown in Supplementary Materials (SM) Table SM1 for kinetic, isotherm, temperature, and diffusion models. Table SM1 includes equations and reference numbers for the used models. The initial parameters for the iteration of the fitting algorithm for the kinetic, isotherm, temperature, and diffusion models were estimated using values presented in the literature, such as the study by Rezakazemi and Shirazian [44]. The fitting was performed using the Origin lab nonlinear function (NLF), which utilizes the Lev-enberg–Marquardt algorithm. The adsorption capacity is calculated according to Eq. (1).

\[ q_e = \frac{(c_0 - c_e)V}{m} \]  

Where \( q_e \) is the adsorption capacity, \( c_0 \) is the initial concentration of
the substance in solution, $c_i$ is the concentration of the substance in the solution at contact time $t$, $V$ is the volume of the solution and $m$ is the mass of the adsorbent.

For the kinetic studies, two models—pseudo first and second order (PFO and PSO, respectively)—were tested to study the phosphate and total phosphorus removal rate by fitting experimental data against the theoretical model. The PFO model uses Eq. (S2) [45]. PSO uses Eq. (S3) [46] and assumes that the process goes by the second order uptake when considering the surface sites of the adsorbent.

For the isotherm studies, to study the effect of the adsorbate/adsorbent concentration on the adsorption process, approximate correlations for equilibrium curves were found by using adsorption isotherms. The experimental data was fitted with isotherm models (Eqs. (S4) to (S13)) to understand the behavior of different adsorbents and P during the adsorption process.

The Langmuir isotherm model (Eq. (S4)) assumes monolayer adsorption on a homogenous surface with all adsorptive sites having equal affinity towards the adsorbate [47]. The Freundlich isotherm model (Eq. (S5)) is an empirical equation that has been applied for multi-layer adsorption on heterogeneous surfaces [48]. The Temkin isotherm model (Eq. (S9)) assumes that the heat of adsorption in a layer decreases linearly rather than logarithmically. It contains a factor for taking the adsorbent-adsorbate interaction into account [49,50].

The Redlich-Peterson (R-P) isotherm model (Eq. (S6)) is an empirical formula combining the Langmuir and Freundlich isotherms into a three-parameter model. The presence of both heterogeneous and homogenous surfaces is assumed [48]. Similar to R-P, SIPS (Eq. (S7)) is also a hybrid Langmuir and Freundlich combination model [48]. Among the three-parameter monolayer models, it is considered the most applicable for explaining adsorption [51,52]. The Koble-Corrigan isotherm model (Eq. (S12)) is similar to SIPS and R-P in that it is a three-parameter model that combines the Langmuir and Freundlich models [49]. The Hill isotherm model (Eq. (S10)) aims to describe the binding of different species onto homogenous adsorbates while assuming that adsorption is a cooperative phenomenon [53,54].

The Dubinin–Radushkevich (D-R) (Eq. (S8)) isotherm model considers the porosity of the adsorbents by assuming that the adsorption process works through micropore filling rather than layer-by-layer adsorption on pore walls. It also does not consider the constant adsorption potential or the homogenous surface [55]. Hu and Zhang [55] noted that the $1/C_m$ term should be $C_r/C_0$, where $C_r$ is the solubility of the adsorbate. This was not applied in this study due to the uncertainties related to the solubility of P in the experimental setup. Determining solubility would require a species of precipitate that was not present in the study [56]. The Toth isotherm (Eq. (S11)) model was developed to improve Langmuir fittings and is an empirical model [49]. It has proven useful when describing heterogeneous systems, and asymmetrical energy distribution is assumed [57,58]. The Khan isotherm model (Eq. (S13)) is proposed for pure solutions [59].

The adsorption temperature effects and the thermodynamic behavior of the process were analyzed from the free energy change described in Eqs. (S14) and (S15) [60]. The values of $\ln k$ were taken from the intercept of the plots of $\ln(q_e/C_m)$ vs. $q_e$. Furthermore, two adsorption diffusion models were included. The adsorption reaction usually happens in different phases: (1) the movement of molecules from solution to the surface (surface layer formation), (2) their movement from the surface towards the pores (the diffusion layer), and (3) their spreading out in the pores (intraparticle diffusion) [61]. The intraparticle (Eq. (S16)) [62] and Boyd (Eqs. (S17) and (S18)) [63] models were used to understand the balance between these mechanisms [47]. El-Khaiary and Malash [63] noted that the Boyd equations have been used incorrectly in publications. They are both shown in Table 4, but the majority of the data in this study falls under the conditions $q_e/q_0 < 0.85$, and therefore Eq. (S18) was used.

### 2.7. Mild acid extractable P

Mild acid extractable fraction of P in the loaded biosolids produced in the temperature test was tested with method adapted from Wang et al. [64]. The loaded biosolids from all four temperature tests were mixed together, respectively. 0.35 g of loaded biosolids was placed in a 50 ml Erlenmeyer flask with 35 ml of 2% citric acid. The flask was shaken for 30 min. The contents were centrifuged for 15 min at 10 000 RPM with Hermle 2366R centrifuge and filtered with Macherey-Nagel 640W filter paper (art. nr. 202 009). PO4$^{3-}$ was analyzed from the liquid fraction and compared to the amount of P bound in the loaded biosolid in the adsorption test. All extraction tests were replicated.

### 3. Results and discussion

The results show the adsorption efficiency for the tests conducted, the mathematical model fitting results, and the loaded and unloaded biosolid characterization results. The results are presented only for PO4$^{3-}$. Both TP and PO4$^{3-}$ were measured, but in all cases, 98–99% of TP was in the PO4$^{3-}$ form, and thus the results are very similar. The overall recovery efficiency consists of both the efficiency of P leaching from the sludge and the following adsorption efficiency on biosolids. The P leaching efficiency was 47%, 36%, 42%, 27%, and 25% for sludge dosing of 30 g/l, 60 g/l, 90 g/l, 120 g/l, and 150 g/l, respectively (calculated as fraction of P that dissolved from sludge during the leaching test). Fig. SM1 shows the isotherm test results. The adsorption efficiency was calculated by 100$(q_e-q_0)/q_0$ where $q_0$ is the initial P concentration and $q_e$ is the final P concentration in the adsorption test. The adsorption efficiency achieved in this study varied between 45% and 84% depending on the concentration of adsorbent and biosolid. The adsorption efficiency values were obtained from both kinetics test (Section 3.3) and isotherm test (Section 3.5). The maximum combined recovery efficiency reached in this study was 21%. The combined efficiency was calculated as the fraction of P from raw sludge was bound on the biosolid. The tests that produced results for the efficiency calculation above were performed in room temperature. The leaching process was expected to release a variety of substances due to the P origin being real wastewater treatment sludge from a WWTP. Iron was measured from the liquid phase since the sludge contained a high iron concentration.

### 3.1. The effect of pH

The Zeta potential is shown in Fig. 1, within the pH range used for the optimization step of this study. The potential is negative but increases towards pH 2, with SC having the lowest absolute potential value and Li the highest. When pH decreases, the surface becomes less negatively charged, and that can cause repulsive forces towards negatively charged molecules (such as phosphate) to decrease. This is supported by higher P adsorption at pH 3. pH 3 was the lowest point tested in the adsorption tests since the authors considered acid consumption to be economically unfeasible if leaching (and the following adsorption) was performed at pH below 3. The surface reactions in Fig. 2 show a decrease in the surface response between pH values of 4 and 5, which is also consistent with the decrease found in the zeta-potential data (Fig. 1) for BC, SC, and BL. This suggests that the electrostatic interaction might play a role in PO4$^{3-}$ adsorption.

In addition, the leaching process is more efficient at lower pH values. pH 3 leachate has a higher P concentration than pH 5 leachate. We tested adjusting pH upwards between the leaching and adsorption tests, but P-metal compounds precipitated instantly. This phenomenon was out of the scope of this study since we wanted to study adsorption on biosolids, and therefore the pH adjustment prior to adsorption was not investigated further.
3.2. The effect of adsorbent dosing, surface area, and porosity

The surface responses plots in Fig. 2 show a similar behavior from all four biosolids. The goal of the surface response analysis was to find optimal test conditions for further tests rather than produce a model with a perfect fit. ANOVA for the surface response quadratic model (shown in Table SM2a and b) showed a significant lack of fit. However, other assessment criteria were satisfactory. Thus, the authors were satisfied enough with the optimization results to proceed with further tests. A desirability analysis was performed based on the surface response (also shown in Fig. SM2) with the aim of maximizing the q value. The desirability outcome showed that the optimal conditions for all materials are pH 3 and adsorbent dosage of 0.61 g/l for BC, 0.5 g/l for SC and LI, and 0.52 g/l for BL. Higher adsorbent dosing concentrations decrease the specific amount of adsorbed P due to the inverse relationship presented in the Eq. (1). In addition, higher adsorbent dosing may lead to the agglomeration of adsorbent particles in the shaker flask, especially in acidic environment [65]. This can prevent P from reaching the active sites on the biosolid, decreasing the q value.

The BET analysis results for surface area and porosity are shown in Table 1. Among the studied solids, BC shows the highest surface area, and SC shows a notable pore volume. Despite the significant variation in the physical structure of the adsorbents, they all resulted in approximately the same adsorption capacity. This indicates that porosity and surface area may have little influence over P adsorption for the tested materials. Deng et al. [32] compared Mg- and Al-loaded biochar to pristine BC. While the loaded materials had a higher porosity and larger surface area, the higher P adsorbing efficiency was mainly credited to other effects, such as precipitation and anion intercalation. The importance of surface area or functional sites depends on the target pollutant, which justifies the need for tailoring new materials based on the target pollution or application. For instance, pollutants like phosphate require active sites to bond with the surface, but pollutants such as organic matter need a high adsorptive surface area [23,24]. This would indicate that the impact of active/favorable binding sites overpowers the larger surface area that higher porosity offers.

3.3. Kinetic study

The kinetics tests were performed using the optimized pH and dosage values. The results are shown in Fig. 3. The authors extended the contact

![Fig. 1. Zeta potential for the biomaterials. The values are averages provided by the analysis equipment. The selected pH values were 3, 3.3, 4, 4.7 and 5. The standard deviation error bars are excluded to enhance readability. A figure with error bars is presented in Fig. SM1.](image)

![Fig. 2. Surface response plots for the optimization test in terms of PO4^3−.](image)
time to 96 h to reach equilibrium in the system. SC shows a better adsorbing capacity than the rest of the materials, while BC shows the lowest capacity. The equilibrium is reached in about 70 h. Among the studied materials, SC showed the highest adsorption capacity, reaching up to 50 mg/g, while the rest also showed very good q_e, reaching up to 40 mg/g of capacity. This can again infer that surface area may not play the dominant role in P adsorption as functional groups. SC, LI, and BL most likely have a more active surface as their unloaded materials have higher mass fractions of metals (Fe, Ca, Al, S) compared to pure BC, which is discussed in later sections.

The experimental kinetics data were examined with the pseudo first and second order kinetics models (Eqs. (S2) and (S3)). The fittings results are presented in Table 2. The graphical representation for BC is provided in Fig. SM3. The R² values for BC are 0.96 for PFO and 0.94 for PSO models, indicating that PFO is a better fit. Similar behavior was observed for all biosolids, so the reactions mainly follow pseudo first order kinetics. The study by Arun et al. [66] found similar results (0.97 for PFO and 0.96 for PSO) for the adsorption of several chemical species on their BC. Wang et al. [67], on the other hand, reported that the PSO model produced a better fit for BC impregnated with Ca for adsorbing P, but their pure BC had R² values of 0.987 and 0.992 for PFO and PSO, respectively. Thus, we assume that the presence of several chemical species in the solution yields P adsorption that favors PFO. This conclusion is supported by Li and Shi [68]. They conclude that phosphate adsorption is described better by PFO when adsorption occurs simultaneously with ammonia and tetracyclin.

### 3.4. Diffusion model fits

If intraparticle diffusion is the controlling mechanism in the process, then the model fit is a straight line. The model fits are shown in Fig. 4, and their respective R² values are tabulated in Table 3. All model fits demonstrated improved R² value after the piecewise linear fit, but the impact was more significant for LI and SC, while BC and BL had only a slight increase. This suggests that P adsorption onto BC and BL is mainly controlled by intraparticle diffusion, while for LI and SC, it is likely affected by other processes as well. Intraparticle diffusion is the main rate-controlling step if the fitted line goes through the origin. While the line of each biosolid is close to the origin (intercepts for the single linear fit being -0.96 ± 1.75 for BC, -2.96 ± 3.55 for LI, -2.90 ± 3.92 for SC, and -4.93 ± 2.80 for BL), it cannot be determined if they pass through it. This conclusion is supported by the Boyd model fits, shown also in Fig. 4 and Table 3, which have high R² values (0.99 for BC, 0.92 for LI, 0.97 for SC, and 0.99 for BL), which indicates that pore diffusion has a role in the adsorption process. The fits in the Boyd model do not cover an equal length due to the mathematical nature of the model. After reaching equilibrium, the term B becomes an undefined value.

### 3.5. Isotherm study

Increasing P concentration in the leaching phase does increase the P yield up to a point. A 90 g/l sludge dosing corresponds to an equilibrium adsorption capacity of 250–300 mg/g, and it provides a significant increase to the adsorption capacity compared to 30 g/l and 60 g/l sludge dosing (approximately 50 mg/g and 150 mg/g equilibrium adsorption capacity, respectively). On the other hand, 120 g/l and 150 g/l sludge dosing provided only a minor increase. A graphical result for the isotherm test is shown in Fig. SM4. Sludge char showed the highest P binding capacity, which can be due to higher metal oxide content present in its structure and thus plentiful binding sites for P.

The isotherm model best fit was determined by the R² value as well as the shape of the curve. The isotherm curve can be favorable, linear, or unfavorable. A curvature that extends to infinity is considered unfavorable, whereas a curvature that approaches a certain limit is favorable [69]. This is intuitive since an adsorption system should find equilibrium. The fits are presented in Fig. 5 and fit parameters in Table SM3. The best fits for both R² value and shape were SIPS (0.95) and Hill (0.94) for BC; SIPS (0.97), Hill (0.97), and R-P (0.98) for LI; SIPS (0.97), Hill (0.97), and R-P (0.98) for BL; SIPS (0.97), Hill (0.97), and R-P (0.98) for LI; and R-P (0.96) for SC. The behavior of SC was the most difficult for the models to predict, possibly due to its complex surface chemistry.

The Hill isotherm model showed a good shape and high fit for all biomaterials except SC. Even for SC, Hill was the second-best fit, with an R² value of 0.82. Originally proposed by Koopal et al. [70], for the non-ideal competitive adsorption (NICA) model, the Hill isotherm works for modeling the binding of different species onto homogenous material. This applies to this study since the leachate contains several chemical species due to its origin from real sludge. The presence of multiple species can be the reason for Langmuir and Freundlich’s poor performance since they were developed for a single solute. According to Ringot et al. [71], the term nH describes the cooperativity of the binding of species. If nH > 1, there is positive cooperative binding. This value is higher than 1 for all biomaterials, indicating that the binding phenomenon are cooperative. Iron that was also leached from sludge is possibly
bound on biomaterial as well, aiding the P binding, which is confirmed by the XPS and XRD results later in the discussion.

The R-P isotherm model produces a good fit for all biomaterials except BC. This model is also applicable to heterogeneous systems [72], such as the one in this study. Gimbert et al. [72] also showed that the term $\beta_{rp}$ should be between 0 and 1 since it controls whether the equation is Henry’s law ($\beta_{rp} = 0$), the Freundlich model ($K_a$ and $a_p \gg 1$, $\beta_{rp} = 1$), or the Langmuir model ($\beta_{rp} = 1$). These constraints make the R-P model results questionable, particularly with the limited number of experimental data points used in this study. $\beta_{rp} < < 1$ for SC, LI, and BL, which does not correspond to using the model correctly. Therefore, while the model provides a mathematically good fit, it may not represent a realistic scenario.

The SIPS isotherm model had a high fit and relatively good shape for all materials except SC. SIPS is analogous to R-P, a combination of the Langmuir and Freundlich models. It describes adsorption onto heterogeneous surfaces and estimates the monolayer adsorption capacity at high sorbate concentrations [73]. The $b$ values (indicating the energy of adsorption) for all biomaterials are considerably lower than those reported in other P sorption studies, while $q_m$ values are considerably higher [73]. However, as this study utilizes heterogeneous, non-synthetic materials, the differences are expected.

The isotherm models with a mathematically good fit but unfavorable shape were Temkin and D-R for BC and Freundlich, D-R, Koble-Corrigan,
and Khan for both LI and BL. Their shape was on the linear or exponential side. These results suggest that the studied adsorbents provide heterogeneous surfaces with energetic differing active sites for P adsorption, and the used leachate contains several co-existing species, which cannot be reflected well by these models. Instead, as three-parameter models (apart from Temkin and Freundlich), they give more mathematical freedom to fit the model to the data.

3.6. Temperature effects

The effect of temperature on P adsorption on the four tested adsorbents is shown in Fig. SM5. The thermodynamic parameters of P

![SEM images for all unloaded and loaded biosolids. Crystal growth on SC particles is highlighted with orange circles.](image)

Fig. 6. SEM images for all unloaded and loaded biosolids. Crystal growth on SC particles is highlighted with orange circles.
adsorption onto the four adsorbents are presented in Table 4. All four materials behaved similarly, with BC performing slightly worse than other materials and SC having the highest variance. ΔG° is negative and decreases when temperature increases. ΔH° is positive for all materials, indicating that the adsorbing reaction is endothermic, and thus, higher temperature provides a better yield. ΔS° is negative, meaning that the entropy of the system decreased during adsorption. The decrease in ΔG° values indicates an increasing trend in the intensity of the adsorption process. Thus, higher temperature increases the P yield, which is in line with previous studies focusing on BC [32,74].

3.7. Characterization and P detection on loaded biosolids

A variety of characterization methods were employed to examine the biosolids before and after adsorption. SEM-EDS were utilized to study the change in surface morphology and composition of adsorbents before and after P adsorption. Fig. 6 shows the SEM images of unloaded and loaded biosolids. The EDS mass fractions and spectra are presented in Table SM4 and Fig. SM6, respectively. From the images, it is clear to see that only BC is a porous material, which confirms the result of the BET analysis. The P fraction in loaded biosolids increased significantly for BC, LI, and BL. The SC P fraction increased as well. However, the unloaded SC contained P to begin with, so the increase is less significant. The loaded SC has crystal formation on top of the biosolid particle, marked by orange circles in Fig. 6. The crystals formed are likely related to metal-phosphates structures or other structures (e.g. CaSO4) that form on the biosolids. The other loaded biosolids maintain a similar particle shape as their unloaded counterparts. The loaded materials have tiny powder-like compounds scattered around, which could be the iron, calcium, and sulfur shown in the elemental spectrum. The SEM-EDS results are confirmed with FT-IR (Fig. SM7) and XRD analyses. As seen from the FT-IR, all the loaded materials show a distinctive peak at ~1100 cm⁻¹, which does not appear on the spectra of unloaded materials. This indicates the presence of P [75]. In addition, there are other peaks: 3500–3200 cm⁻¹ can be assigned to -OH stretching vibrations and 1700–1500 cm⁻¹ to C=O vibration [76]. There are also peaks between 500 and 700 cm⁻¹ that correspond to the presence of iron [77, 78] or other metals, which can also be seen in the SEM-EDS spectra.

The XRF analysis (Fig. SM8) shows that the P fraction increases significantly for BC, BL, and LI but remains relatively the same for SC. However, looking at the XRF results together with the SEM-EDS and FT-IR results, the amount of P in the sample can increase despite the mass fraction of P not increasing. It is noteworthy that there is an absence of heavy metals in the loaded samples, highlighting the potency of these materials for agricultural applications [79]. However, the total heavy metal concentrations in the WWTP sludge where P was initially extracted were already below the legislative limits, so the purity of the loaded biosolids can partly be credited to the high-quality source material. (The wastewater sludge values in mg/kgTS were 0.42 for Hg, 0.44 for Cd, 28 for Cr, 300 for Cu, 14 for Pb, 17 for Ni, 490 for Zn, and 4 for Ar [39, 40]. The respective limitations in Finnish fertilizer legislation in mg/kgTS are 1 for Hg, 1.5 for Cd, 300 for Cr, 600 for Cu, 100 for Pb, 100 for Ni, 1500 Zn, and 25 for Ar [79].)

XRD and XPS analyses were performed to understand the form of P adsorbed onto the tested adsorbents. Fig. 7 shows the XRD patterns of unloaded and loaded materials. The unloaded BL and SC have sodium present and seem to release it in the adsorption process while calcium is unloaded and loaded materials. The unloaded BL and SC have sodium adsorbed onto the tested adsorbents. Fig. 7 shows the XRD patterns of unloaded and loaded biosolids. The unloaded BL and SC have sodium adsorbed onto the tested adsorbents. Fig. 7 shows the XRD patterns of unloaded and loaded biosolids. The unloaded BL and SC have sodium adsorbed onto the tested adsorbents. Fig. 7 shows the XRD patterns of unloaded and loaded biosolids. The unloaded BL and SC have sodium adsorbed onto the tested adsorbents.

Ca₄(PO₄)₂O and Ca₅(PO₄)₃(CO₃)₁₀,₅. These compounds reflect well with the elemental fractions shown in XRF and XPS results. Wang et al. [67] analyzed BC loaded with Ca(OH)₂ and Ca₅(PO₄)₃(OH), which produced a roughly similar XRD pattern to the calcium species in LI and BL, where Ca species peaks are found across the spectrum. Similarly, Neeli and Ramsurn [81] observed several iron-related peaks (20 ° 40°–50°), which corresponds to the Fe species identified in BL and LI. However, the biosolids in this study also had Fe species peaks between 20° and 30°. Furthermore, species with both Ca and Fe were also identified.

The authors did not observe precipitation reactions involving metals and phosphorus in the solution prior to adsorption test or while the solution was in cold storage. This indicates that the mechanism of adsorption occurred on the surface of the biosolids particles. Li and Stanforth [82] conclude that phosphate is adsorbed on goethite in low pH (3-4.5) as opposed to surface precipitation (pH 4.5–6). The goethite contains iron in its structure, whereas this study brought both dissolved P and Fe in contact with the biosolids. It is possible that first metal, Fe or Ca, is adsorbed on the surface of the biosolid and then phosphate follows. However, as both the solution and the biosolids were heterogeneous materials with many different compounds, this effect is challenging to confirm in the scope of this P focused study. A dedicated study is required to examine metal-P interactions in heterogeneous adsorption process.

XPS analysis was performed to analyze the stoichiometry and chemical bonding in the surface layers of both unloaded and loaded samples. The results are given as the relative composition of each sample in Table 5, as well as the survey spectra for the unloaded and loaded samples shown in Fig. 8. As can be seen from the survey spectra, all samples contained mostly carbon and oxygen before loading. High-resolution spectra from the C 1s region indicated that all unloaded samples, except unloaded BC, contained 50–65% aliphatic carbon (C-C bonding) and 20–35% carbon in C-O bonding. The unloaded BC sample showed typical graphic bonding (C=C double bonds), exhibiting an asymmetric peak at 284.2 eV. After loading, all samples had C 1s spectra that were very similar to each other, with lower amounts of aliphatic carbon (approximately 45%) than the unloaded samples and with almost unchanged amounts of carbon in C-O bonding. All loaded samples contained considerably more carbon species at higher binding energies, which is associated with carbon-oxygen double bonds and carbon in carbonyl groups.

Apart from changes in the carbon chemistry, all loaded samples also exhibited considerably higher levels of phosphorus than their unloaded counterparts. No phosphorous content was detected on the unloaded samples, except for SC. After loading, all samples contained approximately 9–11% phosphorous, with the lowest amount at 9.3% for the loaded BL sample and the highest amount at 11.2% for the loaded BC sample, which is in agreement with the SEM-EDS results. However, the order of phosphorous content as measured by XPS might vary slightly with respect to the results obtained by other methods (such as SEM-EDS, due to a greater surface sensitivity for the method. High-resolution spectra from the P 2p region were fitted 2p₃/2 and 2p₁/2 peaks, with an energy separation of 0.86 eV and a position of around 133.4 eV ± 0.2 eV for the 2p₁/2 peak. This binding energy would indicate that the phosphorus in the samples mainly exists in the form of phosphate, which is in agreement with the species identification by XRD. In addition to higher phosphorous content, all loaded samples also contained higher relative concentrations of oxygen (approximately 50%), as well as trace amounts of sulfur, calcium, iron, and nitrogen. The Fe 2p spectra showed asymmetric 2p₃/2 peaks located at an energy of approximately 712.0 eV ± 0.4 eV. This energy would indicate that iron in the samples is in a Fe (III) oxidation state, most likely corresponding to Fe₂O₃. A study by Wei et al. [83] showed that ZnO transforms to Zn₅(PO₄)₄. Similar reaction is possible with Fe in this study.
Fig. 7. XRD pattern of the loaded and unloaded biosolids.
increased the biomass growth and chlorophyll count more than diall biosolid materials in the extraction test. The $\text{PO}_4^{3-}$ reported that the extracted P fraction from Al loaded biochar was ability [84]. The authors selected to use citric acid as extracting solution.

4. The potential of P-loaded biosolids as fertilizer

There are several quick methods used to estimate the P bioavailability [84]. The authors selected to use citric acid as extracting solution. Wang et al. [64] studied P extraction from biochar with citric acid. They reported that the extracted P fraction from Al loaded biochar was 15–18%. In this study, approximately 30% of the P was extracted from all biosolid materials in the extraction test. The $\text{PO}_4^{3-}$ concentration in the post extraction solution was 91 mg/l for BC, 88 mg/l for LI, 91 mg/l for SC and 87 mg/l for BL after 30 min contact time with 2% citric acid. This indicates that P from our biosolids laced with Fe and Ca release a fraction of P readily but retain a greater fraction to be released slower.

However, a simple solubility test does not simulate the fertilizers’ effect on plant growth [85,86]. To evaluate the fertilizing effect more accurately, other publications with cultivation studies were evaluated. Based on the experiments of Yao et al. [28] and Khan et al. [18], the estimated release time for P bound on biosolids is a few days. Yao et al. [28] performed a simple growth test with Mg-loaded BC and grass seedlings, showing that the loaded BC increased the growth test performance significantly compared to the control group. Khan et al. [18] prepared a loaded BC NPK fertilizer pellet but without the presence of metals and with a faster release time than that reported by Yao et al. [18]. Arun et al. [66] reported that their BC loaded with both P and N increased the biomass growth and chlorophyll count more than diammonium phosphate (DAP). Li et al. [33] made a simple but helpful estimation of the slow-release behavior of their Fe-loaded LI material. Within 30 days, the material released almost 70% of its Fe and P to water. Such biosolids in the soil can release the nutrients bound on them but also slowly degrade with biological activity [15]. This further ensures nutrient release from BC and LI while maintaining soil health.

Discussing the two other biomaterials is more challenging since they are novel and no existing literature can be found. However, they released P in equal quantity in 2% citric acid extraction test indicating that they will function as fertilizer in similar fashion. SC is carbonous material containing some level of metals, e.g., Fe and Ca present in its structure. The release rate of the nutrients might arguably be similar to that of BC. A general risk with char produced from sludge is the presence of heavy metals, which makes its use for agriculture questionable. However, the WWTP sludge used at the pyrolysis plant has acceptable heavy metal concentrations [39,40,78], thus the SC also is acceptable and safe to use. On the other hand, BL is the least porous material with a low surface area. It exchanges its sodium mass fraction with metals and P, and it is most likely closest to LI as an organic carbon structure. Thus, using BL as a fertilizer that degrades in soil should work as well as LI. However, these estimations need to be confirmed in an in-depth cultivation study.

5. Conclusions

One commercial and three waste-based biosolid materials—namely, biochar (BC) as a pure carbon source, lignin (LI) and humus extracted from black liquor (BL) as industrial side streams, and sludge char (SC) as a waste-turned-to-value product—were tested for P adsorption after P was leached off from municipal wastewater treatment sludge. BC, SC, LI, and BL were compared in terms of P adsorption efficiency, adsorption mechanisms, P species, and solid structure. SC performed the best, while BC performed the poorest in terms of adsorption capacity ($q$). The typical values for $q$ ranged from 100 mg/g to 200 mg/g in room temperature, but the highest values were 400–500 mg/g adsorbent at 40°C. The solution after P extraction from sludge contains Fe, Ca, and S, which also bind to the solid materials. The main form of P on the solid material was phosphate, and it was bound with Fe or Ca. No heavy metals were detected on the loaded biomaterials. Kinetic adsorption models showed that all biomaterials obey the PFO model. The isotherm models (the Hill model being the best fitting) suggest a positive cooperative adsorption process between the species in the leachate with both pore and intra-particle diffusion affecting the process. The process is endothermic. The phosphorus adsorbed onto the materials proved to be phosphate bound with Fe and Ca. Therefore, the examined biosolids point towards a sustainable solution as slow-release fertilizers.

Funding information

This work was supported by Maa- ja Vesitekniikan tuki ry (MVTT) with 48 000 €. MVTT is a Finnish funding organization dedicated to support research and inventions in the field of water and environmental technology. They also support projects that relate to soil protection, agricultural planning and construction.

MVTT had no role in the study design, data collection, analysis or interpretation. Furthermore, MVTT did not participate in the writing of the report nor were they involved in the article for publication.

Declaration of Competing Interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper. The authors declare the following

Table 1

<table>
<thead>
<tr>
<th>Material</th>
<th>Total pore volume (cm$^3$·g$^{-1}$)</th>
<th>Mean pore diameter (nm)</th>
<th>Surface area m$^2$·g$^{-1}$</th>
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<td>12.003</td>
<td>0.897</td>
</tr>
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financial interests/personal relationships which may be considered as potential competing interests:

Acknowledgments

This work was supported by Maa- ja Vesti teknika liik (MVT). Furthermore, special thank you for Aino Peltola for assistance in laboratory analyses.

Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.ceja.2022.100329.

References


Table 2
Parameters derived from kinetic models.

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<tr>
<td></td>
<td>k1</td>
<td>qe</td>
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<tr>
<td>BC</td>
<td>0.04 ± 4.30 ± 0.96</td>
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<tr>
<td>BL</td>
<td>0.03 ± 4.30 ± 3.5</td>
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<tr>
<td>LI</td>
<td>0.03 ± 37.5 ± 2.6</td>
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<tr>
<td>SC</td>
<td>0.07 ± 64.5 ± 0.97</td>
<td>-3.3E19 ± 0</td>
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Table 3
Fitting performance for the intraparticle diffusion model.

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Table 4
Free energy change results for all biomaterials

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<th>∆Gº (kJ/mole)</th>
<th>∆Hº (kJ/mole)</th>
<th>∆Sº (J/ (K·mole))</th>
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<tr>
<td>10º</td>
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<td>40º</td>
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<tr>
<td>BL</td>
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<tr>
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<td>-7,275.61</td>
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<tr>
<td>BC</td>
<td>-6,293.95</td>
<td>-6,516.23</td>
<td>-6,738.51</td>
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Table 5
The relative composition of unloaded and loaded samples, as measured by XPS.

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<th>C %</th>
<th>O %</th>
<th>S %</th>
<th>P %</th>
<th>Ca %</th>
<th>Fe %</th>
<th>Na %</th>
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<tbody>
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<tr>
<td>BC-loaded</td>
<td>23.1</td>
<td>52.0</td>
<td>4.2</td>
<td>11.2</td>
<td>3.3</td>
<td>4.2</td>
<td>1.9</td>
</tr>
<tr>
<td>LI</td>
<td>79.1</td>
<td>20.1</td>
<td>0.7</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>LI-loaded</td>
<td>22.9</td>
<td>51.7</td>
<td>4.9</td>
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<td>4.0</td>
<td>3.6</td>
<td>2.0</td>
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<tr>
<td>SC</td>
<td>65.4</td>
<td>24.3</td>
<td>1.1</td>
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<tr>
<td>SC-loaded</td>
<td>27.9</td>
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<tr>
<td>BL</td>
<td>71.4</td>
<td>23.9</td>
<td>3.8</td>
<td>0.0</td>
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<tr>
<td>BL-loaded</td>
<td>22.3</td>
<td>51.5</td>
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<td>9.3</td>
<td>5.2</td>
<td>3.6</td>
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